

# Fire Safety for People With Disabilities



Millions of Americans live with physical and mental disabilities. It is important to know your risk and build your fire prevention plans around your abilities.

- ✔ Have smoke alarms on every level of your home, inside bedrooms and outside sleeping areas. Interconnect your alarms, so when one sounds, they all sound.
- ✔ If you are deaf or hard of hearing, use smoke alarms with a vibrating pad, flashing light or strobe light. These accessories start when your alarm sounds.
- ✔ Test your alarms every month.



## Plan your escape around your abilities.

- ✔ Know two ways out of every room.
- ✔ If possible, live near an exit.
- ✔ You'll be safest on the ground floor if you live in an apartment building.
- ✔ If you live in a multistory home, sleep on the first floor.
- ✔ Being on the ground floor and near an exit will make your escape easier.

For more information and free resources, visit  
[www.usfa.fema.gov](http://www.usfa.fema.gov)

