

# Behavioral Health and Crisis Services

## FUNCTION

The mission of Behavioral Health and Crisis Services (BHCS) is to foster the development of, and to ensure access to a comprehensive system of services for children, youth and families, adults, and seniors in crisis or with behavioral health needs. BHCS is committed to providing culturally and linguistically competent care and to the use of evidence based or best practices along a continuum of care. BHCS works with the State's public mental health and substance abuse system, other HHS service areas, county agencies and the community to provide strength-based and integrated services to persons in need. Behavioral Health Planning and Management monitors various services provided to families with public health insurance including, outpatient mental health clinics, psychiatric rehabilitation, and residential rehabilitation programs. Crisis and Victims services are available twenty-four hours, seven days a week providing treatment in schools, home, or the community. Access and Behavioral Health Specialty Services provide screening/referrals along with treatment on an outpatient basis. Addictions Services provide a full array of outpatient and residential services in both community and correctional settings.

## PROGRAM CONTACTS

Contact Raymond L. Crowel of the HHS - Behavioral Health and Crisis Services at 240.777.1488 or Trudy-Ann Durace of the Office of Management and Budget at 240.777.2778 for more information regarding this service area's operating budget.

## PROGRAM DESCRIPTIONS

### ***Behavioral Health Planning and Management***

Behavioral Health Planning and Management was previously titled System Planning and Management. As the State mandated local mental health authority, this program is responsible for the planning, management, and monitoring of Public Mental Health Services for children with serious, emotional impairments (SEI), and adults with a serious and persistent mental illness (SPMI). This include persons with co-occurring mental illness and substance abuse disorders, homeless persons with SPMI, and persons with SPMI who have been incarcerated and/or are on conditional release. This program is responsible for the ongoing development of a resiliency and recovery oriented continuum of quality mental health services that provide for consumer choice and empowerment, while assuring consumers have access to clinically appropriate and cost effective behavioral health services. In addition, Behavioral Health Planning and Management partners with the Mental Hygiene Administration and the Crisis Center in the provision and authorization of hospital diversion services aimed at providing diversion to the most clinically appropriate least restrictive setting for the individuals it serves. Hospital diversion services shifted from Mental Health Services for Seniors and Persons with Disabilities to this program.

<b>Program Performance Measures</b>	<b>Actual FY08</b>	<b>Actual FY09</b>	<b>Estimated FY10</b>	<b>Target FY11</b>	<b>Target FY12</b>
Number of clients served in outpatient mental health settings based on Public Mental Health System paid claims data	6,900	7,776	7,776	7,776	7,776
Percentage of adult clients receiving services who report positive improvement in Social Connectedness and Emotional Well-being	82	83	82.5	80	80
Percentage of child and adolescent clients receiving services who report positive improvement in Social Connectedness and Emotional Well-being	N/A	94	93.5	93.5	93.5

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>7,512,490</b>	<b>13.7</b>
Reduce: Child Welfare Services Mental Health Funding - Attachment and Bonding Studies and Crisis Stabilization	-18,790	0.0
Decrease Cost: Consumer Special Needs Fund	-19,670	0.0
Decrease Cost: Pharmacy Assistance Services Budget	-30,000	0.0
Reduce: Computer Training for Adults with Mental Illness and Serve 10-15 Fewer Adults Annually	-47,370	0.0
Decrease Cost: Reduce the Budgets for Vocational Training, Travel, and Contract Expenses Based on Historic Actuals	-50,000	0.0
Decrease Cost: Housing Subsidy Paid to Six Providers of Residential Rehabilitation Programs with no Reduction to Client Service	-50,750	0.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	601,920	5.1
<b>FY11 Approved</b>	<b>7,897,830</b>	<b>18.8</b>

Notes: Miscellaneous adjustment includes the shift of five workyears from Mental Health Services: Seniors and Persons with Disabilities.

## Behavioral Health Specialty Services

Behavioral Health Specialty Services includes both the Adult Behavioral Health and the Access to Behavioral Health Services programs. The Adult Behavioral Health program provides a comprehensive range of mental health services including assessment, diagnostic evaluation, psychotropic medication evaluation, and medication monitoring. Individual, family, and group psychotherapy are available, as well as case management services. Eligibility is limited to Montgomery County residents who have a high level of acuity and are involved in multiple systems in the community. Many of these individuals are unable to receive Public Mental Health System services or the level of care necessary to effectively stabilize their illness. This program has expanded capacity to provide services to Limited English Proficiency (LEP) clients and those with specialized cultural and language needs. The Access to Behavioral Health Services program provides assessments for clinical necessity and financial eligibility for consumers needing outpatient mental health services including those with a co-occurring disorder, and linkages to those eligible for the Public Mental Health System or community resources. This program also provides for Montgomery County adult residents, walk-in substance abuse assessments including co-occurring disorders and linkages to the range of services in the Addiction Services continuum. Safety Net Services, a service within Access to Behavioral Health Services, provides immediate, brief psychiatric, and case coordination services (16 hours a week) for clients eligible for the Public Mental Health system who are discharged from a psychiatric hospital/jail who need immediate psychotropic medications until they can be linked to a community Outpatient Mental Health program.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>2,755,740</b>	<b>21.4</b>
Decrease Cost: Abolish a Part-time Principal Administrative Aide Position	-28,300	-0.5
Decrease Cost: Abolish a Full-time Therapist II Position in the Access to Care Program	-135,310	-1.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-89,870	-2.3
<b>FY11 Approved</b>	<b>2,502,260</b>	<b>17.6</b>

Notes: Miscellaneous adjustment includes the shift of 2.0 workyears to the Abused Persons Program.

## Behavioral Health Community Support Svcs

Behavioral Health Community Support Services is composed of three sub-programs: Community Case Management Services, Urine Monitoring Program, and Program/Contract Monitoring Unit. These programs provide: 1) case management services to Temporary Cash Assistance (TCA) clients, women who are homeless, adults incarcerated at the Montgomery County Correctional Facility, and other clients who are “high-end” users of services and involved in multiple programs within HHS, 2) urine testing services to clients referred by the courts, child welfare, the criminal justice system and others required to submit to urine surveillance or who require or request urine screening and testing, and 3) the Program/Contract Monitoring Unit monitors contract compliance for addiction and co-occurring treatment with certified providers who contract with the Department to provide detoxification, outpatient, intensive outpatient, residential halfway house, combined care, and long-term residential treatment services to enhance the quality of care available to Montgomery County residents.

<b>Program Performance Measures</b>	<b>Actual FY08</b>	<b>Actual FY09</b>	<b>Estimated FY10</b>	<b>Target FY11</b>	<b>Target FY12</b>
Number of persons served in Level 1 Outpatient Treatment <sup>1</sup>	734	571	600	540	540
Percentage of decrease in substance abuse for patients completing treatment (Level 1 Outpatient Treatment) <sup>2</sup>	74	86	75	75	75

<sup>1</sup> These measures are for the Adult Level I treatment programs only. The projected FY11 and FY12 number of persons served reflects State and Local reductions for Level I Outpatient Substance Abuse Treatment Services.

<sup>2</sup> This is a new performance measure established by the Alcohol and Drug Abuse Administration.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>7,474,990</b>	<b>21.4</b>
Reduce: Level I Outpatient Substance Abuse Treatment Services and Serve Three to Four Fewer Clients	-13,600	0.0
Reduce: The Alcohol and Drug Abuse Administration (ADAA) Treatment Block Grant	-303,740	0.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-215,950	-0.5
<b>FY11 Approved</b>	<b>6,941,700</b>	<b>20.9</b>

## Criminal Justice/Behavioral Health Services

Criminal Justice/Behavioral Health Services is composed of three programs: (1) Clinical Assessment and Triage Services (CATS), (2) Community Re-Entry Services (CRES), and (3) Jail Addiction Services (JAS). CATS provides assessment and post-booking diversion services within 24 hours of booking to inmates with behavioral health issues upon entry into the Montgomery County Detention Center. JAS is an intensive jail-based residential addiction treatment program for inmates who suffer with substance related disorders at the Montgomery County Correctional Facility. CRES provides court advocacy and release planning for inmates at the Montgomery Correctional Facility by assessing inmates’ behavioral health needs and coordinating access to services in the

Community.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>2,462,990</b>	<b>19.2</b>
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	20,510	-0.7
<b>FY11 Approved</b>	<b>2,483,500</b>	<b>18.5</b>

### **Outpatient Addiction Services (OAS)**

OAS provides comprehensive and quality outpatient, intensive outpatient, drug court, and medication assisted treatment services to adult residents of Montgomery County, who are diagnosed with substance use disorders or co-occurring mental health and substance use disorders. Priority populations include people who are indigent, homeless, medically compromised, women who are pregnant or those with infants, individuals involved with the criminal justice system, and people with HIV/AIDS.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>4,036,640</b>	<b>29.2</b>
Shift: Operating Expense to Personnel Cost and add 2.5 WYs to the Montgomery County Adult Drug Court	0	2.5
Eliminate: Contract for Acudetox Services	-13,750	0.0
Decrease Cost: Abolish a Full-time Therapist II Position	-145,080	-1.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-10,190	0.2
<b>FY11 Approved</b>	<b>3,867,620</b>	<b>30.9</b>

### **Victims Assistance and Sexual Assault Program**

VASAP provides information, referral, support, psychiatric evaluations, criminal justice advocacy, court accompaniment, crisis, and ongoing counseling services to victims of crimes such as, sexual assault/rape, homicide (surviving family and friends), assault/battery, as well as childhood sexual abuse. Outreach is provided 24/7/365 days per year through volunteer support to rape and sexual assault victims at hospitals and police stations. Compensation is provided to eligible victims of crime. Court volunteers augment services provided by VASAP victim assistants.

<b>Program Performance Measures</b>	<b>Actual FY08</b>	<b>Actual FY09</b>	<b>Estimated FY10</b>	<b>Target FY11</b>	<b>Target FY12</b>
Percentage of adult victims of sexual assault and general crime who show a decrease in symptoms after treatment (as measured by Post-traumatic Stress Disorder (PTSD) Checklist – Civilian (PCL-C) clinical scales)	85	86	85	85	85
Percentage of child victims of sexual assault and general crime who show a decrease in symptoms after treatment (as measured by the Child's Reaction to Traumatic Events Scale (CRTES) clinical scales)	81	78	78	78	78

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>2,614,030</b>	<b>18.4</b>
Add: American Reinvestment and Recovery Act (ARRA) Grant Awarded to Fund a Part-time Client Assistant Position (0.3 WY)	21,610	0.3
Increase Cost: Victims Compensation Fund Match	9,910	0.0
Reduce: Eliminate Victims Clinical Counseling and Staff Consultation Services to Adults Molested as Children	-58,270	0.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	7,280	-0.3
<b>FY11 Approved</b>	<b>2,594,560</b>	<b>18.4</b>

### **Child and Adolescent Mental Health Services**

Child and Adolescent Mental Health Services is comprised of three components that provide or support comprehensive mental health treatment and care coordination services to children, youth, and their families that are individualized, culturally, and linguistically appropriate and administered in the least restrictive, most conducive environment. The Child and Adolescent Outpatient Mental Health Service provides assessment, psychiatric, and therapeutic treatment to children and adolescents with serious emotional impairments. The Home-based Treatment Team provides specialized, evidence-based mobile treatment specifically for children and families involved with Child Welfare Services. The System of Care Development and Management Team collaborates with Local and State partners to plan, develop, and manage publicly-funded (State and County) mental health and care coordination services for children and adolescents. All three components are guided by the principles that services should be child focused, family driven, and culturally competent.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>3,381,850</b>	<b>17.2</b>
Enhance: Services to Haitian and Other French-Speaking Immigrants	30,000	0.0
Reduce: Funding for Substance Abuse Prevention and Mental Health Contractual Services and Serve Five Fewer Children/Families	-5,300	0.0
Decrease Cost: Operating Expenses in the Care Coordination Budget - Administrative and Training and Professional Development Funding	-8,000	0.0
Reduce: N*COMMON Program - Mental Health Services to Diverse Populations	-17,350	0.0
Reduce: Family Support, Education, and Advocacy Services	-27,200	0.0
Decrease Cost: Abolish a Part-time Therapist II Position	-50,010	-0.5
Eliminate: Child and Adolescent Mental Health Service Psychiatric Contract	-188,000	0.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-37,540	-0.7
<b>FY11 Approved</b>	<b>3,078,450</b>	<b>16.0</b>

## **24-Hour Crisis Center**

This program provides telephone, walk-in, mobile crisis outreach, and crisis residential services to persons experiencing situational, emotional, or mental health crises. The Crisis Center provides all services, twenty-four hours/day seven days/week. Much of the work of the Crisis Center focuses upon providing the least restrictive community-based service that is appropriate to the client's situation. Many of the services provided are alternatives to more traditional mental health services. Psychiatric crisis resources are used to prevent hospitalizations and suicides. Disaster mental health services include crisis management and consultation for disasters and community crises. The Crisis Center coordinates the mental health response during disasters and community critical incidents. During the off-hours (after 5:00 p.m., weekends, and holidays), crisis back-up services are provided for various health and human services needs when the clients' primary service providers are not available. The Public Inebriate Initiative (PIT) is a program to intervene with those individuals who are drinking on the street. The Public Inebriate Initiative is a program to intervene with individuals who are drinking on the street.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>4,300,490</b>	<b>37.5</b>
Increase Cost: Mental Health Association Suicide Hotline and Crisis Preparedness Services	25,000	0.0
Eliminate: Crisis Preparedness Contractual Services	-37,510	0.0
Shift: \$150K of the Total Silver Spring Public Inebriate Initiative Team (PIIT) Funding to Grant Fund to Provide an Integrated PIIT/Homeless Outreach Effort	-150,000	-1.5
Eliminate: The Wheaton Public Inebriate Initiative Team (PIIT)	-197,750	-2.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	214,110	0.0
<b>FY11 Approved</b>	<b>4,154,340</b>	<b>34.0</b>

Notes: Miscellaneous adjustment includes the annualization of positions for the Wheaton Public Inebriate Team and lapse adjustment.

## **Mental Health Svcs: Seniors & Persons with Disabilities**

This program provides outreach mental health services for seniors who cannot or will not access office based services as well as persons experiencing caregiver stress. It provides Prevention and Early Intervention services for seniors by providing drop in groups at senior centers, psycho education, consultation to assisted living providers, Housing Opportunities Commission (HOC) resident counselors and senior center directors, and mental health training for providers of services for seniors. This program also provides mental health services to persons who are deaf or hearing impaired.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>1,855,020</b>	<b>10.0</b>
Reduce: The SORT Grant by \$241,660 in the Hospital Diversion Program by Abolishing Four Positions and Eliminating the Operating Budget for Therapeutic Foster Care	-241,660	-3.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-986,470	-5.0
<b>FY11 Approved</b>	<b>626,890</b>	<b>2.0</b>

Notes: Miscellaneous adjustment includes the shift of 5.0 workyears to Behavioral Health Planning and Management.

## **Abused Persons Program**

The Abused Persons Program was previously titled Partner Abuse Services. The Abused Persons Program serves as the local comprehensive domestic violence program that provides community education, crisis intervention, safety planning, legal advocacy, ongoing counseling, and emergency shelter to victims of physical partner abuse and their minor children. Assessment and counseling are also provided to those who have been abusive towards their partners.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>3,252,340</b>	<b>17.8</b>
Reduce: Funding for Legal Immigration Contractual Services in Partner Abuse Services	-4,780	0.0
Decrease Cost: Abolish a Full-time Office Services Coordinator (OSC) Position	-51,900	-1.0
Decrease Cost: Abolish a Full-time Therapist II Position	-90,400	-1.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	-61,880	-0.4
<b>FY11 Approved</b>	<b>3,043,380</b>	<b>15.4</b>

Notes: Miscellaneous adjustment includes the shift of 1.0 workyear to Outpatient Addiction Services.

## Service Area Administration

This program provides leadership, oversight, and guidance for the administration of Behavioral Health and Crisis Services.

<b>FY11 Approved Changes</b>	<b>Expenditures</b>	<b>WYs</b>
<b>FY10 Approved</b>	<b>584,030</b>	<b>3.9</b>
Decrease Cost: Eliminate the Temporary Service Budget in Behavioral Health and Crisis Services (BHCS) Chief's Operating Expense budget	-10,280	0.0
Decrease Cost: Abolish a Full-time Administrative Specialist III Position in the Behavioral Health and Crisis Services (BHCS) Chief's Office	-105,050	-1.0
Miscellaneous adjustments, including furloughs, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting more than one program	87,680	0.8
<b>FY11 Approved</b>	<b>556,380</b>	<b>3.7</b>

Notes: Miscellaneous adjustment includes the shift of one position from Behavioral Health Specialty Services to this program.

## PROGRAM SUMMARY

<b>Program Name</b>	<b>FY10 Approved</b>		<b>FY11 Approved</b>	
	<b>Expenditures</b>	<b>WYs</b>	<b>Expenditures</b>	<b>WYs</b>
Behavioral Health Planning and Management	7,512,490	13.7	7,897,830	18.8
Behavioral Health Specialty Services	2,755,740	21.4	2,502,260	17.6
Behavioral Health Community Support Svcs	7,474,990	21.4	6,941,700	20.9
Criminal Justice/Behavioral Health Services	2,462,990	19.2	2,483,500	18.5
Outpatient Addiction Services (OAS)	4,036,640	29.2	3,867,620	30.9
Victims Assistance and Sexual Assault Program	2,614,030	18.4	2,594,560	18.4
Child and Adolescent Mental Health Services	3,381,850	17.2	3,078,450	16.0
24-Hour Crisis Center	4,300,490	37.5	4,154,340	34.0
Mental Health Svcs: Seniors & Persons with Disabilities	1,855,020	10.0	626,890	2.0
Abused Persons Program	3,252,340	17.8	3,043,380	15.4
Service Area Administration	584,030	3.9	556,380	3.7
<b>Total</b>	<b>40,230,610</b>	<b>209.7</b>	<b>37,746,910</b>	<b>196.2</b>

