

Sticking Points:

COMMON CONCERNS FROM EMS



We don't give fluids *to trauma patients* anymore, unless:

Systolic BP <90mmHg: small boluses (max 250mL) to achieve and maintain an SBP of 90mmHg.

Head injured patients: small boluses (max 250mL) to achieve and maintain an SBP of 110mmHg

This is permissive hypotension.



Fluids in Trauma Podcast w/Dr. Sam Galvagno from Shock Trauma



Administration of LR to hemorrhaging patients outside of these parameters can be harmful. It is not a benign treatment.