



Infant Daily Schedule

7:00 – 8:00 am	Welcome! Good Morning! Children arrive; teachers greet parents and interact with the babies. Sit babies in your lap and offer them rattles, chew toys, rock them and sing to them, show them toys that have lights and music, lay baby under a play gym on a thick baby safe play mat.
8:00 – 8:30 am	Play time, floor time, tummy time, play gym or snuggles and singing.
8:30 – 9:00 am	Breakfast for older babies / bottles offered to younger babies, holding, snuggling, rocking, singing or reading.
9:00 – 9:15 am	Diaper Routine.
9:15 – 9:30 am	Touch and sensory exploration activities with discovery baskets.
9:30 – 10:00 am	Outdoor time, stroller walks, easy pushes on the baby swing.
10:00 – 11:00 am	Diaper routine then nap time.
11:00 – 12:00 pm	Lunch time for older babies / bottles offered to younger babies, holding, snuggling, rocking, singing or reading.
12:00 – 2:00 pm	Diaper routine then afternoon nap.
2:00 – 3:00 pm	Diaper routine then snack for older babies/ bottles offered to younger babies, holding, snuggling, rocking, singing or reading.
3:00 – 4:00 pm	Outdoor time, stroller walks or easy pushes on the baby swing.
4:00 – 5:00 pm	Diaper routine then play time, floor time, tummy time, play gym or snuggles and singing. Greet parents and say goodbye to children.

Exhibit 23 (b)

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