

**MONTGOMERY COUNTY RECREATION
OPEN GYM SCHEDULE**

Center: White Oak

Activity	Audience	Day of the week	Times	Month
Basketball	Elem. & Middle School	Mon - Fri	3:00-4:30 p.m.	
Basketball	Adult 18+	Mon - Fri	10:30-1:30 p.m.	
Basketball	Adult 18+	Mon & Fri	6:00-8:45 p.m.	
Basketball	Adult 55+ League	Tues	6:00-8:45 p.m.	
Basketball	High School	Mon - Fri	4:30-6:00 p.m.	
Volleyball	Adult 18+	Sun	12:00-3:45 p.m.	
Badminton	Adult 18+	Wed	6:00-8:45 p.m.	
Table Tennis	Adult 55+	Tue & Thu	10:30-1:30 p.m.	
Table Tennis	Adult 18+	Sat	10:00-12:00 p.m.	
Pickleball	Adults 18+	Thu	6:00-8:45 p.m.	
General Open Gym (Not Sport Specific)	Little Ones	Mon & Wed	10:30-1:30 p.m.	
General Open Gym (Not Sport Specific)	Family	Sat	10:00-2:45 p.m.	
General Open Gym (Not Sport Specific)	Family	Sun	12:00-3:45 p.m.	