

MONTGOMERY COUNTY DEPARTMENT OF RECREATION
4010 Randolph Rd, Room 302
Silver Spring, Maryland 20902
240-777-6870
Updated as of 12/2/2015

RISING STAR MIDDLE SCHOOL BASKETBALL LEAGUE RULES

I. PLAYER ELIGIBILITY

- A player may not appear to be on more than (1) one Rising Star roster in a particular league (grade level).
- There shall be a minimum of eight (8) players on each team roster and a maximum of fifteen (15).
- Divisions are based on grade level. A player may not be more than one (1) year older than the appropriate age for that grade level (ex. 5th grade – 11 year old; 6th grade – 12 year old; 7th grade – 13; 8th grade – 14). Ages are based at the start of the school year (September 1st). Players in 3rd grade and below are prohibited from participating in league play.
- The team manager shall submit to the League Office before the first scheduled game the official roster with all the players on his/her team. Changes, additions, or deletions can be made prior to the third scheduled game in writing to the League Office on the roster addition/deletion form. It is the Manager's/Coach responsibility to make sure that all rosters and changes have been received in the Sports Office.
- Each player on the official roster must have an Individual Player Registration Form and Standards for Spectator Behavior completed, signed by his/her parent, and submitted to the League Office before participating in a league game.
- A player shall participate in a minimum of five (5) league games to be eligible to play in the playoffs during the winter league only. A player who has not participated in the minimum number of games because of an injury shall be eligible to play in the playoffs upon approval of the **League Director**.
- Any team using an ineligible player shall automatically forfeit all games in which the ineligible player participated. If a team uses a player under an assumed name that team shall be dropped automatically from the League. All games played and all scheduled games not played shall be forfeited to the opponents. Any player who participates under a assumed name or a coach who uses an ineligible player will automatically be suspended from all Montgomery County Recreation Department activities for a period of one (1) year from the date of the incident (**exception: A player on two Rising Star rosters**).
- A player must be officially released in writing, before he/she may play with another team, The Release Form, available from the League Director, must be submitted.
- Any coach or spectator who attempts to recruit a player currently participating on another Rising Star roster at a league game will automatically be suspended immediately for the remainder of the season including the playoff tournament. In addition, that suspended coach or spectator will be required to schedule and attend a meeting with the League Director before their reinstatement into any Montgomery County Recreation Department activities.
- Only protests regarding player eligibility will be accepted and no protest fee is necessary. The only protest must be submitted in writing to the League Office within

48 hours after the completion of the game. Proof of participation is the responsibility of the protesting team.

- Any team that drops from the League, after the schedule has been completed, or due to league violations, shall forfeit their entire franchise fee.

II. PLAYING RULES

- Unless modified by these rules, all games of the League shall be played in accordance with the current National High School Federation Basketball rules.
- Substitutions shall be unlimited. **A game may start with a minimum of 4 players.** A team must start the game at the scheduled starting time if the minimum number of players are present. (Note: Once a team has met these requirements, a team may finish the game with as few as 1 player providing said team has a chance to win the game.)
- Each team shall be allowed 6 team fouls per half before the one and one rule shall apply. One and one takes effect on the 7th team foul.
- All games shall consist of two (2) fourteen (14) minute halves. There shall be a five (5) minute rest period between the two (2) halves. **There will be three (3) 30-second timeouts that can be used at any time during the game.** The clock will stop on **all whistles.**
- The first 2 overtime periods shall be 3 minutes each. The clock will stop on **all whistles.** The third overtime shall be sudden death (exception: no sudden death for playoff tournament).
- There shall be 10-minute grace period from the scheduled starting time for the first game only. A team must start the game at the scheduled starting time if the minimum number of players are present within the 10-minute grace period. The subsequent games shall start at the schedule starting time or within 5 minutes after completion of the previous game, whichever is later.
- **DUNKING or GRASPING THE RING** is not allowed before, during, or after the game. Any player guilty of dunking/grasping ring will automatically be ejected from the game. Each team will be held responsible for replacing any backboard or rim broken or damaged by their players.
- If a team forfeits 3 games during the season due to insufficient number of players, that team may be dropped from the League. All scheduled games not played shall be forfeited to the opponents.
- **UNIFORMS:** All team players shall dress in the same color shirts with at least a six-inch number on the back (no duplicate numbers). The home team (second team listed on the schedule) shall wear their light colored jersey and the visiting team will wear their dark colored jersey. Teams must have two (2) uniform colors available at each game. Failure to have an alternate uniform color available could cause the game to be forfeited to the opposing team.
- The 5th and 6th Grade Boys League will use an intermediate ball for all games. The home team is responsible for supplying an official game ball for each league game.

III. DISCIPLINARY ACTION

- A player, manager, or coach who is ejected from a game by an official or for **dunking/grasping** the rim, shall be suspended for at least one (1) additional game (next league game played by that team). A second ejection during the season shall be an automatic suspension for a period of at least one (1) year from the date of the second incident.

- Any player, manager, or coach who approaches an official in a negative manner after the conclusion of a league game shall be suspended for at least one (1) game.
- *A spectator who is ejected from a game by an official or who approaches an official in a negative manner after the conclusion of a league game shall be suspended for at least two (2) additional games (the next league games played by that team). The suspended spectator is also required to schedule and attend a meeting with the league director before their reinstatement into any Montgomery County Recreation Department activities. In addition, the head coach who is present at the league game where the incident with the spectator occurred shall be suspended for at least one (1) game (the next league game played by that team).*
- Anyone who makes physical contact with or threatens an official shall be suspended for at least one (1) year from the date of the incident,
- Any unsportsmanlike conduct may result in barring the player(s) or the team from further participation in the League.
- Any suspension handed out can be appealed to the League Office. The appeal must be submitted in writing within 48hours after the affected individual has received the suspension letter. A hearing will be called within five working days upon receipt of the appeal in the League Office.
- A coach/manager that pulls a team off the floor for any reason: that team and coach will be suspended for the remainder of that season, plus the following year.

IV. MISCELLANEOUS

- **AWARDS** shall be as follows:
 League Champion – 15 individual awards
 Playoff Champion – 15 individual awards * Winter League only
 Playoff Runner-Up- 1 team award* Winter League only
- **INCLEMENT WEATHER POLICY:** In case of inclement weather on the day of the game, call the recorded message at 240-777-6889.
- **PLAYOFF TOURNAMENT:** A single elimination post-season playoff for all teams will be conducted during the winter league only. Ties affecting the tournament positions shall be decided as follows:
 1. Record in the division (Win = 2pts; Loss = -1pts)
 If tied, then
 2. Record of teams against each other in division competition
 If tied, then
 3. Margin of victory of teams against each other in division competition.