

To Whom It May Concern:

April 7, 2026

American Diversity Group's free outpatient primary & specialty healthcare through their Calverton Free Clinic @Aastha should get continued County Support. They have done an incredible job over the last 6+ years in providing a valuable community service by providing primary care services and thus preventing unneeded emergency visits. This facility serves undocumented, economically challenged, and refugee population without asking for their ID. They have provided transportation to some of the population to bus them to the Clinic from their homes and back. The Clinic is open over the weekend for 8 hours. The staff consists of paid professional medical team of Physicians, Nursing Practitioners, and schedulers, and a host of volunteers from the community including youth from the 501 (c)(3) humanitarian nonprofit Sewa International USA .

They also run once a week Senior Coffee Club for the elderly, free of charge providing succour to lonely souls. Their food program since May 2020 funded via the public and the County, has served thousands of families (multiple counted) with millions of lbs of fresh produce, milk, eggs, and dry groceries distributed weekly.

Having been the erstwhile volunteer President of Sewa International USA serving for 12 years and currently a volunteer of Sewa myself, I have closely worked with ADG and provided volunteers as well as personally volunteered with ADG through this and other programs.

This incredible organization is worthy of continued support from the County which gets 2-3x the bang for the invested buck due to volunteers who work tirelessly and public donations.

I am a resident of Montgomery County, MD.

VAYU BACKGROUND

[VaYU](#) is a 501(c)(3) nonprofit graduate research and teaching university with online MS (Yoga) and Ph.D. (Yoga) programs licensed by the State of California. Our MS (Yoga) program is accredited by the International Association of Yoga Therapists ([IAYT](#)). Since Fall 2020 VaYU has attracted students from diverse professions, ages, from 5 continents and 8 countries, and graduated 34 students in MS(Yoga).

Sincerely



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President, VaYU