

Dear Council Members,

I would like the Council to reevaluate the policy assumption that face masks prevent the spread of COVID-19. I believe more focus on informing the public and enforcing hygiene rules are stores would be more effective in reducing the spread of COVID-19

Below are a few articles challenging this assumption.

While shopping everyone is now wearing masks, but store workers and shoppers continue to touch items and surfaces. A recent visit to Walmart, resulted in helpful store employees snatching items out of my hand, touching items that could otherwise just be scanned, shoppers touch items and returning them to shelves, failure to sanitize checkout and other surfaces.

It is well known that viruses primarily spread from surface, hand to face contact. Home made cloth and surgical masks will catch large droplets but are not designed to filter microscopic aerosol viruses droplets.

People with low levels of the COVID-19 virus stand a risk of enhancing their exposure by wearing masks.

My wife works in the neonatal intensive care unit and is required to wear a mask for 12 hours shifts. She has symptoms of hypoxia from too much CO2 and she finds herself touching her face more often to readjust her mask and get small breaks with fresh air.

The public is being given a false sense of security. Since, the virus can live for several days on surfaces, I person may be far more likely to gather viruses on the bottoms of their shoe and be effected when they pull them off.

If the County has money to burn sure by masks and pay for there production. I believe the money could be much better spent on enforcing cleaning and educational outreach on the more common modes of transmission – touch.

Concerned Citizen,

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## Humanities

CMAJ Medicine and society

### **The surgical mask is a bad fit for risk reduction**

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When I walk past my waiting room, I see people wearing surgical masks. This scene becomes surreal when my patients are watching pandemic disaster movies on the wall-mounted television screen, movies that feature frightened crowds who wear similar masks in the vain hope of protection. As my eyes move from mask-wearing patients to screaming on-screen characters and back, I wonder: What is happening here?

As represented by our cinema and other media, Western society expects too much of masks. In the public's mind, the still-legitimate use of masks or source control has gone off-label; masks are thought to prevent infection. From here, another problem arises: because surgical masks are thought to protect against infection in the community setting, people wearing masks for legitimate purposes (those who have a cough in a hospital, say) form part of the larger misperception and act to reinforce it. Even this proper use of surgical masks is incorporated into a larger improper use in the era of pandemic fear, especially in Asia, where such fear is high. <sup>1</sup> The widespread misconception about the use of surgical masks — that wearing a mask protects against the transmission of virus — is a problem of the kind theorized by German sociologist Ulrich Beck.

The surgical mask communicates risk. For most, risk is perceived as the potential loss of something of value, but there is another side to risk, memorably formulated by Beck in his *Risk Society*. <sup>2</sup> Beck states that risk society is “a systematic way of dealing with hazards and insecurities induced and introduced by modernisation itself.” <sup>2</sup> For Beck, risk occurs not only in the form of threat and possible loss, but also in society's organized management and response to these risks, which create a forwarding of present risk into the future. Furthermore, Beck writes of the “symptoms and symbols of risks” that combine in populations to create a “cosmetics of risk.” He suggests that people living in the present moment conceive of risk in terms of the physical tools used to mitigate risk while still “maintaining the source of the filth.” Beck critiques the cosmetics of risk as measures that are not preventive but rather act as a “symbolic industry and policy of eliminating the increase in risks.” I propose that the surgical mask is a symbol that protects from the perception of risk by offering nonprotection to the public while causing behaviours that project risk into the future.

Histories of the surgical mask offer some clues about our contemporary risk profile, a profile that is, according to the nature of risk, future-oriented.

The birth of the mask came from the realization that surgical wounds need protection from the droplets released in the breath of surgeons. <sup>3,4</sup> The technology was applied outside the operating room in an effort to control the spread of infectious epidemics. In the 1919 influenza pandemic, masks were available and were dispensed to populations, but they had no impact on the epidemic curve. <sup>3</sup> At the

time, it was unknown that the influenza organism is nanoscopic and can theoretically penetrate the surgical mask barrier. As recently as 2010, the US National Academy of Sciences declared that, in the community setting, “face masks are not designed or certified to protect the wearer from exposure to respiratory hazards.”<sup>5</sup> A number of studies have shown the inefficacy of the surgical mask in household settings to prevent transmission of the influenza virus,<sup>6,7</sup> but Smith and colleagues,<sup>8</sup> in a recently published meta-analysis, concluded that the surgical mask was noninferior to the N95 mask in terms of influenza transmission rates among health care workers. So ... health care workers should wear masks to prevent transmission for reasons other than source control, but the public shouldn't? This conflict creates an optics problem. When risk is perceived, readiness and protection for all those at risk becomes a goal, which thereby creates a constant state of preparedness in the universally vulnerable. Remember the sinister-looking beaked plague mask from the Middle Ages that instilled fear in onlookers?

Wearing a mask reinforces fear. The cosmesis provided by the mask creates more risk of an affective kind.

An affective problem occurs in the present through anticipation of an unknowable, but somehow threatening, future. Beck suggests that the cosmetic symbols are themselves manifestations of risk that bear their own risks. The same mask donned in the present for the common cold at a local clinic forms part of the cosmetic framework of future pandemic risk management. The future pandemic is perceived in the present, but its materiality is not just in our minds, it is literally substantiated by the mask.

Thus we have the means for a self-perpetuating system: the mask symbolically protects against infection just as it represents fear of that infection.

This fear surfaces in public policy.

In an annex to the Canadian pandemic influenza preparedness plan covering public health measures,<sup>9</sup> the Public Health Agency of Canada (PHAC) does not recommend the use of masks by well individuals in pandemic situations, acknowledging that the mask has not been shown to be effective in such circumstances. However, this stance is complicated by the PHAC's supporting reasons, which relate to problems of supply, cost, distribution and feasibility: panic might occur if the availability of masks were limited; public purchase of masks might limit the availability of masks in health care settings where they are required; and not all members of the public can afford to purchase masks — if masks are recommended by public health authorities, there could be an expectation that they will be publicly funded and made available by public health programs.

The dimension of supply constitutes tacit acknowledgement that people expect masks to be available in pandemic situations. And they do, if the evidence of popular cinema can be believed. Western society has already emerged into a present reality in which citizens are conditioned to want masks on the basis of media representations of pandemics. The same annex on public health measures refers to the “false sense of security” that a mask can psychologically provide,<sup>9</sup> but the converse is the real risk posed to a government unable to mollify its population.

The PHAC has warned that “Just as we do not know when the next pandemic will strike, we cannot predict how severe it will be.”<sup>10</sup> The pandemic preparedness plan operates in the present, however,

with much evidence of the Canadian government's ongoing preparation, including the release of an updated version of the pandemic influenza preparedness plan in December 2015. Such a future-oriented plan mines anxiety in the present.

We act out our collective anxiety about pandemics by wearing masks even when there isn't a pandemic, but wearing masks reinforces the idea of a possible future of pandemic. The problem of affect in political terms is a contagious one: fear spreads among the public, leading to intensification of risk management — the classic example being 9/11 and the war on terrorism.

Fear of infective risk spreading communicably becomes an ironic pun.

Pandemics occurred in 1918, 1957, 1968, 2003 and 2009. Thus, the conversation changes from if the next pandemic will occur to when the next pandemic will occur. Because we are currently “between pandemics,” our existence is book-ended by the realized threats of the past and the reasonable threats of the future — to our detriment, with this detriment masked by the surgical mask itself.

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## **Wearing a face mask could put you at greater risk for coronavirus. Here's why**

[By Don Sweeney](#)

Read more here:

<https://www.sacbee.com/news/nation-world/national/article240780786.html#storylink=cpy>

**Update (April 5):** The U.S. Centers for Disease Control and Prevention has now recommended that people wear face masks in public, McClatchy News reports.

Health officials say it's not because surgical masks are any more effective at protecting people from viruses — they're not — but because wearing masks could help prevent infectious people who are asymptomatic from unintentionally spreading the COVID-19 virus.

The World Health Organization has not changed its position, which says masks are not needed in public for those who don't already have coronavirus.

*(The original story is below with additional updates.)*

Read more here:

<https://www.sacbee.com/news/nation-world/national/article240780786.html#storylink=cpy>

As coronavirus fears mount in the United States, experts warn that face masks won't help most people avoid the virus — and they may actually increase the risk of getting it.

“The average healthy person does not need to have a mask, and they [shouldn't be wearing masks](#),” says Dr. Eli Perencevich, a professor of medicine and epidemiology at the University of Iowa's College of Medicine, according to Forbes.

“There's no evidence that wearing masks on healthy people will protect them,” Perencevich said, the publication reported. “They wear them incorrectly, and they can increase the risk of infection because they're touching their face more often.”

More than 1.2 million cases of the [COVID-19 virus](#) have been confirmed worldwide with more than 65,000 deaths as of April 5, according to Johns Hopkins University. The United States has more than 312,000 confirmed cases with more than 8,500 deaths.

Coughing or sneezing can [transmit the virus](#), as can touching infected surfaces, the U.S. Centers for Disease Control and Prevention says.

Concern about coronavirus spreading in the U.S. has caused [face mask prices](#) to spike on Amazon, prompting warnings against price-gouging, McClatchy News previously reported.

3M is [ramping up production](#) of the N95 respirator mask, considered the most effective at curbing the spread of coronavirus, CNBC reports. The U.S. has a stockpile of about 30 million N95 respirators but up to 300 million may be needed.

U.S. Surgeon General Jerome M. Adams pleaded with people to [quit stocking up](#) on face masks in a post to Twitter.

“Seriously people- STOP BUYING MASKS!” he wrote. “They are NOT effective in preventing general public from catching #Coronavirus, but if healthcare providers can't get them to care for sick patients, it puts them and our communities at risk!”

Seriously people- STOP BUYING MASKS!

They are NOT effective in preventing general public from catching [#Coronavirus](#), but if healthcare providers can't get them to care for sick patients, it puts them and our communities at risk!

<https://t.co/UxZRwxxKL9>

— U.S. Surgeon General (@Surgeon\_General) [February 29, 2020](#)

Standard surgical masks — the kind most people are buying and wearing — don't help because coronavirus spreads in droplets, which surgical masks do not block, Forbes reports. In fact, surgical masks can trap droplets containing the virus inside, increasing your risk rather than reducing it.

They should only be worn by people who already have the virus to help prevent spreading it to others, Perencevich said, according to the publication.

N95 respirator masks can help keep droplets containing coronavirus or other viruses out, but only if worn correctly, Forbes reported.

“Wearing a mask is tricky because it can create a false sense of security,” Perencevich said, according to the publication. “If you don’t wash your hands before you take off the mask and after you take off your mask, you could increase your risk.”

And fiddling with the mask may cause you to touch your face more often, also increasing your risk, Forbes reported. Improperly disposed surgical or respirator masks also can risk spreading coronavirus.

The [CDC instead suggests](#) avoiding close contact with people who are sick, avoiding touching your eyes, nose, and mouth, staying home when you are sick, covering your cough or sneeze with a tissue and cleaning and disinfecting frequently touched objects and surfaces using a regular household cleaning spray or wipe.

The agency also advises washing your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

Read more here:

<https://www.sacbee.com/news/nation-world/national/article240780786.html#storylink=cpy>

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