



**FRIENDSHIP HEIGHTS
TRANSPORTATION MANAGEMENT DISTRICT
ADVISORY COMMITTEE**

AGENDA

**Friendship Heights Transportation Management District
Advisory Committee Meeting – Teams Format
September 10, 2024**

8:30 a.m. - 10:00 a.m.

Staff Contact: Jim Carlson / (301) 318-0328
james.carlson@montgomerycountymd.gov

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|-------------|--|--|
| 8:30 | 1. Introductions/Agenda Review | Jim Carlson/All |
| | 2. Review of Meeting Minutes
January (©2) | All |
| | 3. 5500 Wisconsin Avenue Redevelopment | James A. “Jad” Donahoe, IV
Sr. Vice President
Donahoe Development Company |
| | 4. Metro Update | Corey Pitts
MCDOT-Transportation Policy and Planning Manager |
| | 5. Employer TDM Plans/Annual Reports
Summary (©5) | Jim Carlson/All |
| | 6. Marketing Outreach Update | Fernando Snellings
Shelley Monique Mann
TMD Outreach Staff |
| | 7. TMD/DOT/Other County Updates
Car Free Day – Monday, Sept. 23
https://www.montgomerycountymd.gov/dot-dir/commuter/carfreedayreg.html | Sandra Brecher
Jim Carlson |

10:00 Adjourn

Next meeting: Tuesday, Nov. 12, 2024

Information Items

Ride On Bus Service Changes – Sept. 8

Montgomery County to Offer Adult Bike and E-Scooter Classes in September, October and November

- Community engagement for the study was directed inside the 1998 sector plan boundary and included 2 open houses, pop – ups, survey questionnaire and worked with Brick & Story consulting
- The community was asked what they liked about Friendship Heights most respondents said walkability and transit was good.
- Respondents were asked to describe FH in 3 words - 40% said both positive and negative experiences
- The study schedule started July 2023 to final report by Winter 2024
- The sample size of the study consisted of a combination of responses from community outreach crossed referenced with demographics of the survey area
- The design analysis compared aerial view diagrams of activity & street patterns of Wheaton, Bethesda, Silver Spring to Friendship Heights and observed that Friendship Heights is not as integrated.

Analysis of the urban design network showed that the pedestrian network is strong with tree canopies, high visibility crosswalks however the brick paved crosswalks in some areas pose a hazard due to slippery conditions in inclement weather. Other analysis revealed:

- Walking connections to adjacent neighborhoods were not good due to high walls and hard to find open spaces like parks – nonvisible areas included the wall @ Sachs, park @ GEICO, the Sommerset trail and Western Grove
- Street activation viewed the ground level activity which was highest on Wisconsin Avenue with its plazas and storefronts, even with some empty
- Some of the design architecture was shown to be an impedance to activation such as large isolating walls at The Hills Plaza and the high-rise buildings in the area were designed for cars with driveways that interrupt walking
- Although walkability was a strong feature some felt unsafe, other pluses were access to Metro and a good transit network
- No separated bike lanes- biking not comfortable

When surveying how participants get around Friendship Heights, some did not live in the area. Results showed that walking was the most used mode inside Friendship Heights. Also reported:

- Few use rideshare to & from FH
- Open spaces analyzed how people interacted with parks in the area, who reported that although plentiful, it was hard to find greenspace - ample usage of the GEICO lawn
- Some community amenities include Whole Foods, medical offices & pharmacies and rec. center
- Most reported that they visit FH for the restaurants; however, leave for movies, music, dog parks and other entertainment.

Ms. Margolies discussed some of the lessons learned highlighted transit access, a good pedestrian network, large plazas although somewhat not activated as its positive attributes. Some of the negatives included limited recreation, safety concerns and car friendly building design impeding pedestrians.

Ms. Margolies can be contacted via email at Atara.Margolies@montgomeryplanning.org

The Q&A discussion included:

- Ideal location is measured by the equal amount of people getting on and off the Metro.

- The topic of housing and jobs was not discussed as they are considered when looking at the Sector Plan.
- Employer outreach yielded a low participation due to waiting to weigh in on the sector plan-Friendship Heights Alliance assisted.
- Responses regarding parking were low as it is not difficult to find.

Tom Quinn reported:

- Work with neighboring DC is needed for accurate responses.
- Too many cars, wide streets, lack of ped connection as FH is a segregated neighborhood – 48% within FH walk – however, some did not understand the survey question.
- The need to rethink transit to include buses.
- Need more bike racks and infrastructure-MCDOT a roadblock to building infrastructure – **Ms. Margolies** explained that his concerns are addressed in the 2025 Sector Plan, not the Study.

Also discussed:

- Friendship Heights, as a Naturally Occurring Retirement Community NORC, have senior residents with mobility issues making walking and carrying groceries difficult; combined with ample parking, the leads to increased driving although one loses the ability to drive 10 years before losing the ability to walk
- A 2-hour outreach effort at Whole Foods obtained many responses from 45 and younger commuters who make up most bike riders in the area.

Item 4 – Metro Update: **Gary Erenrich** explained that Metro has the perception as always being available, but the pending budget cuts leans toward an uncertain operating future. November Metro’s General Manager presented his proposed budget that will be placed on a docket of service cuts for public comment. The Maryland Legislator is working to find more funding. Also discussed:

- For jurisdictions to contribute more funds to Metro, each entity must contribute the same amount equally, called least common denominator funding.
- The \$350 million deficit will see a third in service cuts, route elimination, layoffs of 2,000 employees and early closings till 10p.
- No stations have been identified yet that will be closed; however, the T2 bus route will likely be eliminated even though Ride-On operates service on weekends.
- Metro’s \$17 billion construction budget over the next six years only has \$11 billion in funds which could negatively affect transportation projects in the County such as EV buses, unkept subway stations and delays in Western Garage relocation.
- Public hearings will be conducted on-line and in person in each of the jurisdictions for budget approval in April which is in time to apply for grant funding.

Mr. Erenrich explained that if Maryland contributed \$150 million more to WMATA, then further Statewide cuts to Transit will be more likely; however, Ride-On bus service is facing \$17 million in cuts, making the system unable to pick up slack for Metro’s missed routes. This will have residual effects on Metro Access possibly closing early that will hit Prince Georges County the most. DC’s 24 hr. bus routes will revert to midnight closures as well. Also reported:

- **Gov. Younk** may provide subsidy funding due to his States need for transit access particularly States staff.

Item 5 – Marketing Outreach Update: Shelly Mann reported:

- The Walk & Ride Challenge was a success with many prizes were given to participants.
- Commuter Information Day (CID) outreach at several area employer sites
- The Cool Commute Contest- participants take photos of their winter commute.
- The upcoming Employer Recognition awards

Item 6 - Updates: Sande Brecher reported:

- The Commuter Survey was conducted for the first time since the pandemic and results will be posted on website – telework counts as an alternative mode of transit.
- WMATA has eliminated the \$2 charge for Senior Smartrip Cards.

Adjourn- Next meeting: TBA

**Friendship Heights TMD
Traffic Demand Management Plan Summary
September 2024**

Code Requirements:

1. *Contact person designated to receive and distribute commuter information to employees*
2. *Information on transit and other commute alternatives distributed/ posted regularly (furnished by Commuter Services/CSS)*
3. *Facilitate CSS/TMD staff presentations and commuter information events for employees and HR/administrative staff. This could include benefits fairs and other employer-sponsored events*
4. *Guaranteed Ride Home Promotion (free regional program offering emergency rides)*
5. *Annual Commuter Survey distributed to employees (short survey of transportation– supplied by CSS/TMD)*
6. *ADA information provided (transportation services for people with disabilities)*
7. *Permanent display area for bus schedules and other transportation information*
8. *Compile information on yearly TDM activities and submit annual report*

Employer	Employees	Status	Recommend to MCDOT
Bank of America	32 FT	Meets requirements and has voluntary measures: <ul style="list-style-type: none"> • Pre-tax benefits • Telework • New hire information • Bike racks / lockers • Flexible schedules 	Yes
Washington Eye Physicians & Surgeons	62 FT 1 PT	Meets requirements and has voluntary measures: <ul style="list-style-type: none"> • Direct & pre-tax benefits • Bikeshare membership subsidy • Flexible schedules 	Yes

Press Releases - Department of Transportation

MCDOT Home » Press Releases » Release

Ride On Bus Service Changes Begin on Sunday, Sept. 8, 2024

For Immediate Release: Tuesday, September 3, 2024



The Montgomery County Department of Transportation (MCDOT) will adjust 23 Ride On bus route service schedules and add two new high-frequency limited stop extRa bus routes starting Sunday, September 8. Although service levels are staying relatively the same, the changes reflect a shift of resources to allow for more reliable service where there is higher demand. The new schedules will be available at rideonbus.com and in print.

Route changes include:

- Twenty-three (23) routes have timetable changes: 12, 13, 14, 16, 19, 20, 25, 43, 57, 58, 61, 63, 64, 66, 67, 73, 74, 75, 83, 97, 98, 100, 101
- Three routes have a slight map change: 43, 63, 66
- Two routes have slight routing changes with no map or timetable changes: 56, 301
- Two new high-frequency bus routes will be added: Ride On extRa Pink and Lime Routes.

Here are details of each route affected:

- Ride On extRa Pink Route: New high frequency limited stop service.
 - Shady Grove Metro Station and Trville Transit Center termination points

- Links the Shady Grove Road corridor with the Life Sciences Center via Shady Grove Road and Medical Center Drive.
- Runs every 10 minutes during weekday rush hours, from 6-9 a.m. and 3:30-6:30 p.m. Off peak weekday service runs every 15 minutes, runs every 30 minutes on weekends.
- Ride On extRa Lime Route: New high frequency limited stop service.
 - Shady Grove Metro Station and Traville Transit Center termination points.
 - Uses I-370 to provide an express route to Rio, Crown Farm, and the Great Seneca Life Sciences Center.
 - Runs every 15 minutes all day on weekdays, every 30 minutes on weekends.
- Route 12: Trip time adjustments for efficiency. Weekdays, Saturdays, and Sundays.
- Route 13: Trip time adjustments for efficiency. Weekdays only.
- Route 14: Trip time adjustments for efficiency. Weekdays and Saturdays only.
- Route 16: Trip time adjustments for efficiency. Weekdays, Saturdays, and Sundays.
- Route 19: Trip time adjustments for efficiency. Weekdays only.
- Route 20: Trip time adjustments for efficiency. Weekdays, Saturdays, and Sundays.
- Route 25: Trip time adjustments for efficiency. Weekdays only.
- Route 43: Trip time adjustments for efficiency and some map changes. Weekdays, Saturdays, and Sundays.
 - Service added to Gaither Road west of Shady Grove Road.
 - Service to Adventist HealthCare Shady Grove Medical Center will be provided at the new Ride On extRa Pink Route stop at Shady Grove Medical Center South.
 - No Route 43 service on Shady Grove Road between Darnestown Road and Falls Grove Boulevard.
- Route 56: Slight routing changes with no map or timetable changes. Service to Adventist HealthCare Shady Grove Medical Center will be provided at the new Ride On extRa Pink Route stop at Shady Grove Medical Center South.
- Route 57: Trip time adjustments and reduced trips for efficiency and improved on-time performance. Weekdays, Saturdays, and Sundays.
- Route 58: Trip time adjustments and reduced trips for efficiency and improved on-time performance. Sundays only.
- Route 61: Trip time adjustments and reduced trips for efficiency and improved on-time performance. Saturdays and Sundays only.
- Route 63: Trip time adjustments for efficiency and some map changes. Weekdays only.
 - Route will no longer serve Gaither Road.
 - Buses will remain on Redland Road between the Shady Grove Metro Station and Piccard Drive.
- Route 64: Trip time adjustments and reduced trips for efficiency and improved on-time performance. Saturdays and Sundays only.
- Route 66: Trip time adjustments for efficiency and some map changes. Weekdays only.
 - Service during a.m. & p.m. peak hours added to Gaither Road between Redland Boulevard and Piccard Drive, and on Piccard Drive between Gaither Road and Redland Boulevard. No midday service.
 - Service on Redland Boulevard between Gaither Road and Piccard Drive discontinued, now served by Route 63.
 - Service to Adventist HealthCare Shady Grove Medical Center will be provided at the new Ride On extRa Pink Route stop at Shady Grove Medical Center South.
- Route 67: Trip time adjustments for efficiency. Weekdays only.
- Route 73: Trip time adjustments for efficiency. Weekdays only.
- Route 74: Trip time adjustments for efficiency. Weekdays only.
- Route 75: Trip time adjustments for efficiency. Saturdays and Sundays only.
- Route 83: Trip time adjustments for efficiency. Saturdays only.
- Route 97: Trip time adjustments for efficiency. Saturdays and Sundays only.
- Route 98: Trip time adjustments for efficiency. Saturdays only.
- Route 100: Trip time adjustments for efficiency. Weekdays, Saturdays, and Sundays.
- Route 101: Trip time adjustments for efficiency. Weekdays only.
- Route 301: Slight routing changes with no map or timetable changes. Service to Adventist HealthCare Shady Grove Medical Center will be provided at the new Ride On extRa Pink Route stop at Shady Grove Medical Center South.

Ride On bus fare is only \$1 and monthly passes are \$22.50 using SmarTrip, cash, or tokens. Seniors age 65 or older, persons with disabilities and youth ages 18 and under all ride free using specialized SmarTrip cards.

The Ride On Trip Planner app is a free regional public transportation planner that will find your fastest route.

For the most up-to-date service information, riders should follow @RideOnMCT on X, Facebook, Instagram, and YouTube. In addition, information is available at rideonbus.com, by subscribing to receive email alerts, or by texting MONTGOMERY RIDEON to 468311 to receive text alerts.

For information on MCDOT programs and services visit montgomerycountymd.gov/mcdot, follow @MCDOTNow on X, Facebook and Instagram and subscribe to MCDOT's "Go Montgomery!" newsletter.

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Release ID: 24-095

Media Contact: Emily DeTitta, 240-372-2282

Para Difusión Inmediata: lunes 19 de agosto de 2024

Habr  cambios en el servicio de autobuses Ride On del Condado de Montgomery comenzando el domingo 8 de septiembre

El Departamento de Transporte del condado de Montgomery (MCDOT, por sus siglas en ingl s) ajustar  los horarios de 23 rutas de autob s Ride On y agregar  dos nuevas rutas de autob s extRa de alta frecuencia con paradas limitadas a partir del domingo 8 de septiembre. Aunque los niveles de servicio se mantienen relativamente iguales, los cambios reflejan un cambio de recursos para permitir un servicio m s confiable donde hay mayor demanda.

Los nuevos horarios estar n disponibles en rideonbus.com y en versi n impresa.

Los cambios en las rutas incluyen:

- Veintitr s (23) rutas tienen cambios de horario: 12, 13, 14, 16, 19, 20, 25, 43, 57, 58, 61, 63, 64, 66, 67, 73, 74, 75, 83, 97, 98, 100, 101
- Tres rutas tienen un ligero cambio de mapa: 43, 63, 66
- Dos rutas tienen ligeros cambios de ruta sin cambios en el mapa ni en el horario: 56, 301
- Se a adir n dos nuevas rutas de autob s de alta frecuencia.: Rutas de Ride On extRa Pink (Rosa) y Lime (Lim n).

A continuaci n se detallan las rutas con cambios o adiciones:

- Ruta Rosa de Ride On extRa: nuevo servicio de alta frecuencia con paradas limitadas.
- Puntos de terminaci n de la estaci n de Metro Shady Grove y del Centro de Tr nsito de Traville.
- Une el corredor de Shady Grove Road con el centro de ciencias biol gicas a trav s de Shady Grove Road y Medical Center Drive.
- Pasa cada 10 minutos durante las horas pico de los d as laborables, de 6 a 9 a.m. y de 3:30 a 6:30 p.m. El servicio de los d as laborables fuera de horas pico pasa cada 15 minutos y cada 30 minutos los fines de semana.
- Ruta Lim n de Ride On extRa: nuevo servicio de alta frecuencia con paradas limitadas.
- Puntos de terminaci n de la estaci n de Metro Shady Grove y del Centro de Tr nsito de Traville.
- Utiliza la I-370 para proporcionar una ruta expresa a Rio, Crown Farm y el Centro de Ciencias Biol gicas Great Seneca.
- Pasa cada 15 minutos durante todo el d a los d as laborables y cada 30 minutos los fines de semana.
- Ruta 12: Ajustes en el tiempo de viaje para lograr eficiencia. D as laborables, s bados y domingos
- Ruta 13: Ajustes en el tiempo de viaje para lograr eficiencia. D as laborables.
- Ruta 14: Ajustes en el tiempo de viaje para lograr eficiencia. D as laborables y s bados.
- Ruta 16: Ajustes en el tiempo de viaje para lograr eficiencia. D as laborables, s bados y domingos.
- Ruta 19: Ajustes en el tiempo de viaje para lograr eficiencia. D as laborables.
- Ruta 20: Ajustes en el tiempo de viaje para lograr eficiencia. D as laborables, s bados y domingos

- Ruta 25: Ajustes en el tiempo de viaje para lograr eficiencia. Días laborables.
- Ruta 43: Ajustes en el tiempo de viaje para lograr eficiencia. Días laborables, sábados y domingos.
- Se agregó servicio a Gaither Road al oeste de Shady Grove Road.
- El servicio al Adventist HealthCare, Shady Grove Medical Center, se brindará en la nueva parada de la Ruta Pink de Ride on extRa en Shady Grove Medical Center South.
- No habrá servicio de la Ruta 43 en Shady Grove Road entre Darnstown Road y Falls Grove Boulevard.
- Ruta 56: Se han producido ligeros cambios en la ruta, sin cambios en el mapa ni en el horario. El servicio al Adventist HealthCare Shady Grove Medical Center se prestará en la nueva parada de la ruta rosa Ride On extRa en Shady Grove Medical Center South.
- Ruta 57: Ajustes en los tiempos de viaje y reducción de viajes para lograr eficiencia y mejorar la puntualidad. Días laborables, sábados y domingos.
- Ruta 58: Ajustes en los tiempos de viaje y reducción de viajes para lograr eficiencia y mejorar la puntualidad. Solo domingos.
- Ruta 61: Ajustes en los tiempos de viaje y reducción de viajes para lograr eficiencia y mejorar la puntualidad. Solo sábados y domingos.
- Ruta 63: Ajustes en el tiempo de viaje para lograr eficiencia y algunos cambios en el mapa. Solo días laborables.
- La ruta ya no prestará servicio en Gaither Road.
- Los autobuses permanecerán en Redland Road entre la estación de Metro Shady Grove y Piccard Drive.
- Ruta 64: Ajustes en los tiempos de viaje y reducción de viajes para lograr eficiencia y mejorar la puntualidad. Solo sábados y domingos.
- Ruta 66: Ajustes en el tiempo de viaje para lograr eficiencia y algunos cambios en el mapa. Solo días laborables.
- Se agregó servicio durante las horas pico de la mañana y la tarde en Gaither Road entre Redland Boulevard y Piccard Drive, y en Piccard Drive entre Gaither Road y Redland Boulevard. No habrá servicio al mediodía.
- Se suspendió el servicio en Redland Boulevard entre Gaither Road y Piccard Drive, ahora lo presta la Ruta 63.
- El servicio al Adventist HealthCare Shady Grove Medical Center se brindará en la nueva parada de la Ruta Rosa extRa de Ride On en Shady Grove Medical Center South. Route 67: Trip time adjustments for efficiency. Weekdays only.
- Ruta 73: Ajustes en el tiempo de viaje para lograr eficiencia. Solo días laborables.
- Ruta 74: Ajustes en el tiempo de viaje para lograr eficiencia. Solo días laborables.
- Ruta 75: Ajustes en el tiempo de viaje para lograr eficiencia. Solo sábados y domingos.
- Ruta 83: Ajustes en el tiempo de viaje para lograr eficiencia. Solo los sábados.
- Ruta 97: Ajustes en el tiempo de viaje para lograr eficiencia. Solo sábados y domingos.
- Ruta 98: Ajustes en el tiempo de viaje para lograr eficiencia. Solo los sábados.
- Ruta 100: Ajustes en el tiempo de viaje para lograr eficiencia. Días laborables, sábados y domingos.
- Ruta 101: Ajustes en el tiempo de viaje para lograr eficiencia. Solo días laborables.
- Ruta 301: Se han producido ligeros cambios en la ruta, sin cambios en el mapa ni en el horario. El servicio al Adventist HealthCare Shady Grove Medical Center se prestará en la nueva parada de la ruta rosa de Ride On extRa en Shady Grove Medical Center South.

La tarifa del autobús de Ride On es solo \$1 y los pases mensuales cuestan \$22.50 con SmarTrip, efectivo o fichas. Las personas de 65 años o más, las personas con discapacidades y menores de 18 años viajan gratis con tarjetas SmarTrip especializadas.

La aplicación Ride On Trip Planner es un planificador de transporte público regional gratuito que encontrará la ruta más rápida.

Para obtener información actualizada siga a @RideOnMCT en X, Facebook, Instagram y YouTube. Información adicional en rideonbus.com, suscribiéndose para recibir alertas, o por texto envíe la frase MONTGOMERY RIDEON a 468311.

Para obtener información sobre los programas y servicios de MCDOT visite montgomerycountymd.gov/mcdot, siga a @MCDOTNow en X, Facebook e Instagram y suscríbese al boletín de MCDOT's "Go Montgomery!"

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Contacto para los Medios de Prensa: Emily DeTitta, 240-372-2282 o emily.detitta@montgomerycountymd.gov

Press Releases - Department of Transportation

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Montgomery County to Offer Adult Bike and E-Scooter Classes in September, October and November

For Immediate Release: Wednesday, August 14, 2024



The Montgomery County Department of Transportation (MCDOT) will offer adult bike classes in September, October and November at various sites around the County. The classes are taught by experienced Washington Area Bicyclist Association (WABA) instructors and include Learn to Ride and Basic Skills classes. MCDOT also will offer four free, walk-up e-scooter classes following select bike classes.

Advance registration is required to participate in the bicycle classes. The cost is \$10 for Montgomery County residents, but there is no charge for WABA or Capital Bikeshare For All members. Bicycles and helmets will be provided for the adult Learn to Ride class participants and can be rented for a fee from WABA, if needed, for the Basic Skills class participants. Scooter classes are free of charge.

"Biking plays an important role in enhancing our community's health, well-being and sustainability," said County Executive Marc Elrich. "We are proud to offer low-cost adult bike classes to our residents, providing them with the skills and confidence needed to bike safely and effectively. I encourage everyone to take advantage of this valuable opportunity."

Participants in the Learn to Ride bicycle classes will learn how to start and stop, balance, glide, pedal and steer a bike. Each student will progress at their own pace. Students in the Basic Skills class should be able to ride a bicycle and will practice basic biking skills.

The classes are open to residents 18 and over, are limited to 25 people and fill up quickly.

Online registration is currently open for September classes on the WABA website under the Classes tab. Registration for October classes will open at 9 a.m. on Monday, Sept. 9, and November class registration will open at 9 a.m. on Monday, Oct. 7.

Adult Learn to Ride Bike Class schedule:

- **Saturday, Sept. 7.** 9 a.m.-noon.
Wheaton Ice Arena (back parking lot), 11717 Orebaugh Drive, Wheaton.
**Free scooter class to follow (noon- 2 p.m.).*
- **Sunday, Sept. 22.** 9 a.m.-noon.
Davis Construction at Twinbrook Metro Center I, 12530 Parklawn Drive, Rockville.
- **Sunday, Sept. 29.** 9 a.m.-noon.
Upper County Community Recreation Center, 8201 Emory Grove Road, Gaithersburg.
**Free scooter class to follow (noon-2 p.m.).*
- **Saturday, Oct. 5.** 10 a.m.-1 p.m.
White Oak Community Recreation Center, 1700 April Lane, White Oak.
- **Saturday, Oct. 19.** 10 a.m.-1 p.m.
Germantown Recreation Center, 18905 Kingsview Road, Germantown.
- **Sunday, Oct. 27.** 10 a.m.-1 p.m.
Westfield Montgomery Mall (former Sears parking lot), 7101 Democracy Boulevard, Bethesda.
**Free scooter class to follow (1-3 p.m.).*
- **Sunday, Nov. 3.** 10 a.m.-1 p.m.
Farm Women's Market, Lot 24, 4601 Leland Street., Bethesda.
- **Saturday, Nov. 9.** 10 a.m.-1 p.m.
Margaret Schweinhaut Senior Center, 1000 Forest Glen Road., Silver Spring.

Adult Basic Skills Bike Class schedule:

- **Sunday, Oct. 6.** 10 a.m.-noon.
Montgomery College (parking lot 13), 850 Hungerford Drive, Rockville.
**Free scooter class to follow (noon-2 p.m.).*
- **Saturday, Nov. 2.** 10 a.m.-noon.
GEICO Chevy Chase Building, 5260 Western Avenue, Chevy Chase.

Rain dates for all the adult bike and e-scooter classes will be two weeks after the original class date and time.

Free, two-hour adult scooter classes are being offered on a drop-in basis on four select days immediately following the bike classes on Sept. 7, Sept. 29, Oct. 6 and Oct. 27. Scooter classes do not require pre-registration. Anyone 18 or over with a valid driver's license or ID can drop in anytime. Scooters are provided.

"We have seen tremendous demand for our adult bike classes," said Chris Conklin, director of MCDOT. "Since spring 2021, more than 600 residents have participated in these trainings. This fall, we've added two additional classes and expanded to two new locations. We anticipate this interest will continue to grow as we actively expand our bike network. Recently, we completed bike paths in Olney and Clarksburg, and work is underway on separated bike lanes in Bethesda and Downtown Silver Spring."

To register for the bike classes, visit waba.org/classes. For more information, and to view any future inclement weather cancellations, visit MCDOT's website here or call 240-777-8380.

For information on MCDOT programs and services, visit montgomerycountymd.gov/mcdot, follow @MCDOTNow on X, Facebook and Instagram and subscribe to MCDOT's "Go Montgomery!" newsletter.

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Release ID: 24-099

Media Contact: Emily DeTitta, 240-372-2282

Para Difusión Inmediata: miércoles 14 de agosto de 2024

El Condado de Montgomery ofrecerá clases de bicicletas y patinetas eléctricas para adultos en septiembre, octubre y noviembre

El Departamento de Transporte del Condado de Montgomery (MCDOT, por sus siglas en inglés) ofrecerá clases de ciclismo para adultos en septiembre, octubre y noviembre en varios sitios alrededor del condado. Las clases son impartidas por instructores experimentados de la Asociación de Ciclistas del Área de Washington (WABA) e incluyen clases de Aprenda a Andar en Bicicleta y Habilidades Básicas. MCDOT también ofrecerá cuatro clases gratuitas de patinetas eléctricas sin cita previa después de clases de ciclismo seleccionadas.

Es necesario registrarse con anticipación para participar en las clases de ciclismo. El costo es de \$10 para los residentes del condado de Montgomery, pero no hay cargo para los miembros de WABA o Capital Bikeshare For All. Se proporcionarán bicicletas y cascos para los participantes adultos de la clase de Aprenda a Andar en Bicicleta y se pueden alquilar por una tarifa de WABA, si es necesario, para los participantes de la clase de Habilidades Básicas. Las clases de patinetas son gratuitas.

"El ciclismo juega un papel importante en la mejora de la salud, el bienestar y la sostenibilidad de nuestra comunidad", dijo el Ejecutivo del Condado Marc Elrich. "Estamos orgullosos de ofrecer clases de ciclismo para adultos de bajo costo a nuestros residentes, brindándoles las habilidades y la confianza necesarias para andar en bicicleta de manera segura y eficaz. Animo a todos a aprovechar esta valiosa oportunidad".

Los participantes de las clases de aprender a en bicicleta aprenderán a arrancar y detenerse, a mantener el equilibrio, a deslizarse, a pedalear y a dirigir una bicicleta. Cada estudiante progresará a su propio ritmo. Los estudiantes de la clase de habilidades básicas deben poder andar en bicicleta y practicarán las habilidades básicas de ciclismo.

Las clases están abiertas a personas mayores de 18 años, tienen un límite de 25 personas y se llenan rápidamente.

La inscripción electrónica está abierta actualmente para las clases de septiembre en el sitio web de WABA en la pestaña Clases. La inscripción para las clases de octubre se abrirá a las 9 a.m. del lunes 9 de septiembre y la inscripción para las clases de noviembre se abrirá a las 9 a.m. del lunes 7 de octubre.

Horario de las clases de Aprender a Andar en Bicicleta para adultos:

- **Sábado 7 de septiembre**, 9 a.m. a mediodía. Wheaton Ice Arena (estacionamiento trasero), 11717 Orebaugh Drive. *Clase de patineta eléctrica gratuita después (del mediodía a las 2 p.m.).
- **Domingo 22 de septiembre**, 9 a.m. a mediodía. Davis Construction en Twinbrook Metro Center I, 12530 Parklawn Drive, Rockville.
- **Domingo 29 de septiembre**, 9 a.m. a mediodía. Centro Recreativo Comunitario del Norte del Condado, 8201 Emory Grove Road, Gaithersburg. * Clase de patineta eléctrica gratuita después (del mediodía a las 2 p.m.).

- **Sábado 5 de octubre**, 10 a.m. a 1 p.m. White Oak Community Recreation Center, 1700 April Lane, Silver Spring.
- **Sábado 19 de octubre**, 10 a.m. a 1 p.m. Centro Recreativo Comunitario de Germantown, 18905 Kingsview Road, Germantown.
- **Domingo 27 de octubre**, 10 a.m. a 1 p.m. Centro Comercial Westfield Montgomery (antiguo estacionamiento de Sears), 7101 Democracy Boulevard, Bethesda. * Clase de patineta eléctrica gratuita después (de 1 p.m. a 3 p.m.).
- **Domingo 3 de noviembre**, 10 a.m. a 1 p.m. Farm Women's Market, lote 24, 4601 Leland Street, Bethesda.
- **Sábado 9 de noviembre**, 10 a.m. a 1 p.m. Centro para Adultos Mayores Margaret Schweinhaut, 1000 Forest Glen Road, Silver Spring.

Horario de clases de ciclismo para adultos sobre Habilidades Básicas:

- **Domingo 6 de octubre**, de 10 a.m. a mediodía. Montgomery College (estacionamiento 13), 850 Hungerford Drive, Rockville.
*Luego habrá una clase de patineta eléctrica gratuita (de mediodía a 2 p.m.).
- **Sábado 2 de noviembre**, de 10 a.m. a mediodía. Edificio GEICO Chevy Chase, 5260 Western Avenue, Chevy Chase.

Las fechas de lluvia para todas las clases de bicicletas y patinetas eléctricas para adultos serán dos semanas después de la fecha y hora de la clase original.

Se ofrecerán clases gratuitas de patinetas eléctricas para adultos de dos horas sin cita previa en cuatro días seleccionados inmediatamente después de las clases de bicicletas el 7 de septiembre, el 29 de septiembre, el 6 de octubre y el 27 de octubre. Las clases de patinetas eléctricas no requieren inscripción previa. Cualquier persona mayor de 18 años con una licencia de conducir o identificación válida puede asistir en cualquier momento. Se proporcionan las patinetas eléctricas.

"Hemos visto una enorme demanda de nuestras clases de bicicletas para adultos", dijo Chris Conklin, director de MCDOT. "Desde la primavera de 2021, más de 600 personas han participado en estas capacitaciones. Este otoño, hemos agregado dos clases adicionales y nos hemos expandido a dos nuevas ubicaciones. Anticipamos que este interés seguirá creciendo a medida que expandimos activamente nuestra red de bicicletas. Recientemente, completamos ciclovías en Olney y Clarksburg, y se está trabajando en ciclovías separadas en Bethesda y el centro de Silver Spring".

Para inscribirse en las clases de ciclismo, visite waba.org/classes. Para obtener más información y ver las futuras cancelaciones por mal tiempo, visite el sitio web de MCDOT aquí o llame al 240-777-8380.

Para obtener información sobre los programas y servicios de MCDOT, visite montgomerycountymd.gov/mcdot, siga a @MCDOTNow en X, Facebook e Instagram y suscríbese al boletín informativo de MCDOT "Go Montgomery!".

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