

Commission on Children and Youth

Full Commission Meeting (Hosted via Microsoft Teams)

Wednesday, September 10, 2025 • 6:30–8:30 PM

Link to Join Microsoft Teams Meeting: https://teams.microsoft.com/l/meetup-join/19%3ameeting_ODZiMzcwZWUtZjc5OS00MTY1LWI5ZDEtNmI1NmYyMDQ1OWRI%40thread.v2/0?content=%7b%22id%22%3a%226e01b1f9-b1e5-4073-ac97-778069a0ad64%22%2c%22oid%22%3a%2231a8e9b4-fbce-4022-baca-3018431a3ac7%22%7d

Call-in (audio only): [+1 443-692-5768](tel:+14436925768) **Phone conference ID:** 965 196 1#

Conference ID: 247 979 395 648 **Passcode:** BwXf9F

Before the meeting:

Please read this article to help ground our conversation BEFORE the meeting:

<https://developingchild.harvard.edu/wp-content/uploads/2024/10/The-Science-of-Resilience2.pdf>

6:30 PM - Call to Order (5 min)

- Chair calls the meeting to order
- Roll Call to confirm quorum
 - **Commissioners:** please unmute to answer roll call
 - **Guests:** please remain muted until recognized

6:35 PM — Approval of Minutes (2 min)

- Review and vote to approve the previous meeting's minutes (sent electronically)

6:37 PM - Welcome to the New Commission Year (5 min)

- Chair's opening remarks and year-ahead overview

6:42 PM - Framing the Year: Visit from the Chief Administrative Officer (30 min)

Guest: Rich Madaleno, Chief Administrative Officer, Montgomery County

Requested focus:

- Structure and functions of County government
- Key components most relevant to CCY's work
- Council committees CCY should track
- Best timing and framing for CCY recommendations
- Reflections to support this year's focus on youth resiliency

7:12 PM - Q&A with the CAO (18 min)

- Commissioners' questions (prioritize clarifying items and near-term opportunities)

7:30 PM - Brainstorm - "What does resiliency mean to us?" (30-40 min)

- What could "resiliency" mean to our Commission?
- Please review the "Meeting Brief"

8:00 PM - Next Steps & Assignments (5-10 min)

- Convert brainstorm themes into a draft learning calendar (Oct–Dec)
- Identify liaisons to engage County staff/community partners on priority topics
- Confirm any follow-ups for the CAO's office

8:10 PM - Reintroduction of Members! (10 min)

- Reintroduction of our members - Your name, your background, what do you do from 9-5pm, what are your passions, how was the summer

8:20 PM - Administrative Wrap (5-10 min)

- Meeting recap, key dates, and action item owners

8:30 PM - Adjournment

- Anyone reading this - please remind Michael to say he has to formally adjourn the meeting. He may forget :p.

Meeting Brief

Building Youth Resilience in Montgomery County

This and the materials I gathered are only to help us start the conversation of where our topic might take us. None of this is where we need to take the conversation.

Why Resilience Matters

Youth resilience, the ability to adapt and thrive despite adversity, is a proven protective factor against mental health issues, substance misuse, and school disengagement. Local governments can strengthen resilience by ensuring supportive relationships, safe environments, and equitable access to opportunity.

Evidence-Based Frameworks

- [Positive Youth Development \(PYD\)](#): Strengths-based approach adopted by HHS; aligns well with county agencies and CBOs.
- [Developmental Assets & Relationships \(Search Institute\)](#): 40 measurable assets linked to thriving youth; practical for schools, libraries, and parks.
- [SAMHSA's Strategic Prevention Framework](#): 5-step planning model (assessment → evaluation) used in many county coalitions.
- [CDC School Connectedness](#): Feeling “close to people at school” is one of the strongest protective factors.

Proven Programs & Models

- [Communities That Care \(CTC\)](#): Community coalition model with RCT evidence reducing substance use and violence.
- [Restorative Practices in Schools](#): Pittsburgh trial showed fewer suspensions and better climate.
- Local examples: [Alexandria Program](#)

Tools for Local Governments

- [National League of Cities – Youth Master Plan Toolkit](#): Roadmap for cross-departmental youth planning.
- [NLC/Cities of Opportunity & Health/Well-Being Guides](#): Practical guidance for cross-department collaboration and message frameworks to move budgets toward well-being.
- [Mayor's Guide to Supporting K-12 Education \(2025\)](#): Menu of municipal actions on mental health, OST, and equity.
- [The U.S. Surgeon General's Advisory on Protecting Youth Mental Health \(2021\)](#): provides a national call to action for policymakers and communities, outlining specific steps local governments can

take to address the youth mental health crisis through prevention, early intervention, and system-wide supports.