

**Health and Wellness Committee
Montgomery County Commission on Aging
October 1, 2024
9:30-11:00 AM**

Zoom Link:

<https://us06web.zoom.us/j/87647738488?pwd=LkQhivGiitONZlw0Xz24vPGCty33CF.1>

Meeting ID: 876 4773 8488

Passcode: 888209

Agenda

1. Welcome/Introductions
2. Approval of meeting notes
3. Update on Mental Health Resources Fact Sheet
 - Marsha Weber and Rev Vikram
4. Updating existing H&W Fact Sheets
 - Current Status/Next Steps
5. Further Discussion of new topics for H&W committee work for coming year
 - Workforce challenges and recommendations from task force report
 - Promoting preventative care programs
 - Adult Social Day Care versus Adult Medical Day Care
6. Adjourn

Next Meeting: November 5, 2024, 9:30-11:00 AM