



Tiffani Smithson, LCSW-C, LICSW

Tiffani Smithson, LCSW-C, LICSW/Lead Clinician – Founder of Embraced Strength Therapy Services, LLC providing services in Maryland, District of Columbia, Virginia, and South Carolina. Tiffani utilizes an integrative approach to meet clients where there are, is EMDR trained, and is currently in the process of obtaining her Certification in Perinatal Mental Health, PMH-C. Tiffani has more than 14 years of experience, including children and families, child welfare services, medical social work, and school social work, and she is an active mental health practitioner.