



Opioid Treatment RESOURCES

Montgomery County Health and Human Services

Crisis Center/STEER	240-777-4000
Access (Adult)	240-777-1770
SASCA (Youth)	240-777-1430
Narcan Training	240-777-1836

Available Services:

- Assessment
- Access to recovery services
- Recovery resources
- Family education & support



<http://towardtheheart.com/safer-use>

To Reduce Risk



- *Don't use alone*



- *Start low, go slow – test a small amount first*

- *Use one drug at a time*



- *Have an overdose plan. Carry naloxone*



- *Be aware of your health and tolerance*

- *Tolerance may be lower if you haven't used for a while*



- *Consider Treatment*

