

LINKS

Food Resources Homepage:
www.bit.ly/MoCoFoodResources

Food Assistance Resource Map:
www.mocofoodcouncil.org/map/

Check Eligibility for SNAP:
www.mocofoodcouncil.org/snapoutreach/

Apply for SNAP through myMDTHINK Portal:
www.mymdthink.maryland.gov/home/#/

Farmers' Markets Accepting SNAP Benefits:
www.bit.ly/MoCoFarmersMarkets

Learn More about the MC Groceries Program:
www.bit.ly/MCgroceriesPage

Check Eligibility for WIC:
www.bit.ly/MarylandWIC

See schools that offer food assistance:
www.bit.ly/MoCoSchoolBased

Learn more about Maryland SUN Bucks:
www.dhs.maryland.gov/sunbucks/

Learn more about the Congregate Meals Program:
www.bit.ly/MoCoCongregateMeals

Learn more about Meal and Grocery Delivery Services:
www/bit.ly/MoCoMealDelivery

NEED FOOD?

Use this tool to find information on free food resources in Montgomery County, MD.

I need immediate food assistance.

The Montgomery County [Food Resources Page](#) offers a comprehensive calendar and overview of food assistance programs in the area.

OR

Find locations near you on the [Food Assistance Resource Map](#).

OR

Call 311 for help finding food programs and services.

Check [eligibility](#) for Maryland SUN Bucks.

[Apply](#) for Free and Reduced-price Meals (FARMs).

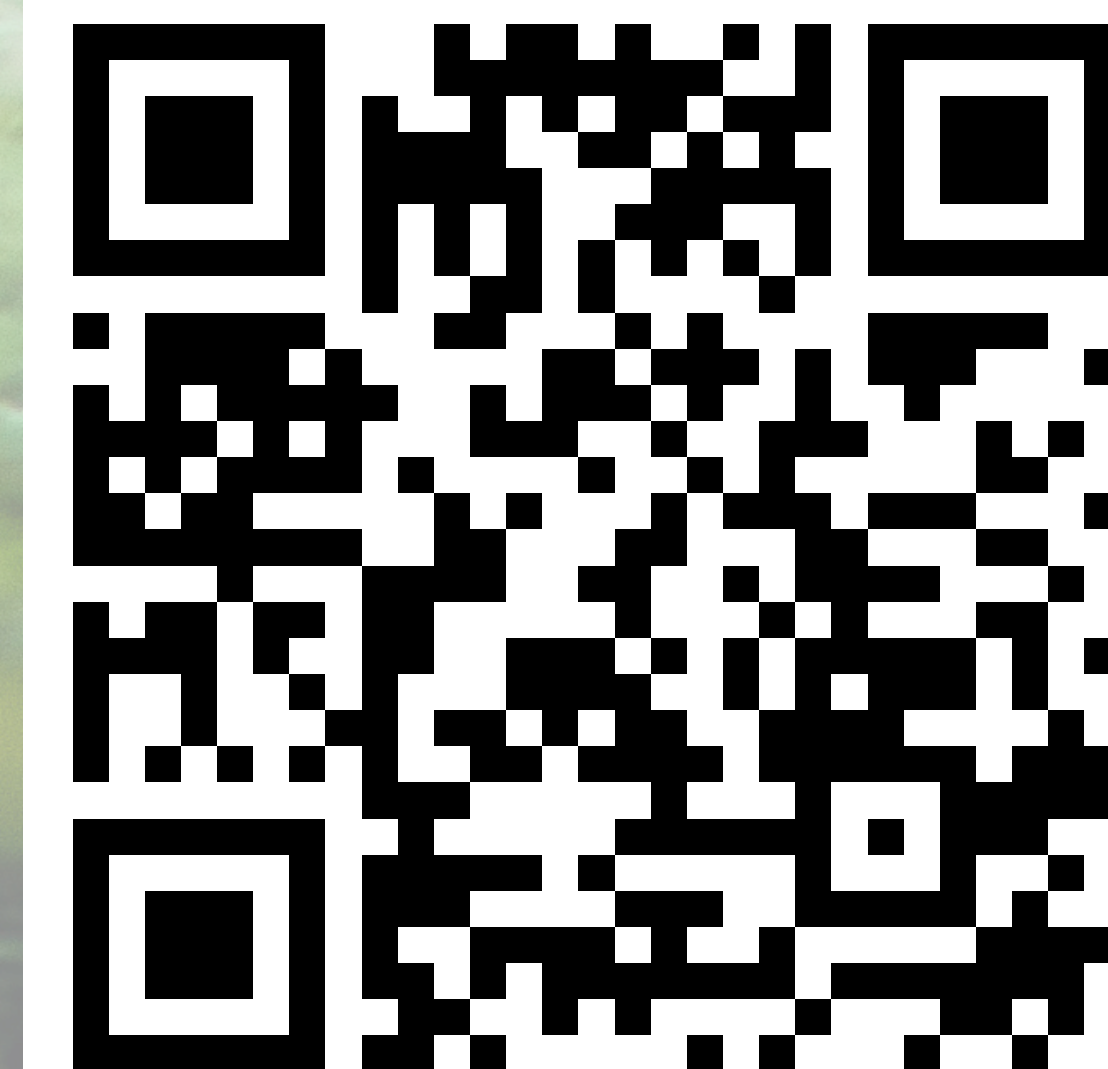
For Parents and Families

Contact the DHHS Navigation team at mcgroceries.d.gov or 240-777-4141 to learn more about MC Groceries. Eligibility restrictions apply.

To apply for the WIC program, visit the [WIC website](#) or call 301-762-9426. Eligibility restrictions apply.

Visit [OFSR's website](#) for a list of schools that offer food assistance to students and families through our school-based grant program.

All links can be found here:



I want to learn more about food assistance programs.

For Seniors

Check [eligibility](#) for **SNAP Benefits** and apply online on [myMDTHINK](#).

OR

Connect with a [SNAP Outreach Organization](#) for more information on how to submit an application, recertify, or enroll.

[Learn more](#) about which **farmers markets** accept SNAP Benefits.

Learn more about [meal & grocery delivery services](#).

Explore the [Congregate Meal Program](#) for on-site meals.



Follow us: @montgomery_ofsr
Email us: ofsr@montgomerycountymd.gov

LINKS

Food Resources Homepage:

www.bit.ly/MoCoFoodResources

Food Assistance Resource Map:

www.mocofoodcouncil.org/map/

Check Eligibility for SNAP:

www.mocofoodcouncil.org/snapoutreach/

Apply for SNAP through myMDTHINK Portal:

www.mymdthink.maryland.gov/home/#/

Farmers' Markets Accepting SNAP Benefits:

www.bit.ly/MoCoFarmersMarkets

Learn More about the MC Groceries Program:

www.bit.ly/MCGroceriesPage

Check Eligibility for WIC:

www.bit.ly/MarylandWIC

See schools that offer food assistance:

www.bit.ly/MoCoSchoolBased

Learn more about Maryland SUN Bucks:

www.dhs.maryland.gov/sunbucks/

Learn more about the Congregate Meals Program:

www.bit.ly/MoCoCongregateMeals

Learn more about Meal and Grocery Delivery Services:

www/bit.ly/MoCoMealDelivery

NEED FOOD?

Use this tool to find information on free food resources in Montgomery County, MD.

I need immediate food assistance.

The Montgomery County [Food Resources Page](#) offers a comprehensive calendar and overview of food assistance programs in the area.

OR

Find locations near you on the [Food Assistance Resource Map](#).

OR

Call 311 for help finding food programs and services.

I want to learn more about food assistance programs.

For Parents and Families

Check [eligibility](#) for Maryland SUN Bucks.

[Apply](#) for Free and Reduced-price Meals (FARMs).

For Seniors

Check [eligibility](#) for **SNAP Benefits** and apply online on [myMDTHINK](#).

Contact the DHHS Navigation team at mcgroceries.montgomerycountymd.gov or 240-777-4141 to learn more about MC Groceries. Eligibility restrictions apply.

To apply for the WIC program, visit the [WIC website](#) or call 301-762-9426. Eligibility restrictions apply.

Visit [OFSR's website](#) for a list of schools that offer food assistance to students and families through our school-based grant program.

OR

Connect with a [SNAP Outreach Organization](#) for more information on how to submit an application, recertify, or enroll.

[Learn more](#) about which **farmers markets** accept SNAP Benefits.

All links can be found here:



Follow us: @montgomery_ofsr
Email us: ofsr@montgomerycountymd.gov