



# MEDICAL EVALUATION OF WORK STATUS

DEPARTMENT OF FIRE AND RESCUE SERVICES

MONTGOMERY COUNTY, MARYLAND

PLEASE TYPE OR PRINT ALL INFORMATION CLEARLY

DATE OF THIS REPORT: / /	EMPLOYEE'S NAME: _____ LAST                      FIRST                      MI	JOB TITLE:
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DIAGNOSIS (FOR OMS ONLY):

CURRENT TREATMENT & PROGNOSIS (FOR OMS ONLY):

DATE OF NEXT APPOINTMENT (RE-EVALUATION):

**FOR LICENSED HEALTH CARE PROVIDER'S USE ONLY - PLEASE CHECK ONE BOX ONLY.**

**FULL DUTY:** Employee is qualified to work in FULL DUTY status, without physical restrictions. Note: Duty status in this category includes all activities listed in the Firefighter/Rescuer Position Description on the back of this form.

**LIGHT DUTY:** Employee is not qualified for full duty at this time. Employee can work in a temporary, Light Duty capacity for the Department of Fire and Rescue Services, at the discretion of the employer. Light Duty positions are not permanent positions. Light Duty assignments are generally clerical or administrative in nature, and include working either 4-10 hour days or 5-8 hour days. Please check off the restrictions that apply while on light duty:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> May only lift/carry up to ____ lbs.      | <input type="checkbox"/> May not push/pull objects                             | <input type="checkbox"/> May not reach above shoulder |
| <input type="checkbox"/> May not use fingers (poor dexterity)     | <input type="checkbox"/> May not use right hand/arm                            | <input type="checkbox"/> May not use left hand/arm    |
| <input type="checkbox"/> May not stand/walk                       | <input type="checkbox"/> May not sit for extended periods of time              | <input type="checkbox"/> May not climb stairs/ramps   |
| <input type="checkbox"/> May not climb ladders/ropes              | <input type="checkbox"/> May not bend, stoop, lean, crawl on hands and knees   |   |
| <input type="checkbox"/> May not be exposed to excessive heat     | <input type="checkbox"/> May not drive vehicles with automatic transmission    |   |
| <input type="checkbox"/> May not be exposed to excessive cold     | <input type="checkbox"/> May not drive vehicles with manual transmission       |   |
| <input type="checkbox"/> May not be exposed to excessive humidity | <input type="checkbox"/> May not be exposed to excessive dryness               |   |
| <input type="checkbox"/> May not be exposed to excessive noise    | <input type="checkbox"/> May not be exposed to contact vibrations              |   |
| <input type="checkbox"/> May not be exposed to intense light      | <input type="checkbox"/> May not be exposed to fumes, smoke, gasses, odors     |   |
| <input type="checkbox"/> May not work in enclosed, cramped spaces | <input type="checkbox"/> May not be exposed to the elements (outdoor, weather) |   |

Employee is taking medications with the following side effects: \_\_\_\_\_  
Other: \_\_\_\_\_

Date of anticipated improvement so that employee may start full duty \_\_\_\_\_.

**IF "NO DUTY" STATUS IS NECESSARY, PLEASE FILL OUT THE NEXT SECTION COMPLETELY:**

**NO DUTY:** Employee is temporarily incapacitated and unable to perform any work. Employee is on home rest/hospital rest for \_\_\_\_ days.  
Date of anticipated improvement so that employee may start light duty \_\_\_\_\_.  
Date of anticipated improvement so that employee may start full duty \_\_\_\_\_.

REMARKS: \_\_\_\_\_

THIS REPORT IS: <input type="checkbox"/> INITIAL <input type="checkbox"/> EXTENSION <input type="checkbox"/> FINAL	LICENSED HEALTH CARE PROVIDER (LHCP): I have read and understand the information on position descriptions for full and light duty as described on the front and back of this page. _____ PRINTED NAME                      SIGNATURE	LHCP PHONE #  (____) - ____ - ____ area code                      phone number
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**SEE BACK OF THIS FORM FOR FULL DUTY PHYSICAL SKILLS REQUIREMENTS**

**EMPLOYEE: YOU MUST SEND THE WHITE COPY TO OMS VIA HAND DELIVERY OR MAIL IN A SEALED ENVELOPE**



## MEDICAL EVALUATION OF WORK STATUS MONTGOMERY COUNTY FIRE AND RESCUE SERVICE



This patient is an employee of the Montgomery County Fire and Rescue Service. Below is a position description for a Firefighter/Rescuer. You should be aware that any person classified as a Firefighter/Rescuer, regardless of their current position, must be able to perform all of the duties listed below to be considered eligible for **Full Duty**. **If an employee cannot perform these duties then he/she must not be considered for full duty.**

### Essential Job Tasks for Persons in the Firefighter/Rescuer Occupational Series (Full Duty)

- Performing fire-fighting tasks (e.g. hoseline operations, extensive crawling, lifting and carrying heavy objects, ventilating roofs or walls using power or hand tools, forcible entry), rescue operations, and other emergency response actions under stressful conditions while wearing personal protective ensembles and self-contained breathing apparatus (SCBA), including working in extremely hot or cold environments for prolonged time periods.
- Wearing an SCBA, which includes a demand valve-type positive-pressure facepiece or HEPA filter masks, which requires the ability to tolerate increased respiratory workload.
- Exposure to toxic fumes, irritants, particulates, biological (infectious) and nonbiological hazards, and/or heated gases, despite the use of personal protective ensembles and SCBA.
- Depending on the location of call, climbing six or more flights of stairs while wearing fire protective ensemble weighing at least 50 lbs. or more and carrying equipment/tools weighing an additional 20 to 40 lbs.
- Wearing fire protective ensemble that is encapsulating and insulated, which will result in significant fluid loss that frequently progresses to clinical dehydration and can elevate core temperature to levels exceeding 102.2 F.
- Searching, finding and rescue-dragging or carrying victims ranging from newborns up to adults weighing over 200 lb to safety despite hazardous conditions and low visibility.
- Being part of a two-person team that regularly carries an average 150 lb. patient plus the weight of the stretcher and other equipment up and down stairways and in and out of ambulances (total weight often in excess of 250 lbs).
- Advancing water-filled hoselines up to 2 ½ in. in diameter from fire apparatus to occupancy, which can involve negotiating multiple flights of stairs, ladders, and other obstacles.
- Climbing ladders, operating from heights, walking or crawling in the dark along narrow and uneven surfaces, and operating in proximity to electrical power lines and/or other hazards.
- Unpredictable emergency requirements for prolonged periods of extreme physical exertion without benefit of warm-up, scheduled rest periods, meals, access to medication(s), or hydration.
- Operating fire apparatus or other vehicles in an emergency mode with emergency lights and sirens.
- Critical, time-sensitive, complex problem-solving during physical exertion in stressful, hazardous environments, including hot, dark, tightly enclosed spaces, that is further aggravated by fatigue, flashing lights, sirens, and other distractions.
- Ability to communicate (give and comprehend verbal orders) while wearing personal protective ensembles and SCBA under conditions of high background noise, poor visibility, and drenching from hoselines and/or fixed protection systems (sprinklers).
- Functioning as an integral component of a team, where sudden incapacitation of a member can result in mission failure or in risk of injury or death to civilians or other team members.
- Working in shifts, including during nighttime, that can extend beyond 12 hours

**All of these activities often must be carried out under extreme temperature, lighting and stress conditions.**