

HEALTH AND WELLNESS COMMITTEE OF THE COA

Meeting Notes

June 7, 2016

9-10:30am

7300 Calhoun Place, Room 6C, Rockville, MD

In Attendance: David Denton, Judy Levy, Hileia Seeger, Mary Petrizzo, Judy Peres, Tammy Duell, Mona Negm

Guests: Marsha Weber, Bozena Skraban, Dr. Alan Kaplan and Sarah Gotbaum

Staff: Tina Purser Langley, Lylie Fisher and Erin Smith

Topic	Discussion Points	Decisions/follow-up
1. Welcome and Introductions	1. Group introduction and welcome to new CoA members – Mary Petrizzo, Hileia Seeger and Judy Peres.	1. Committee had a good turnout with three new CoA commissioners present and guest support. H&W will continue to recruit new members and guests who can be of service to us during the remainder of this year and into 2017.
2. Review and approval of minutes from May 3, 2016 meeting.	2. There was one correction to the May 3, 2016 meeting minutes. Dr. Alan Kaplan was inadvertently listed under Guests as, “Dr. Albert Kaplan.”	2. Minutes accepted with correction noted on Dr. Alan Kaplan’s first name.
3. Fall Stakeholder Meeting	3. David suggested that the H&W committee will be supporting and assisting with the Stakeholder meeting scheduled to take place in October. The Stakeholder meeting theme and agenda will be aligned with the County commitment to becoming age-friendly, a community for a lifetime.	3. David will follow-up on the date of the Stakeholder meeting and report back.
4. Oral Health Study		
5. Dental Feedback from H&W Participants	4. Mary and Tammy are co-chairing the summer study on Oral Health/Dental Services. Mary talked about the meetings and informed the group of the tentative dates, times and topics: June 29 th 10am-12Noon: resources/building awareness	4. Tammy confirmed the dates and noted that the first and last summer study meetings will be held at the Rockville Library at Town Square. The second meeting will be held at Bohrer Park Activity Center, 506 S. Frederick Ave. Gaithersburg, Maryland 20887-2325 CoA commissioners have already signed up to
6. Dental Health Barriers Discussion		

<p>7. Wrap Up</p>	<p>July 20th 10am-12Noon: enhancing and expanding dental services for underserved and uninsured August 17th 10am-12Noon: action plan agreement on top 3 recommendations.</p> <p>5. Dr. Kaplan from the Commission on Health talked about the 2016-2017 annual county budget of \$230K and the fact there are limited dental clinics. They previously explored expanding dental services and discovered that finding dentists to volunteer was difficult due to the cost and access to equipment, the time commitment for volunteer dentists, and the barriers for retired dentists to volunteer. Mona noted that she has spoken with a dentist who wants to start a foundation to offer free or low-cost dental work.</p> <p>6. Group discussed overall barriers to accessing dentists and making oral treatment and preventative care a higher priority, even for those who can afford it and have dental insurance. The need for general community education on the importance of oral health, as well as access to affordable dentists emerged as a topic that should be addressed during the summer study.</p> <p>7. Committee explored if they needed to do any prep for the meetings but it was agreed they did not. CoA Commissioners were encouraged to take part in the summer study. Lylie Fischer talked about the success of the summer study that resulted in action items benefitting family caregivers needs and interests.</p>	<p>participate. Tammy, Mary, and Tina are confirming guests who will also be participating and guest speakers.</p> <p>5. Explore whether the new county VA clinic will offer dental services.</p> <p>6. Potential pre and post survey at senior centers to identify barriers to going to the dentist. Data search needed to identify barriers and potential relationship between avoiding dental visits and hospitalizations or ED visits.</p> <p>7. Tammy and Mary to send out info on the summer study sessions. David and others to explore the H&W committee’s role in the Stakeholder meeting once date is confirmed. Commitment to a 5-page action plan with no more than 3-5 recommendations.</p>
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