

HEALTH AND WELLNESS COMMITTEE OF THE COA

Meeting Notes

March 3, 2015

7300 Calhoun Place, 6C

In Attendance: Myrna Cooperstein, Sam Korper, Syed Yusuf, Revathi Vikram, MD, Noelle Heyman, Beth Shapiro, Arva Jackson, Marcia Pruzan

Staff: Emily Glazer, John Kenney

Guests: Sarah Gotbaum

Topic	Discussion Points	Decisions/follow-up
Welcome		.
Liaison Updates:	<p>Marcia Pruzan, Commission on Health. Oral health was the focus of the last meeting.</p> <p>Sam Korper, Healthy Montgomery. The 5 county hospitals are working together to track expenses and determine how best to address discharge planning and continuing care for residents. Data focus may now shift from disease specific to risk factors common to all diseases.</p> <p>Sam Korper, Data Task Force. Data gathering and reporting become more of a challenge with the departure of Emily Rosenberg. County Stat has reorganized under Dennis Linders to better support community analytics (diversity and aging, especially).</p> <p>Arva Jackson asked whether or not the County performs needs analyses among diverse and aging populations. We</p>	<p>Judy Levy will decide how best to share Data Survey results with Commissioners.</p> <p>Data Task Force will no longer report out to the H&W Committee.</p> <p>Emily will provide Dr. Tillman's contact information to Sarah. Sarah will talk with Dr. Tillman to</p>

<p><i>John (Jay) Kenney, Chief, Aging and Disability Services</i></p>	<p>did not hear an answer to that question. Sarah Gottbaum followed up by asking about the methods used to gather data. We learned about focus groups, surveys, town halls as options and opportunities for Healthy Montgomery and the County to gather data.</p> <p>Emily Glazer: Coalition on the End of Life. April 16 is National Health Decisions Day. The Coalition is sponsoring showings of “Consider the Conversation” at the Silver Spring Civic Center. Compassionate Choices is sponsoring a showing at the Friends House in Olney. Others on the Coalition are also planning showings. Myrna Cooperstein asked Emily to check with the Coalition members about any challenges they might have heard relative to the MOLST forms. Myrna indicates some find the forms challenging.</p> <p>Rev Vikram, MD: Behavioral Health. Rev sits on the Coordinated Care Committee. The focus has been on children but now, thanks to Dr. Vikram’s advocacy, includes seniors. The committee plans to look at high utilizers across all adult age groups with the goal of developing a pilot program to improve care transitions and “braid in” financing for treatment options.</p> <p>Jay presented an overview of Aging and Disability Services and important new programs impacting the provision of health care in Montgomery County. He noted that HHS and A&DS Chiefs meet weekly under one Director to share</p>	<p>determine whether or not her group can participate in any related focus groups.</p> <p>Emily to ask Coalition members what they’ve heard about the use of MOLST forms in their various communities and report back to the Committee.</p>
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	<p>information and continue working toward fuller integration of all functions. He then discussed several large and impactful programs: Montgomery County Cares, the County's health care program for uninsured or under insured in the County. Montgomery County Cares has 28 locations. Approximately 40% of patients are seniors. Jay also shared how the County addresses dire need for undocumented residents (approximately \$1m annually) and plans to try to reduce those costs. The Community Health Improvement Program and the H.E.A.L.T.H. Partners initiatives enable hospitals and service providers to collaborate to enhance discharge planning, transition care and community support for residents with chronic and severe illnesses while gathering data and developing reporting mechanisms to meet ACA guidelines. LIEED works within the County to eliminate health disparities among African Americans in the County. LIEED also helped increase awareness and interest among other diverse populations in the County. Latino, Asian, African, Caribbean groups are now beginning to coalesce in ways that support the needs of their communities.</p>	
Summer Study	<p>The Committee identified the following potential Summer Study topics:</p> <ul style="list-style-type: none"> • Caregiving • Data Task Force • Health Disparities • Long Term Care • Hospice <p>Long Term Care appeared to be the topic of choice. The Committee will learn more about Hospice Care during the</p>	<p>Noelle to share topics with Exec Comm on March 15, 2015 for input and feedback.</p>

<p><i>Next Steps</i></p> <p><i>Next Meeting:</i></p>	<p>April meeting.</p> <p>Contact Montgomery Hospice and Hospice Caring to identify availability of speakers for the April Meeting. 15 minute presentations each and 15 minutes of questions.</p> <p>April 7, 2015 9am-10:30am, 7300 Calhoun Place, 6C</p>	
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