

HARRIET K. BRESLOW, L.C.S.W.-C.  
Licensed Certified Social Worker, -Clinical  
8712 Harness Trail, Potomac, MD 20854  
Phone: (301) 983-1321  
Fax: (301) 983-4953  
E-mail: [harriet@breslow.org](mailto:harriet@breslow.org)  
Website: [www.harrietbreslow.com](http://www.harrietbreslow.com)

#### EDUCATION AND CERTIFICATION

Connecticut College, New London, CT B.A. 1960

Catholic University, Washington, D.C., M.S.W. 1975

- Member of Pi Gamma Mu, National Social Service Honor Society
- Licensed Certified Social Worker (L.C.S.W.) -- Maryland, February 1979; License No. 2565
- Awarded Diplomate Status , (B.C.D.) 1987

#### POST-GRADUATE TRAINING

- Walter Reed Hospital, Washington, D.C., 1976
- Faculty: Walter Reed Family Therapy Center, 1977-1978
- Center for the Study of Human Systems, Washington, D.C., 1978
- Family Therapy Institute: Studied with Jay Haley and Cloe Madanes, Washington, D.C. (2 years intensive training)
- Brief Family Therapy Center, Milwaukee, WI: advanced training course, 1985, 1986
- National Academy of Clinical Hypnosis, Inc., Columbia, MD, 1985
- Collaborative Divorce Training, 2007
- Parent Coordination Training, 2007
- 40 Hours Divorce Mediation Training (Maryland Certification), 2008
- Collaborative Divorce Training, 2009
- 20 Hours Family Mediation Training: Child Access Training, 2012

Specialty Areas: COACHING FOR EXECUTIVES; COLLABORATIVE DIVORCE; PARENT COORDINATION. THERAPY ISSUES INCLUDE: ANXIETY; STRESS; DEPRESSION; GRIEF; PHOBIAS; OBSESSIVE/COMPULSIVE DISORDERS; ABUSIVE RELATIONSHIPS; SENIOR ISSUES; CHILD AND ADOLESCENT PROBLEMS; SEXUAL DYSFUNCTION.

#### EMPLOYMENT

Private Practice

August 1994 to Present

Private Practice and Consultant to the Frost Counseling Center

August 1994 to August 1997

The Frost Counseling Center

1979 to August 1994

Responsibilities included: individual, family, and group therapy; providing workshops and training for therapists in other agencies of Montgomery County, such as school personnel, crisis workers, hospital staffs; lecturer to parent groups; public relations for the Frost Center; ran groups for women in abusive relationships.

Edgar J. Weiss, M.D.

1975 to 1980

Responsibilities included: individual and family therapy, co-leader of adult and adolescent groups.

Consultant: Kensington/Wheaton Youth Services, 1986-1987

MCC Managed Behavioral Care, 1992-1993

Kaiser-Permanente 1995 to present

Frost Counseling Center 1995 to present

Georgetown Hospital Social Work Staff , January to May 1995

MAMSI Health Plan 1997 to present (peer review consultant)

Professional Licenses: Licensed Certified Social Worker-Clinical

Professional Organizations: National Association of Social Workers

Association of Family and Conciliation Courts

International Academy of Collaborative Professionals

Collaborative Dispute Resolution Professionals

Maryland Program for Mediator Excellence Systems

Since August 1994 I have worked with couples, families, and individuals in private practice. In addition I have worked as an Executive Coach, as well as a Collaborative Divorce Coach, and a Parent Coordinator. Techniques employed in these situations are emotionally constructive and non adversarial and lend themselves to finding mutually satisfying solutions to disputes.

I have taught a Solution-Focused Brief-Therapy technique throughout the Washington, D.C., area for hospital staffs, school counselors, therapists, and social work schools. My counseling techniques are quick and effective, as I help my clients focus on their strengths, rather than their weaknesses, so they can maximize their options for achieving their goals for themselves and their relationships with others. My belief is that people already have the ability to solve their own problems, and what I do best is to help people tap into their own resources to find the answers they are seeking. My therapy is based on a short-term solution-focused model that helps clients solve their problems in a fraction of the time that most therapy models take. This technique, along with the mediation and coaching skills, is also ideal for Executive Coaching, and for Collaborative Divorce Coaching, as well as Parent Coordination.