



## Montgomery County's Spring Forum

# JOURNEY TO RECOVERY:

## PATHWAYS TO HEALING FROM MENTAL HEALTH AND/OR SUBSTANCE USE DISORDERS

Thursday, May 9, 2024  
6-8PM EST on Zoom

### For Parents, Providers & The Community

- Presentations on various pathways to recovery across the lifespan and how to navigate them
- Panel Discussion with Questions and Answers
- Resources for Services

### For Youth Attendees

Attend a concurrent session for youth, led by student Youth Ambassadors, to:

- Explore various pathways to recovery from mental health and/or substance use disorders and how to find them.
- Learn how to support others who are in recovery.
- Find out about the 5 steps of BTheOne.
- Understand how to amplify youth voices.
- Get resources for recovery.

Participate in a Panel Discussion with Questions and Answers.

#### \*SSL Hours for Attending

Must attend the full two hours and provide parent/guardian consent, student ID, grade, and school name to get the SSL hours.

To register, use the QR Code or click on the link below.



<https://bit.ly/2024MCSpringForum>

For ADA accessibility or interpretation needs, please email [diane.lininger@montgomerycountymd.gov](mailto:diane.lininger@montgomerycountymd.gov) by May 2nd.

The 2024 Spring Forum is sponsored by the Alcohol and Other Drug Addiction Advisory Council, the Mental Health Advisory Committee, and the Citizens Review Panel for Children.

### Scheduled Speakers:

#### **Greg and Shannon Hill**

Persons with lived experience

#### **Dr. Marc Fishman, MD**

Medical Doctor, Maryland Treatment Centers; Associate Professor, Johns Hopkins University School of Medicine

#### **Stephanie Svec, LCPC**

Director, Integrated Behavioral Health and Recovery Services, Affiliated Santé Group