

## **Food / Alimentos**

### **BREAKFAST / DESAYUNO:**

COMMUNITY VISION  
8210 Dixon Avenue  
Silver Spring, MD  
301-585-4471  
Mon. - Fri. / *Lunes a Viernes*  
8:00 am - 9:00 am

### **LUNCH / ALMUERZO:**

BETHESDA PRESBYTERIAN  
7611 Clarendon Road  
Bethesda, MD  
301-986-1137  
Sat. / *Sabado*  
11:00 am - 12:00 pm

CHURCH IN BETHESDA  
5033 Wilson Lane  
Bethesda, MD  
301-654-4159  
Mon. - Fri. (1-15 of month) /  
*Lunes a Viernes (del 1 al 15 del mes)*  
12:45 pm - 1:45 pm

CHRIST LUTHERAN CHURCH  
8011 Old Georgetown Road  
Bethesda, MD  
301-652-5160  
Mon. - Fri. (16-31 of month) /  
*Lunes a Viernes (del 16 al 31 del mes)*  
12:45 pm - 1:45 pm

COMMUNITY VISION  
301-585-4471  
Mon. - Fri. / *Lunes a Viernes*  
12:00 pm - 1:00 pm

### **DINNER / CENA:**

LORD'S TABLE  
201 South Frederick Avenue  
Gaithersburg, MD  
301-990-7373  
Mon. - Sat. / *Lunes a Sabado*  
3:30 pm - 4:30 pm  
Sept. - June / *Sept. a Junio*

OUR LADY OF LOURDES  
7500 Pearl Street  
Bethesda, MD  
301-654-1287  
Sun. / *Domingo*  
5:00 pm - 6:00 pm

SHEPHERD'S TABLE  
8210 Dixon Avenue  
Silver Spring, MD  
Daily / *Diariamente*  
6:00 pm - 7:30 pm

## **Day Programs / Refugios de Dia**

BETHESDA CARES  
7728 Woodmont Avenue  
Bethesda, MD  
301-907-9244  
Mon. - Fri. / *Lunes a Viernes*  
9:00 am - 12:30 pm  
2:00 pm - 5:00 pm

COMMUNITY VISION  
8210 Dixon Avenue  
Silver Spring, MD  
301-585-4471  
Mon. - Fri. / *Lunes a Viernes*  
8:00 am - 5:00 pm

MONTGOMERY AVENUE  
WOMEN'S CENTER  
12250-C Wilkins Avenue  
Rockville, MD  
301-984-7765  
301-984-0901 (weekends)  
Mon. - Fri. / *Lunes a Viernes*  
8:00 am - 6:00 pm  
Sat. & Sun. / *Sabado y Domingo*  
8:00 am - 2:00 pm

## **Street Outreach / Alcance a las calles**

PEOPLE ENCOURAGING  
PEOPLE  
255 N. Stonestreet Avenue  
Rockville, MD  
301-637-6700  
CITY OF GAITHERSBURG  
Homeless Assistance Program  
Homeless Advocate  
1 Wells Avenue  
Gaithersburg, MD  
301-258-6390

BETHESDA CARES  
7728 Woodmont Avenue  
Bethesda, MD  
301-907-9244  
COMMUNITY VISION  
8210 Dixon Avenue  
Silver Spring, MD  
301-585-4471

IF YOU NEED SHELTER, GO TO ONE OF THE STREET OUT-  
REACH PROGRAMS ABOVE, OR AFTER 6PM TO THE CRISIS  
CENTER AT 1301 PICCARD DRIVE, ROCKVILLE, MD.

**IF YOU NEED SHELTER,  
CALL THE CRISIS CENTER  
SI NECESITA ALBERGUE,  
LLAME EL CENTRO DE CRISIS**

**240-777-4000**

**1301 PICCARD DRIVE  
ROCKVILLE, MD**

## **Clothing / Ropa**

BETHESDA CARES  
7728 Woodmont Ave  
301-907-9244

Mon. & Thurs. / *Lunes y Jueves*  
9:30 am - 11:30 am

C-4 CLOTHES CLOSET &  
BABY CLOSET  
14015 New Hampshire Avenue  
Silver Spring, MD  
301-989-8742

Tues. & Fri. / *Martes y Viernes*  
9:00 am - 11:00 am  
Thurs. disabled clients only/  
*Jueves clientes deshabilitados*  
9:00 am - 11:00 am

INTERFAITH CLOTHING  
CENTER  
751 Twinbrook Parkway  
Rockville, MD  
301-424-3796

Tues. - Fri. / *Martes a Viernes*  
9:30 am - 12:00 pm  
1:00 pm - 3:30 pm  
Sat. / *Sabado*  
9:30 am - 1:30 pm

SHEPHERD'S TABLE  
301-585-6463

Wed. / *Miercoles*  
10:00 am - 11:45 am

## **Legal Aid / Ayuda Legal**

LEGAL AID 240-314-0373 OR 888-215-5316  
AYUDA LEGAL 301-927-6800  
SHEPHERD'S TABLE 301-585-6463

## **Emergency Assistance / Asistencia de Emergencia**

ROCKVILLE HHS  
1301 Piccard Drive  
Rockville, MD  
240-777-4550

SILVER SPRING HHS  
8818 Georgia Avenue  
Silver Spring, MD  
240-777-3075

GERMANTOWN HHS  
12900 Middlebrook Lane  
Germantown, MD  
240-777-4448

CRISIS CENTER  
1301 Piccard Drive  
Rockville, MD  
240-777-4000

## **Crisis Lines / Crisis**

ADULT PROTECTIVE SERVICES / *SERVICIOS DE  
PROTECCION AL ADULTO*

24 Hour Hotline 240-777-3000

ABUSED PERSONS / *PERSONAS ABUSADAS*

24 Hour Crisis Line 240-777-4673

RAPE, SEXUAL ASSAULT / *VIOLACION, ASALTO SEXUAL*

24 Hour Crisis Line 240-777-4357

POLICE (NONEMERGENCY) / *POLICIA (NO EMERGENCIA)*

Montgomery County 301-279-8000

HHS INFORMATION AND REFERRAL LINE 311 or  
240-777-0311

## **Health Care / Cuidado Medico**

ACCESS TO BEHAVIORAL  
HEALTH  
255 Rockville Pike, Suite 145  
Rockville, MD  
240-777-4710

EYE CLINIC AT SHEPHERD'S  
TABLE (referral only)  
301-587-0688

COMMUNITY CLINIC  
301-216-0880 Gaithersburg  
301-585-1250 Silver Spring  
301-431-2972 Takoma Park  
Men and Women

DHHS DENNIS AVENUE  
HEALTH CENTER  
2000 Dennis Avenue  
Silver Spring, MD  
240-777-1790 STD/HIV Clinic  
240-777-1800 TB Clinic

KASEMAN HEALTH CLINIC  
8 West Middle Lane  
Rockville, MD  
301-917-6800  
Women only

DHHS HEALTH CARE FOR  
THE HOMELESS  
240-777-4498  
Nursing case management to  
shelter-based clients

DHHS DENTAL CLINIC  
301-384-9795



montgomery county  
coalition for the homeless

**600-B East Gude Drive  
Rockville, MD 20850  
phone 301-217-0314  
fax 301-217-0824  
www.mcch.net**