## MONTGOMERY COUNTY RECREATION



Join us for a bicycle safety education program. Riders will learn the bicycle A, B, C's, Rules of the Road, Proper Helmet Fitting, and Communication with Hand Signals. Bicycles and helmets will be provided, each participant will receive their own new helmet. Participants will have the option to bring their own bicycle. Masks will be required.

LEFT TURN



STOP

REE

Germantown CRC North Potomac CRC MLK, Jr. OP Holiday Park SC Wheaton CRC Mid-County CRC

ACTIVITY 98696 ACTIVITY 98697 Sa 9/26 2-4 p.m. ACTIVITY 98698 Sa 10/3 10 a.m. - Noon ACTIVITY 98699 Sa 10/3 2-4 p.m. ACTIVITY 98700 **ACTIVITY 98694** Su 10/4 2-4 p.m.

Sa 9/26 10 a.m. - Noon Su 10/4 10 a.m. - Noon

**RIGHT TURN** (TWO OPTIONS)

## **TO REGISTER VISIT ACTIVEMONTGOMERY.ORG** f MONTGOMERYCOUNTYRECREATION 💙 MOCOREC 🧧 MOCORECREATION

See specific activity for more information

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Montgomery County Recreation is committed to compliance with the Americans with Disabilities Act (ADA). Please contact a Therapeutic Recreation Specialist at 240-777-6870 or rec.mainstream@montgomerycountymd.gov to request accommodations.