

Montgomery County Department of Health and Human Services

COVID-19 Guidance for Program Staff Doing Home Visits

The following guidance is in effect until further notice and is based on the most current Centers for Disease Control and Prevention (CDC) recommendations for the prevention of the spread of the novel coronavirus disease of 2019 (COVID-19) and the management of persons suspected of having COVID-19. Specific additional guidance for Homeless Services is documented below. Please review this information with your program's leadership and staff and make any necessary adjustments to your program practice and protocols. This guidance is not intended to address every potential scenario that may arise as this event evolves.

Visitation Guidance for Homeless Services

Montgomery County Homeless Continuum of Care is committed to keeping staff safe and ensuring the health and safety of all people experiencing homelessness and in permanent housing programs. Many of these individuals and families in the community are vulnerable and may be at a higher risk of experiencing complications due to COVID-19. This does not mean that they are more likely to have or spread the virus. Staff should practice situational awareness, social distancing and appropriate hygiene as they visit a home.

A. Guidance for making a scheduled visit with a homeless individual or family:

All programs must triage the needs of the people being served on a regular basis. We understand that due to staff shortage and other limitations, most programs will not be able to continue at the same level of support. If this is the case, prioritize face to face visits with those households with the highest acuity of needs and most vulnerability. **Visits should be brief and focused on an assessment of their wellbeing and living conditions.** Other services like goal planning, budgeting, and other case management then be completed over the telephone. If face to face visits are not possible, attempt to meet with the individual or family via Skype, Facetime or another online video chat format. Telephonic communication is acceptable for households with lower acuity and an ability to address their basic needs independently. If the individual or family does not have a phone, you should get one for them.

If programs are unable to reach participants by phone or video chat, other efforts must be made to ensure the safety of well-being of the household. This could include contacting the property manager, neighbor, other service provider or family member to confirm that someone has spoken to or seen the program participant. If no one has seen the person, a home visit should be made.

When preparing or scheduling appointments for home visits, please follow this simple two-step process.

1. **Ask how the potentially ill person is feeling.** COVID-19 is characterized by symptoms including fever of greater than 100.4 degrees Fahrenheit (99.6 degrees Fahrenheit in individuals over the age of 60) and additional symptoms such as coughing, shortness of breath or trouble breathing.

AND

2. **Ask about any contact with an individual under quarantine in the last 14 days.** If the individual has been in contact with an individual under quarantine and are experiencing symptoms of respiratory illness, they may have COVID-19.

If both criteria are met, the person asking the questions should:

- A. Ask the individual to remain at home and contact their healthcare provider for instructions and guidance on possible testing for COVID-19.

- B. Encourage the sick individual to self-isolate at home until they are without fever and other COVID-19 symptoms for 72 hours -OR- they have been cleared by their doctor by a lab test.

If they aren't feeling well and are not sure if they have come into contact with an individual under quarantine in the past 14 days, suggest rescheduling their appointment and recommend they consult with their healthcare provider.

If you must meet with a sick individual, give the client a mask, ask them to put it on and move to a place where you can maintain a distance of 6 feet. And, avoid touching surfaces, door handles, and other "high touch" areas. When closer proximity to the individual is required, ask the client to turn their head away from you and place a mask on yourself as well. All attempts must be made to not meet directly with sick individuals.

SPECIAL CONSIDERATIONS FOR WORKING WITH HOMELESS CLIENTS

Transporting program participants

Try to minimize transporting clients in cars. Staff should not transport anyone exhibiting signs of illness including but not limited to cough, runny nose, sore throat, or fever. If the person needs transportation to a medical facility call Metro Access or call for an ambulance if the symptoms are severe.

Keeping people informed

Make sure people have accurate information about the virus. For some, this could cause additional fear and anxiety, so our goal is to minimize the impact. Share information about everyday disease prevention and the impact of COVID-19 on us locally. Click [here](#) for the latest information and videos from Montgomery County Health and Human Services. For some, videos may be more helpful than written documents.

Verifying basic needs are met

Check to see if participants have an adequate supply of food, medication, and hand soap. Soap may not be a top priority for some, so we encourage providers to supply this to participants. Many of the stores are struggling to keep the shelves stocked, so people on a fixed income and limited access to transportation may have a hard time finding basic necessities. Reach out to food pantries and other charitable organizations for assistance.

Staying connected

Make sure every household has a cell phone or landline. If we are unable to conduct home visits, we need a way to connect with people. Ask if there is a neighbor or family member that cares about them and can check on them. Many of the folks we serve struggle with social isolation and loneliness, so we need to be mindful of how we can stay in touch.

Do they have things in the home to keep them entertained like a radio, tv, books, etc?

Montgomery County Hotline: 301-738-2255 Phone/text/chat

National Suicide Prevention Lifeline: 1-800-273-8255 (EveryMind answers this line locally as well)

Homeless Information Line: 240-907-2688

Paying the rent

Households with income from employment may be experiencing a loss of income due to hours being cut, illness, school closures and other economic impacts. Consider reaching out to landlords if a delay in rent payment is anticipated. Let your contract monitor know if you expect the rent shortage to be significant. Montgomery County has issued a stay on any evictions for the next two weeks and utility companies have a moratorium on shutoffs and late fees. Share this information with households and help them plan. **Permanent housing programs must work with households and landlords to maintain lease compliance and no program termination will be approved without contract monitor collaboration.**