

**MONTGOMERY COUNTY RECREATION
OPEN GYM SCHEDULE**

Center: Upper County

Activity	Audience	Day of the week	Times	Month
Basketball	Adult 18+	Mon - Thu	12:00-2:30 p.m.	
Basketball	Youth 17 & under	Mon & Wed	6:00-8:00 p.m.	
Basketball	Youth 17 & under	Thu	6:00-7:00 p.m.	
Basketball	Youth 17 & under	Fri	2:00-3:30 p.m.	
Basketball	Family	Sat	11:00-5:00 p.m.	
Basketball	Adult 18+	Mon & Wed	8:00-10:00 p.m.	
Volleyball	Adult 18+	Thu	7:00-9:30 p.m.	
Badminton	Family	Tue	6:30-9:30 p.m.	
Badminton	Family	Sat	9:00-11:00 a.m.	
General Open Gym (Not Sport Specific)	Youth 17 & under	Mon - Thu	2:00-4:00 p.m.	