

**Health and Wellness Committee  
Montgomery County Commission on Aging  
January 7, 2025  
9:30-11:00 AM**

**Zoom Link:**

<https://us06web.zoom.us/j/87688595357?pwd=cUqRGuajdbjCLSHb4rVOozcDNL63Xo.1>

**Agenda**

1. Welcome/Introductions
2. Approval of meeting notes
3. Steps to Take When Losing a Spouse Fact Sheet
  - Marcia Pruzan
4. Howard Gleckman-Special speaker-:" Likely Landscape for Care & Caregiving in 2025 and Beyond"
5. Wrap-up of remaining topics from 2024, updates as needed.
  
6. Adjourn

Next Meeting: February 4, 2025, 9:30-11:00 AM