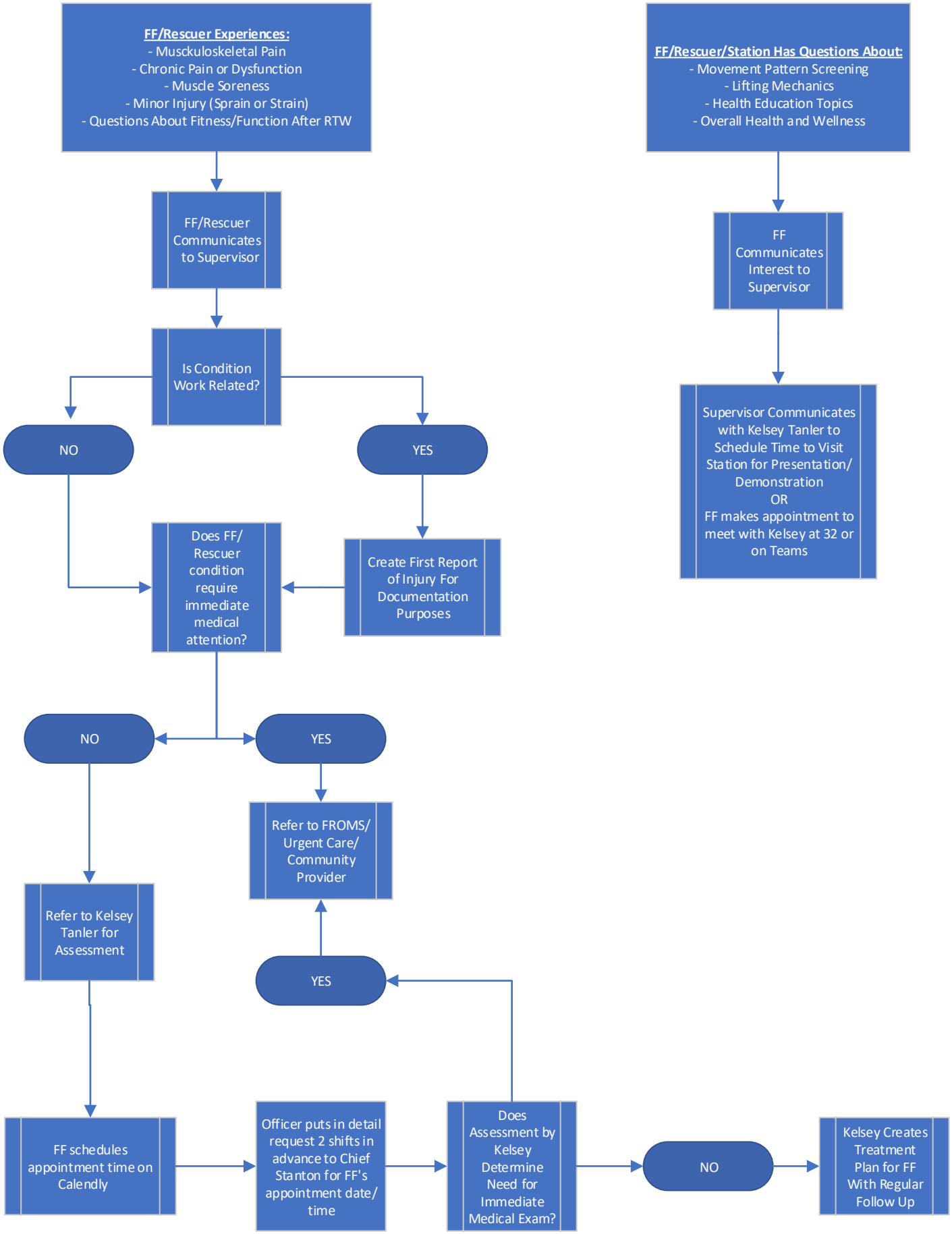
FF/Rescuer Experiences:
- Musckuloskeletal Pain
- Chronic Pain or Dysfunction
- Muscle Soreness
- Minor Injury (Sprain or Strain)
- Questions About Fitness/Function After RTW
FF/Rescuer Communicates to Supervisor
Is Condition Work Related?
NO
YES
Create First Report of Injury For Documentation Purposes
Does FF/ Rescuer condition require immediate medical attention?
NO
YES
Refer to FROMS/ Urgent Care/ Community Provider
Refer to Kelsey Tanler for Assessment
YES
FF schedules appointment time on Calendly
Officer puts in detail request 2 shifts in advance to Chief Stanton for FF's appointment date/ time
Does Assessment by Kelsey Determine Need for Immediate Medical Exam?
NO
Kelsey Creates Treatment Plan for FF With Regular Follow Up
FF/Rescuer/Station Has Questions About:
- Movement Pattern Screening
- Lifting Mechanics
- Health Education Topics
- Overall Health and Wellness
FF Communicates Interest to Supervisor
Supervisor Communicates with Kelsey Tanler to Schedule Time to Visit Station for Presentation/ Demonstration
OR
FF makes appointment to meet with Kelsey at 32 or on Teams

Scan the above QR code to be taken to Dr. Kelsey Tanler's Calendly appointment page.

Link to Calendly to make appointment: https://calendly.com/kelsey-tanler

Kelsey Tanler, DAT, LAT, ATC

Certified Athletic Trainer

MCFRS Injury Prevention

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