Written testimony: Jennifer Santa de Valdez

My name is Jennifer Santana de Valdez, I have been residing in District 20 in Montgomery County for the last 7 years. Today, I want to share my opinion about "MENTAL HEALTH". There is a need to invest more money from the budget in programs to help people with anxiety. Anxiety is a problem that many people are facing nowadays. We want people with healthy minds and that the higher rates of death decrease. I am bringing this topic because my niece has tried to commit suicide and that it s very hard. Please consider this as your priority.