

MONTGOMERY COUNTY

ENJOY THE TRIP

GET INVOLVED

Build community, meet new friends, earn SSL hours, volunteer or dive into summer fun!



TEEN GUIDE

TEEN GUIDE

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QUESTIONS?

CONTACT
CUSTOMER SERVICE

Call customer service or
send an email.

240-777-6840

RECREATION.CUSTOMERSERVICE
@MONTGOMERYCOUNTYMD.GOV

CAMP PROGRAMS



TEEN CAMP (Ages 11 - 14)

Not your average summer camp! Exclusively designed for middle schoolers and full of adventure, this camp gives **rising 6th - 8th graders** an alternative to staying home. The camp fosters leadership development, engages teens in a variety of social and teambuilding activities and supports community service projects and talent exploration. The camp visits a local pool weekly. Field trips and onsite specialty events are hosted every other week. No two days are the same!

R09010-403	Montgomery Village MS	6/24 - 8/2	8 a.m. - 6 p.m.	\$260
R09010-404	Banneker MS	6/24 - 8/2	8 a.m. - 6 p.m.	\$260

TEENS DAY OUT (Ages 11 - 14)

Looking for something cool to do on your summer Fridays? Join in with friends for a jammed packed day of fun including field trips and other specialty activities designed exclusively for middle schoolers! Daily themes will vary.

R09017-501	Plum Gar CRC	F	6/28	8:30 a.m. - 4 p.m.	\$25
R09017-502	Plum Gar CRC	F	7/12	8:30 a.m. - 4 p.m.	\$25
R09017-503	Plum Gar CRC	F	7/26	8:30 a.m. - 4 p.m.	\$25
R09017-504	Plum Gar CRC	F	8/9	8:30 a.m. - 4 p.m.	\$25
R09017-505	East County CRC	F	6/28	8:30 a.m. - 4 p.m.	\$25
R09017-506	East County CRC	F	7/12	8:30 a.m. - 4 p.m.	\$25
R09017-507	East County CRC	F	7/26	8:30 a.m. - 4 p.m.	\$25
R09017-508	East County CRC	F	8/9	8:30 a.m. - 4 p.m.	\$25
R09017-509	Wheaton CRC	F	6/28	8:30 a.m. - 4 p.m.	\$25
R09017-510	Wheaton CRC	F	7/12	8:30 a.m. - 4 p.m.	\$25
R09017-511	Wheaton CRC	F	7/26	8:30 a.m. - 4 p.m.	\$25
R09017-512	Wheaton CRC	F	8/9	8:30 a.m. - 4 p.m.	\$25
R09017-513	Silver Spring RAC	F	6/28	8:30 a.m. - 4 p.m.	\$25
R09017-514	Silver Spring RAC	F	7/12	8:30 a.m. - 4 p.m.	\$25
R09017-515	Silver Spring RAC	F	7/26	8:30 a.m. - 4 p.m.	\$25
R09017-516	Silver Spring RAC	F	8/9	8:30 a.m. - 4 p.m.	\$25

LEADERSHIP JUSTICE IMMERSION EXPERIENCE (Ages 13 - 17)

Develop leadership skills in social justice issues and invest sweat equity to improve impacted communities. Work towards Habitat for Humanity's mission of building homes, communities and hope through meaningful project and recreational team-building activities.

R05375-401	Johnsons LP	M-F	6/24-6/28	8:30 a.m. - 3:30 p.m.	\$350
R05375-402	Johnsons LP	M-F	7/8-7/12	8:30 a.m. - 3:30 p.m.	\$350
R05375-403	Johnsons LP	M-F	7/15-7/19	8:30 a.m. - 3:30 p.m.	\$350
R05375-404	Johnsons LP	M-F	7/22-7/26	8:30 a.m. - 3:30 p.m.	\$350

GOATS ON WHEELS SKATEBOARDING

Join our skate crew to learn to push, ride, ollie, kick-flip, grind and drop in. Skate Park etiquette and safety is a priority. Skateboards, helmets, knee and elbow pads and wrist guards are provided; however, feel free to bring your own equipment.

(Ages 12 - 14)

R05367-401	Damascus CRC	M-F	6/24 - 6/28	4:30 - 7:30 p.m.	\$45
R05367-402	Damascus CRC	M-F	7/8 - 7/12	4:30 - 7:30 p.m.	\$45

(Ages 8 - 11)

R05367-403	Damascus CRC	M-F	7/15 - 7/19	8:30 a.m. - 12:30 p.m.	\$60
R05367-404	Damascus CRC	M-F	7/22 - 7/26	8:30 a.m. - 12:30 p.m.	\$60
R05367-405	Olney Manor RP	M-F	7/29 - 8/2	8:30 a.m. - 12:30 p.m.	\$60
R05367-406	Olney Manor RP	M-F	8/5 - 8/9	8:30 a.m. - 12:30 p.m.	\$60

CORE ELITE SOCCER DEVELOPMENT (Ages 13 - 16)

Your soccer player will properly learn to dribble, change direction and create space with and without the ball! A USSF Licensed Soccer Coach will provide elite training to elevate your athlete's confidence with the ball. Players will be separated by age (or skill) and gender, allowing coaches to challenge athletes accordingly.

Full Day

R05102-403	Potomac CRC	M - F	6/24 - 6/28	9 a.m. - 4 p.m.	\$265
R05102-409	Damascus CRC	M - F	7/8 - 7/12	9 a.m. - 4 p.m.	\$265
R05102-415	Bauer Drive CRC	M - F	7/15 - 7/19	9 a.m. - 4 p.m.	\$265

Half Day

R05102-412	Damascus CRC	M - F	7/8 - 7/12	9 a.m. - Noon	\$199
R05102-418	Bauer Drive CRC	M - F	7/15 - 7/19	9 a.m. - Noon	\$199

OLVA VOLLEYBALL (Ages 13 - 16)

Develop fundamental passing, setting, spiking and serving skills through a variety of drills and game play as our experienced coaches guide players through the basics of team play, offense and defense.

R05123-429	Lawton CRC	M - F	6/24 - 6/28	9 a.m. - 4 p.m.	\$299
R05123-445	Lawton CRC	M - F	7/1 - 7/5	9 a.m. - 4 p.m.	\$239
R05123-422	Potomac CRC	M - F	7/8 - 7/12	9 a.m. - 4 p.m.	\$299
R05123-426	Potomac CRC	M - F	7/15 - 7/19	9 a.m. - 4 p.m.	\$299
R05123-432	Wheaton CRC	M - F	7/22 - 7/26	9 a.m. - 4 p.m.	\$299
R05123-435	Wheaton CRC	M - F	7/29 - 8/2	9 a.m. - 4 p.m.	\$299
R05123-438	Wheaton CRC	M - F	8/5 - 8/9	9 a.m. - 4 p.m.	\$299
R05123-446	Wheaton CRC	M - F	8/12 - 8/16	9 a.m. - 4 p.m.	\$299

TR SUMMER FUN TEEN ZONE (Ages 15 - 21)

Therapeutic Recreation (TR) Summer Fun Teen Zones are designed specifically for individuals with disabilities. The camps offer organized fun, with well-planned and supervised activities in a structured environment. Theme days, water play, creative crafts, sports, games, music and more!

R06001-403	Glenallan ES	M - F	7/1 - 7/26	9 a.m. - 4 p.m.	\$190
Wraparound					
R06001-411	Glenallan ES	M - F	6/24 - 6/28	9 a.m. - 4 p.m.	\$50
R06001-412	Glenallan ES	M - F	7/29 - 8/2	9 a.m. - 4 p.m.	\$50
R06001-415	Bauer Drive CRC	M - F	8/5 - 8/9	9 a.m. - 4 p.m.	\$50

Afternoon

R06001-406	Glenallan ES	M - F	7/8 - 8/1	12:30 - 5:30 p.m.	\$180
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SOCCER4CHANGE

Improve your soccer skills, join in pickup games and mini summer competitions at a location near you this summer. New this summer are the Street Soccer Tournaments in the East County and Montgomery Village areas.

Middle School (Ages 11 - 14)

R09007-504	Blair HS Field	W	7/3 - 7/31	4 - 5:30 p.m.	FREE
R09007-508	White Oak CRC	F	7/5 - 8/2	4 - 5:30 p.m.	

High School (Ages 14 - 21)

R09007-505	Blair HS Field	W	7/3 - 7/31	6 - 8 p.m.	FREE
R09007-506	East County CRC	Th	7/11 - 8/1	4 - 8 p.m.	
R09007-507	North Creek CC	Tu	7/2 - 7/30	4 - 8 p.m.	
R09007-509	White Oak CRC	F	7/5 - 8/2	6 - 8 p.m.	

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DROP - IN ACTIVITIES



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EARN STUDENT SERVICE LEARNING HOURS
(SSL) HOURS

FUN, FOOD, FITNESS (Ages 6 - 14)

An enriching summer drop-in program that combines structured physical activities and games with a nutritious meal, helping ensure rising 1st through 8th graders remain healthy, connected and productive during summer break. Meals provided to all youth under the age of 18 during the lunch period.

R09005-501	Middlebrook Gardens	M - F	7/2 - 8/2	11 a.m. - 2 p.m.
R09005-502	Germantown Library	M - F	7/2 - 8/2	11 a.m. - 2 p.m.
R09005-503	Cider Mill Apartments	M - F	7/2 - 8/2	11 a.m. - 2 p.m.



TEENS NIGHT OUT (Ages 11 - 18)

Looking for something cool to do on your summer Fridays? Join with friends for a jammed packed evening of fun including specialty activities designed exclusively for teens at the pool and recreation center. Daily themes vary. For more details and information, contact the Youth Development team at 240-777-8080.

R09017-524	Upper County CRC	F	7/12	6:30 - 9 p.m.
R09017-525	Upper County CRC	F	7/19	6:30 - 9 p.m.
R09017-526	Upper County CRC	F	7/26	6:30 - 9 p.m.
R09017-527	Upper County CRC	F	8/2	6:30 - 9 p.m.



DEWEY PARK LEARN & PLAY SERIES (Ages 11 - 18)

ACES: Tennis instruction and skill building for middle schoolers.

R09018-518	Dewey LP	W	7/10 - 7/31	2 - 3:30 p.m.
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SLAPSHOTS: Street Hockey instruction, skill building and scrimmages for middle and high school youth.

R09018-519	Dewey LP	W	7/10 - 7/31	3:30 - 5:30 p.m.
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TEEN SKATE JAM (Ages 11 - 18)

Grab your board and gear (or use ours) for a fun evening of skateboarding at your local skate park. Music, snacks and skating challenges will ensure a great time. Need a little help practicing your skills or learning a new trick? Skate coaches will be present to help.

R09011-501	Damascus CRC	Th	7/11 - 7/25	5 - 7 p.m.
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SUMMER LEADERSHIP CHALLENGE (SLC) (Ages 13 - 16)

SLC is a leadership development program that encourages exploration, independence and personal growth. Young people participate in interactive workshops and experiences that prepare them for leadership. Each session concludes with participants coordinating and implementing a capstone project benefiting the local community. Participants may earn up to 35 SSL hours for the session.

R09006-404	Pinecrest LP	M - F	6/24-7/5	9 a.m. - 4 p.m.	\$112.50
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LOOK FOR US ON SOCIAL



@MontgomeryCountyRecreation



@MoCoRec



@MoCoRecreation



SLC - AQUATICS (Ages 14-16)

Participants are introduced to skills necessary for employment as a swim instructor and certified lifeguard. Participants must have basic swimming ability, be prepared to swim daily, be comfortable in deep water and with submerging underwater to a depth of six feet. Instruction will focus on basic swim instruction principles and swimming for conditioning. Young people participate in interactive workshops and trainings that prepare them for leadership roles and employment in the aquatics field. Each program concludes with participants coordinating and implementing a capstone project benefiting the local community. Participants who pass a water skills test will be offered free registration for lifeguard training courses at County aquatic facilities. Participants will also receive an opportunity to earn CPR and First Aid certification and be exposed to other aquatics water-based activities. Employment opportunities with Recreation may be available after successful completion of this program. Participants may earn up to 35 SSL hours for the session.

R09006-406 MLK Swim Center M - F 7/8 - 7/19 9 a.m. - 4 p.m. \$125

SLC - COACHING & OFFICIALS (Ages 14-16)

Participants are introduced to skills necessary for employment in the sports field, particularly flag football. Young people will learn about non-athlete career paths in sports including coaching and officiating guidelines, rules and techniques, in addition to establishing lasting friendships, working effectively in groups, building accountability and gaining confidence. Each session concludes with participants coordinating and implementing a capstone project benefiting the local community. Participants will earn up to 35 SSL hours and receive individual leadership feedback. Participants will also receive an opportunity to earn CPR and First Aid certification and a micro credential in flag football officiating that can be used to work as an official in Montgomery County Recreation programs.

R09006-413 Snowden Farm ES M - F 7/8 - 7/19 9 a.m. - 4 p.m. \$125

R09006-414 White Oak MS M - F 7/22 - 8/2 9 a.m. - 4 p.m. \$125

TEENWORKS VOLUNTEERS (High School)

Volunteering is one of the best ways for young people to push themselves out of their comfort zone and experience new things while providing valuable contributions to others and their community. TeenWorks Volunteers are offered an array of opportunities to gain experience and build upon their knowledge, skills and abilities while earning SSL hours.

Scan the code to see upcoming orientations and volunteer opportunities. To sign up, complete the interest form!

For more information, email TeenWorks@montgomerycountymd.gov



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Rec Assist Financial Assistance Program

Montgomery County Recreation offers financial assistance to those who qualify. Eligible residents receive \$400 toward Recreation programs.

Apply now!



QUESTIONS?

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SPORTS



BASKETBALL LEAGUES (Middle and High School)

Sunset Streetball Series

This program provides a fantastic opportunity for players to hone their skills, bond with teammates and friends, and have fun in a competitive and supportive environment. Youth will participate in skilled-based development activities and tournaments. Teams will be created with a fun, diverse, and competitive balance. Additional activities include music, prizes, small competitions and a culmination event.

R09018-520 Mid-County CRC Tu 7/2 - 8/13 5:30 - 8:30 p.m.



Summer Hoops - 3 vs 3 League

Experience thrilling matchups, giveaways, inspiring guest speakers, nutritious snacks, music and more. Gather your squad and compete to claim the title of the best 3-on-3 team in Upper County. Don't miss your chance to shine on the court and be part of this unforgettable basketball extravaganza under the stars!

R09018-521 Plum Gar CRC M 6/24-8/2 6 - 9 p.m.



Summer Hoops - 3 vs 3 Tournaments

Join this summer 3-on-3 basketball tournament to compete amongst other teams. Get ready for at least three guaranteed games, refreshments, prizes and the chance to showcase your skills! There will be two divisions, middle and high school. The roster can have up to four players. Sign up as a team or join as a free agent (we will form teams onsite).

R09018-522 Damascus CRC **GIRLS** Th 7/11 5 - 7 p.m.

R09018-523 Damascus CRC **BOYS** Th 7/18 5 - 7 p.m.

R09018-528 Damascus CRC **COED** Th 7/25 5 - 7 p.m.



HERTIME2SHINE VOLLEYBALL LEAGUE

Weekly practices followed by refereed matches allow players to develop teamwork, learn sportsmanship and embrace friendly competition! Our coaches provide a quality recreational environment for players and parents. Open league for novice through advanced players.

(Ages 11-13)

R05319-501 East County CRC Sa 7/13-9/14 4:30 - 8:30 p.m. \$80

R05319-502 Plum Gar CRC Sa 7/13-9/14 8:30 a.m. - 4:30 p.m. \$80

(Ages 13-17)

R05319-503 White Oak CRC Sa 7/13-9/7 1 - 9 p.m. \$80

R05319-507 Ross Boddy CRC Sa 7/13-9/7 2 - 6 p.m. \$80

R05319-509 Mid-County CRC Su 7/14-9/15 10 a.m. - 6 p.m. \$80



QUESTIONS?

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CUSTOMER SERVICE

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WE SUPPORT ACCESSIBILITY

Individuals with disabilities are encouraged to register for programs. Early notification allows us to put accommodations in place.

For more information, email
rec.inclusion@montgomerycountymd.gov.





Are You a Montgomery County High School Student Looking to:

- ✓ Build Your Resume
- ✓ Earn SSL Hours
- ✓ Be a Role Model
- ✓ Try Something New
- ✓ Join the Workforce



Join our TeenWorks team!
We offer both employment and
volunteer opportunities.



Employment



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Volunteer



THE REC INSIDER



SIGN UP



FOR OUR NEWSLETTER TODAY!

