

Montgomery County, MD - Veterans Network Directory

Food Donations, Warehouses, Pantries, and Soup Kitchens

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This is a project of the Montgomery County Commission on Veterans Affairs.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCVA@montgomerycountymd.gov.

Adventist Community Services of Greater Washington (ACSGW)

501 Sligo Avenue
Silver Spring, MD 20910
Email: acsgwinfo@acsgw.org
www.acsgw.org/food.html

301-585-6556 (V)

Collects food donations from throughout the community and keeps it available at their center at 501 Sligo Avenue for people who need some assistance. Community members needing assistance can come to the center and discuss their needs with a case worker during their regular hours (Monday - Thursday from 10am to 4pm). People needing food must first visit the center to talk with a case manager to explain their need and provide the information necessary to ensure they meet current qualifications. You can request an appointment with a case manager by calling. Qualified clients can visit the center once a month for food. People who qualify can receive food the same day. As often more food is provided than a person can carry, it is advised that the person bring a shopping cart or someone else with them to help carry the food home. Food available varies throughout the month. Typically, nonperishable food is available such as canned goods and pasta, as well as perishable food such as fruits and vegetables. Meat and poultry are sometimes available as well as bread.

Bethesda Cares – Meal Program

7728 Woodmont Avenue
Bethesda, MD 20814
Email: info@bethesdacares.org
<https://bethesdacares.org/what-we-do/meal-program/>

301-907-9244 (V)

Coordinate with local churches and other community groups to provide lunch five days a week, clothing with donated apparel, medical care and assistance with prescriptions, and showers plus toiletries, clean socks and underwear. Lunch is served Monday through Friday from 11:30am to 1pm at The Church in Bethesda, 5033 Wilson Lane, Bethesda.

Damascus HELP

Email: dh20872@aol.com
www.damascushelp.org

301-253-4100 (V)

Provide emergency food and holiday gift baskets to needy persons and families. Food pantry operates on a by-appointment basis. Serve the areas of upper Montgomery County covered by zip codes 20871, 20872, 20882 north of Brink Rd and 20876 from route 27 north of Brink Rd. On a case-by-case basis they provide help to people who live just over the Montgomery County line in Monrovia (Frederick County).

Fields 4 Valor

Peter Scott, Founder & CEO
Email: admin@fields4valor.org
<https://fields4valor.org/>

Veteran-founded veteran-focused, and veteran-operated nonprofit and innovative farm founded to combat the often-unseen struggle of food insecurity among military and veteran families. Their innovative, seven-acre farm in Brandywine, Maryland grows fresh produce and makes weekly deliveries of fruits, vegetables, nuts, eggs, honey and other seasonal items to veterans and their families in need in the Washington, DC metropolitan area — all at no cost. In addition to food donations, they offer life-altering programs for veterans and their families including culinary classes and beekeeping training along with employment, housing and volunteer opportunities on the farm.

Gaithersburg HELP

www.gaithersburghelp.org

301-216-2510 , Option #1 (V)

Provides a 3 to 5 day supply of food from their food pantry to Gaithersburg area residents. The pantry is operated on a by-appointment only basis. Guests can pick up food 9 times in a 6 month period. Service area includes zip codes 20877, 20878, 20879, 20880, and 20886, plus parts of 20850 (west of Shady Grove Rd and north of Piney Meetinghouse Rd), 20855 (west of Redland Rd/Muncaster Rd), and 20882 (south of Brink Rd and west of Olney-Laytonsville Rd).

Germantown HELP

Email: info.gtownhelp@gmail.com
www.germantownhelp.org

301-482-1320 (V)

Provide delivered emergency food to residents of Germantown (zip codes 20874 and 20876). Also offer prescription assistance and holiday help. Deliver up to ten times in a 12-month period.

Manna Food Center

Email: info@mannafood.org
www.mannafood.org

301-424-1130 (V)

Food distribution program. Food boxes are shared at their warehouse daily and through a network of satellite locations. Many of these satellite locations serve seniors living in subsidized housing. If you need food, you will speak with one of their referral representatives, who will ask you some simple questions: 1) whether you are a Montgomery County resident; and 2) which day and location is most convenient for you to pick up your food. Income eligibility has been waived currently. Please call Manna's main office during regular business hours. They need to receive your call by 12pm the day before you would like to receive food, so they can have your order ready. When you come to pick up food, you need a photo ID with your current Montgomery County address or provide a document that proves you currently reside in the county. If you cannot pick up your food on the day scheduled, you must call Manna in order to reschedule your pickup. If you need to schedule a pickup outside of Manna's normal business hours, call 311 to contact the Department of Health and Human Services. You can also get a referral from hundreds of referral agencies that work with Manna. Ask your case manager, social worker or pastor.

MUM (Mid-County United Ministries) Food Pantry

Westfield Wheaton South Building
11002 Veirs Mill Road, 7th Floor
Silver Spring, MD 20902
Email: office@mumhelp.org
www.mumhelp.org

301-929-8675 (V)

Food is available once a month, up to 25 lbs. per household to clients living in one of these zip codes: 20906, 20902, 20853, 20895 and 20896. MUM keeps a stocked pantry in their office. **Food Pantry Hours:** Tuesday, Wednesday, and Thursday, 9am to 4pm; Saturday, 9am to 11:30am. Also serve the community via a mobile pantry at the following locations each month. Visit website for dates and locations: mumhelp.org/mum-mobile-pantries/.

Nourish Now

Email: info@nourishnow.org
www.nourishnow.org

301-330-0222 (V)

Non-profit that provides a free 5-day food supply to those in need by collecting donations of surplus food from community and local restaurants, grocers, caterers and more throughout the D.C. metro area. Food collected is distributed to families, shelters, food banks, low-income apartment complexes, and other organizations that assist in feeding the hungry. View locations: <https://nourishnow.org/receive-food-assistance>. All locations follow a first come, first serve model. If using public transportation, please bring grocery bags or a cart.

Rockville HELP

E-mail: rockvillemhdhelp@gmail.com
www.rockvillehelp.org

301-564-0800 (V)

Food and financial aid to residents of Rockville in need. Will deliver a three-day supply of food to a family a maximum of three times in six months. Serve Rockville residents in an area bounded by Redland Road, Needwood Road, and Muncaster Mill Road on the north; Norbeck Road and the Rock Creek Trail on the east, Randolph Road and Montrose Road on the south, and Rockville City limits on the west.

SHARE Food Network

www.catholiccharitiesdc.org/share

301-864-3115 (V)
1-800-217-4273 (Toll Free)

Monthly value packages cost just \$25 and include up to \$50 worth of basic and healthy groceries; always four to six pounds of frozen proteins and 8 to 12 pounds of fresh fruits and vegetables, sometimes with seasonal grocery or dessert items. There are no income or eligibility guidelines. Everyone is welcome to purchase without application, qualification, identification, or documentation. Everyone receives the same, fresh, high-quality food. SHARE accepts organizational or business checks, credit and debit cards, EBT/SNAP benefits, money orders, and gift certificates. View locations: www.catholiccharitiesdc.org/share-3/share-host-site-locator/.

Shepherd's Table, Inc.

8106 Georgia Avenue
Silver Spring, MD 20901
www.shepherdstable.org/meals

301-585-6463 (V)

Provide food and support to families in need. Breakfast and lunch served Monday through Friday, dinner served daily, and brunch served Saturday and Sunday.

So Others May Eat (SOME)

Email: web@some.org
<http://some.org/services/basic-needs>

202-797-8806 (V)

Free hot meals every day and year-round. Breakfast and lunch distribution from 7:30am to 8:30am at 75 Hanover Place, NW, (1st Floor of Isaiah House), Washington, DC 20001. Open to all. Emergency food is distributed from the warehouse on Wednesdays and Fridays from 9am to 11am. Clients are welcome to utilize the pantry once a week. Location is to the right of 75 Hanover Place, NW (behind 60 O. Street), Washington, DC. ID required.

WUMCO (Western Upper Montgomery County) HELP

Email: info@wumcohelp.org
www.wumcohelp.org

301-972-8481 (V)

Food pantry. Serve Western Upper Montgomery County, Maryland - the postal districts of Poolesville 20837, Barnesville 20838, Beallsville 20839, Boyds 20841, and Dickerson 20842. All services are based on validated financial needs.