

**MONTGOMERY COUNTY RECREATION  
OPEN GYM SCHEDULE**

**Center: Damascus**

<b>Activity</b>	<b>Audience</b>	<b>Day of the week</b>	<b>Times</b>	<b>Month</b>
Basketball	Youth 5-17	Mon - Thu	2:30-5:45 p.m.	
Basketball	Youth 5-17	Fri	2:30-4:00 p.m.	
Basketball	Youth 14-17	Tue	6:00-7:15 p.m.	
Basketball	Men 30+	Tue	7:30-8:50 p.m.	
Basketball	Adult 18+	Mon	7:30-8:50 p.m.	
Basketball	Family	Sat	10:00-3:00 p.m.	
Volleyball	Adult 18+	Mon	6:00-7:15 p.m.	
	Youth 10 -17	Fri	4:00-6:00 p.m.	
Badminton	Adult 18+	Thu	6:00-8:00 p.m.	
General Open Gym (Not Sport Specific)	Family	Sat	10:00-3:00 p.m	