

COMMUNITY SUPPORT SERVICES

## Creating Healthy Bonds Caregiver Support Group



### Are you taking care of a child whose parent is in jail?

Family Services, Inc.'s Creating Health Bonds Program is offering a Caregiver Support Group for individuals who are taking care of a child whose parent is currently incarcerated.

#### Topics will include:

- Breaking down the stigma of incarceration
- Impact of incarceration on children
- Coping with disruption of family relationships

When: Thursdays from 6pm to 8pm Starting Feb. 15th  
Where: 640 E Diamond Avenue Gaithersburg, MD 20877

If you are interested in participating please contact Raquel Coale  
240-672-8056 or [raquel.coale@fs-inc.org](mailto:raquel.coale@fs-inc.org).

Over 100 Years of Service



Family Services, Inc.

PART OF THE SHEPPARD PRATT HEALTH SYSTEM

640 E. Diamond Avenue  
Suite B  
Gaithersburg, MD 20877  
[www.fs-inc.org](http://www.fs-inc.org)



**FREE dinner and  
childcare will be  
provided!**