



## DEPARTMENT OF HEALTH AND HUMAN SERVICES

On March 5, Maryland Governor Larry Hogan declared a state of emergency in response to COVID-19. COVID-19 is a disease caused by a respiratory virus first identified in Wuhan, China in December 2019. COVID-19 is a new virus that has not caused illness in humans before. Worldwide, COVID-19 has resulted in thousands of human infections, causing illness and in some cases death. Cases have spread throughout the world, with more cases reported daily.

Montgomery County Department of Health and Human Services in partnership with the Maryland Department of Health and the federal Center for Disease Control and Prevention (CDC) have issued specific guidance for emergency shelters in an effort to stop or slow the spread of coronavirus.

Anyone who is entering emergency shelter for the first time or has left the building for more than 24 hours, will be required to “quarantine” for 14 days. Anyone reporting or displaying symptoms of COVID-19 will be required to “isolate” until they are no longer sick.

Quarantine is a term used to describe the space designated for people with possible exposure to COVID-19.

Isolation is a term used to describe the space designated for people who are sick and need to be separated from others.

**You have been assessed as needing to quarantine or isolate. You are required to follow the expectations listed below. Failure to do so may lead to termination from emergency shelter.**

### Quarantine Expectations

1. I will stay in the shelter except to get medical care or to go to work because I have been designated as an essential employee.
2. I will always wear a facial covering except when eating or sleeping.
3. I will only leave the designated quarantine area to use the restroom. I will use the designated bathroom for people in quarantine.
4. I will take my meals in the designated quarantine area.
5. I will report any COVID-19 symptoms to staff immediately.
6. I will cover my mouth and nose with a tissue when I cough or sneeze, or I will cough or sneeze into my sleeve. I will throw used tissues in a lined trash can, and immediately wash my hands with soap and water for at least 20 seconds.
7. I will wash my hands often and thoroughly with soap and water for at least 20 seconds. I will use an alcohol-based hand sanitizer if soap and water are not available and if my hands are not visibly dirty. I will avoid touching my eyes, nose, and mouth with unwashed hands.

**Isolation Expectations**

1. I will stay in the shelter except to get medical care.
2. I will always wear a facial covering except when eating or sleeping.
3. I will only leave the designated isolation area to use the restroom. I will use the designated bathroom for people in isolation.
4. I will take my meals in the designated isolation area.
5. I will report any COVID-19 symptoms to staff immediately.
6. I will cover my mouth and nose with a tissue when I cough or sneeze, or I will cough or sneeze into my sleeve. I will throw used tissues in a lined trash can, and immediately wash my hands with soap and water for at least 20 seconds.
7. I will wash my hands often and thoroughly with soap and water for at least 20 seconds. I will use an alcohol-based hand sanitizer if soap and water are not available and if my hands are not visibly dirty. I will avoid touching my eyes, nose, and mouth with unwashed hands.

**I have carefully reviewed this Agreement and understand each of its terms.**

**I understand that Services to End and Prevent Homelessness within the Montgomery County Department of Health and Human Services may terminate my stay in emergency shelter if I fail to comply with the expectations listed above.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date