

Health and Welfare Committee Meeting Notes

October 1, 2024 , at 9:30 a.m.

Virtually Via Zoom

Attending COA Board Members and Alumni: Laurie Pross, Barbara Selter, Virginia Cain, Linda Bergofsky, Wayne Berman

Attending COA Alumni: Marcia Pruzan, Marsha Weber, Rev Vikram

Attending County Staff: Tina Purser-Langley

Welcome	Action items Responsible Party
Approval of Minutes <ul style="list-style-type: none">Minutes approved - motion by Linda Bergofsky, seconded by Wayne Berman	
Status of Mental Health Fact Sheet <ul style="list-style-type: none">Mental Health Fact Sheet – first draft by Marsha Weber and Rev VikramMarsha and Rev wanted the fact sheet to be easy to understand, and to emphasize that mental health issues can happen to anyoneMarsha and Rev wanted to address who, what, when, why about mental health issuesThe draft Fact Sheet was put up on the screen and the group made several changes to the document, which will be “wordsmithed” by Marsha and Rev	<ul style="list-style-type: none">Marsha Weber and Rev Vikram will make changes requested by the group and wordsmith the documentTina Purser-Langley will get resources ready for the back of the flyerMarcia Pruzan will provide the final editing of the Mental Health Fact Sheet
Updating Existing Fact Sheets <ul style="list-style-type: none">Hearing Fact Sheet – David Engel has not had a chance to work on this, but Tina and Betsy will arrange to get together with the AccessHEARS staff to get information to update this Fact SheetSocial Isolation Fact Sheet – David Engel has not had a chance to work on this. Linda Bergofsky reviewed it and sent comments. Laurie Pross and David will review Linda’s commentsMarcia Pruzan brought up that there needs to be an addition to the Transitions Document. A Fact Sheet on Loss of a Partner or Spouse is needed and Marcia will start to work on it	<ul style="list-style-type: none">Hearing Fact Sheet to be updated by Tina Purser-Langley and BetsySocial Isolation Fact Sheet will be updated by Laurie Pross, Linda Bergofsky, and David EngelLoss of a Partner or Spouse will be developed by Marcia Pruzan with the help of COA Alumni
Discussion of Next Topic for H&W Committee <ul style="list-style-type: none">Workforce Task Force – can the COA help with achieving any of the recommendations – we will invite Dr. McGhee to speak at the next COA meeting to discuss the current status of these recommendations and focus on what the COA can	<ul style="list-style-type: none">Barbara Selter and Virginia Cain to invite Dr. McGhee to speak at next H&W meeting

<p>do to encourage the implementation of the recommendations</p> <ul style="list-style-type: none">• Promoting Preventive Care and Wellness – we discussed whether a Fact Sheet would be helpful. The group decided that we need a marketing person to help promote programs that County already has – little interest in going forward with this topic• Social Day Care versus Medical Day Care – we discussed the funding necessary to address this and whether it would come from the County or Medicare/Medicaid – no resolution on how to proceed.	<ul style="list-style-type: none">• H&W Committee to work on Preventive Care and Wellness Fact Sheet in future meetings
<p>Adjourn:</p>	<ul style="list-style-type: none">• Laurie Pross: Made motion to adjourn• Motion seconded