



Montgomery County COVID-19 Response Expectations for People Living in Congregate Settings

On March 5, Maryland Governor Larry Hogan declared a state of emergency in response to COVID-19. COVID-19 is a disease caused by a respiratory virus first identified in Wuhan, China in December 2019. COVID-19 is a new virus that has not caused illness in humans before. Worldwide, COVID-19 has resulted in thousands of human infections, causing illness and in some cases death. Cases have spread throughout the world, with more cases reported daily.

Montgomery County Department of Health and Human Services in partnership with the Maryland Department of Health and the federal Center for Disease Control and Prevention (CDC) have issued the following expectations for all people living in congregate settings.

Everyone must do the following:

Wash Their Hands

- Wash your hands frequently with soap and water for at least 20 seconds
- If soap is not available, use hand sanitizer by rubbing your hands together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands

Avoid Close Contact

- Avoid close contact with people who are sick.
- Stay at least six feet apart from everyone.
- If you are sick, isolate yourself from others in the building.

Wear A Facial Covering

- Face coverings should cover your mouth and nose. They must be worn at all times except when eating or sleeping.
- Face coverings protect other people from you and are not a substitute for maintaining physical distance of at least six feet.

Cover Their Cough and Sneezes

- Always cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer.

Stay Inside

- You should only leave the building for an essential job or for an essential reason, such as obtaining food or medicine, seeking urgent medical attention, or for other necessary purposes.

Be Screened for COVID-19 Symptoms

- Check your temperature daily
- Report any symptoms including cough, fever, shortness of breath, chills, muscle pain, headache, sore throat, or new loss of taste or smell to staff immediately.

Failure to follow these expectations may lead to termination or discharge from the facility/program.

I have read and agree to follow the expectations listed above.

Signature: _____

Date: _____