

CAGE

C Have you ever felt you should **cut down** on your drinking?

A Have people **annoyed** you by criticizing your drinking?

G Have you ever felt bad or **guilty** about your drinking?

E Eye opener: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

The CAGE can identify alcohol problems over the lifetime. Two positive responses are considered a positive test and indicate further assessment is warranted.