



Coaches,

We hope you and your families had a fantastic time and that the new school year is off to a great start. Here at Montgomery County Recreation, we're preparing for the 2025-26 winter youth basketball season, and registration is right around the corner.

As in years past, we will utilize [www.activemontgomery.org](http://www.activemontgomery.org) to build your teams so players can register directly to your roster. Please complete the [Coaches Inquiry](#). In this inquiry, you will provide us with information about you and your team, identify 5-8 practice location options, and create your team passcode that you will share with your players to register for your team.

Parents/Guardians of players on your roster will use [www.activemontgomery.org](http://www.activemontgomery.org) to register for your team. Please provide the passcode only to those you would like on your team. Players can be inadvertently added to your roster if parents share your passcode. Once on our registration site, they will search the Activity Code below to locate the section your team is participating in. (Please see attachments "How to Reset Online..." and "How to Create an Online..." as Parent/Player registration help guide.)

We are excited to get the kids (and coaches) back on the court this season! Please feel free to reach out with any questions along the way, as we're here to help in any way we can!

We look forward to another great season!

Montgomery County Recreation  
Countywide Programs  
2425 Reddie Drive,  
10th Floor Wheaton,  
MD 20902

#### MID/EAST

R05140	Kindergarten Co-ed	Mid/East
R05141	1st Grade Co-ed	Mid/East
R05136	2nd Grade Boys	Mid/East
R05139	2nd Grade Girls	Mid/East

#### NORTH

R05149	Kindergarten Co-ed	North
R05150	1st Grade Co-ed	North
R05145	2nd Grade Boys	North
R05148	2nd Grade Girls	North

#### WEST

R05152	Kindergarten Boys	West
R05155	Kindergarten Girls	West
R05153	1st Grade Boys	West
R05156	1st Grade Girls	West
R05154	2nd Grade Boys	West
R05157	2nd Grade Girls	West



#### REGIONS

<b>MID/EAST:</b> Silver Spring Takoma Park Wheaton Olney Burtonsville	<b>WEST:</b> Bethesda Chevy Chase Kensington Potomac Rockville
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**NORTH:**  
Germantown  
Clarksburg  
Poolesville  
Damascus





## Available Gym Space for Practice

Instructional Basketball Winter 2025-2026		
<b>**Note: If gyms have time gaps between practices, the later time will be adjusted to an earlier time.</b>		
<u>LOCATION</u>	<u>AVAILABLE START TIMES</u>	<u>DAY</u>
<b><u>WEST</u></b>		
Ashburton ES	9am - 5pm	Sat
Bannockburn ES	9am - 5pm	Sat
Bells Mill ES	9am - 5pm	Sat
Bradley Hills ES	9am - 5pm	Sat
Chevy Chase ES	9am - 5pm	Sat
Farmland ES	9am - 5pm	Sat
Kensington Parkwood ES	9am - 5pm	Sat
Luxmanor ES	9am - 5pm	Sat
Potomac ES	9am - 5pm	Sat
Wayside ES	9am - 5pm	Sat
Wyngate ES	9am - 5pm	Sat
<b><u>NORTH</u></b>		
Capt James E Daly ES	9am - 5pm	Sat
Germantown ES	9am - 5pm	Sat
Hallie Wells MS	9am - 5pm	Sat
Poolesville ES	9am - 5pm	Sat
Lois P Rockwell ES	9am - 5pm	Sat
Watkins Mill ES	9am - 5pm	Sat
William B Gibbs ES	9pm - 5pm	Sat
<b><u>MID EAST</u></b>		
Flower Valley ES	9am - 5pm	Sat
Glenallan ES	9am - 5pm	Sat
Greencastle ES	9am - 5pm	Sat
Jackson Road ES	9am - 5pm	Sat
Kemp Mill ES	9am - 5pm	Sat
Oakview ES	9am - 5pm	Sat
Wheaton CRC	10 am - 5pm	Sat



## Instructional Basketball Scrimmage Rules

Scrimmages are intended as an extension of the practice sessions. Participants can use the skills they have learned in a game situation. Please do not keep score or standings but encourage the team to have fun. **THE COACHES WILL BE SELF-OFFICIATING THE GAMES.**

1. Kindergarten and first graders will break into 2 groups and play 2 half-court (using side baskets) – 3 on 3. A timekeeper will keep time for the whole gym and switch sides at half-time.
2. Second graders will play one game using the full court – 5 on 5. The default format for combined 1st and 2nd-grade leagues is one full-court, 5v5 game.
3. Basketball rim heights should be set to 8 feet for all kindergarten through second-grade games. Junior (27.5”) basketballs should be used.
4. **Scrimmages consist of 4 – eight-minute quarters.** Time stops on foul shots and time-outs. Teams may have **two (2) one-minute time-outs per game.**
5. Each player must play 2 quarters from start to finish for rosters of 10 players. For teams with less than 10 players, rotate playing time each week to provide an equal opportunity for all players. **Teams should have no more than 10 players.** No child should play every quarter of every game.
6. Use a foul line approximately 2 feet in front of the regulation foul line.
7. There are no back-court violations.
8. No pressing or double-teaming. MCR encourages teams to play a man-to-man defense once the ball crosses into the offensive frontcourt. Teams may want to have a lineup at the beginning of each quarter to assign each player a “man” to cover.
9. There are no 3-point shots.
10. RELAX, BE COOL, AND HAVE FUN



## Officiating Guidelines

### **K / 1<sup>st</sup> Grade**

- Start of game – Select one team to start with the ball each half
- No jump balls
- No foul shots
- Traveling / Double Dribble – No turnovers, reset the play
- No steals when a player is dribbling the ball, only on a pass or shot
- No stoppage of play – walk with the player dribbling, encouraging the other kids to get back on the other side of the court
- Scrum – Blow the whistle and restart play; rotate which team gets the ball back

### **2<sup>nd</sup> Grade**

- Start of game – Jump ball
- Have players take free throws for shooting fouls only (the foul line is 2 feet in front of the regulation foul line)
- Traveling / Double Dribble – Provide substantial warnings resetting the play, and then towards the END of the game, begin enforcing turnovers and inbound passes
- Players can now steal the ball when a player is dribbling, passing, and shooting
- Scrum – Blow the whistle and restart play; rotate which team gets the ball back



## Instruction Basketball Timeline

<b>Monday, September 29, 2025</b>	Registration begins
<b>Sunday, November 30, 2025</b>	Registration ends for Instructional Basketball
<b>Monday, December 1, 2025</b>	Practice Distribution begins
<b>Friday, December 19, 2025</b>	<b><u>Schedules Posted</u> – Team Sideline</b>
<b>Saturday, December 20, 2025</b> <b>Time: TBD</b>	Instructional Coaches Training / Materials Pickup/Fingerprinting @ Mid-County CC- 2004 Queensguard Rd, Silver Spring, MD 20906
<b>Saturday, January 10, 2026</b>	<b>1<sup>st</sup> practice for Instructional</b>
<b>Saturday, February 7, 2026</b>	<b>1<sup>st</sup> Scrimmage for Instructional</b>



## Instruction League Fact Sheet

Below you will find very important league information:

1. Registration begins Monday, September 29, 2025
2. Registration deadline is Sunday, November 30, 2025
3. The fee to register individuals is:
  - a. \$40 per child K-2nd grade (uniform shirt and 4 practices and 4 scrimmages provided; practices begin January 10, 2025.)
    - i. The head volunteer coach will receive a \$40 coupon code that can be applied to one player's registration cost.
  - b. To find information regarding Montgomery County Recreation's cancellation or refund policy, please visit <https://www.montgomerycountymd.gov/rec/howto/withdraw.html>
4. An individual without a team will be considered a "Free Agent" and will be assigned a team as space is available. (10 Free Agents in one area could be grouped together to form their own team).
5. A minimum of 8 players on a team must be registered at [www.activemontgomery.org](http://www.activemontgomery.org) to receive a practice time and location. Confirmation of practice will be given beginning Monday, November 3, 2025.
6. No team will receive practice location and time confirmations prior to Monday, November 3, 2025.
7. Maximum roster size for grades K-2nd is 10. No expectations will be made over the amount of 12.
8. Montgomery County Recreation reserves the right to add additional players to a team if the roster size is less than 10 after registration has closed!
9. All volunteers, including coaches and assistant coaches, must be fingerprinted and cleared prior to the start of practice.
10. Instructional Coaches Training and Uniform Pick Up will occur on Saturday, December 20, 2025, Time TBD at Mid County Recreation Center, 2004 Queensguard Rd, Silver Spring, MD 20906.



## How To Register for Youth Basketball

1. Visit [www.ActiveMontgomery.org](http://www.ActiveMontgomery.org)
2. Log in or create an account (see attachments for more information).
3. Click on 'Search' at the top, then 'Activity Search'
4. On the left of the screen, type in league code (Ex: R05202)
5. Open the league, find the team you want to register for (Ex: Free Agent, Team Coach)
6. Add to cart
7. Insert Team Passcode
  - a. You should receive this information from the coach before registering.
  - b. If you're signing up as a free agent, there is no passcode.
8. Continue to answer questions, sign waiver, and checkout



## How to Search and Register for an Activity

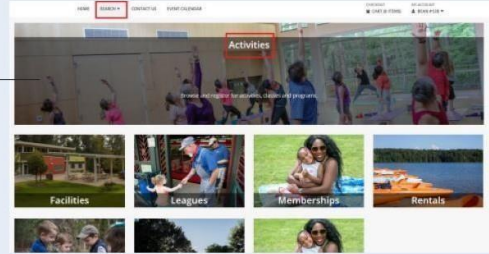


To search for an activity, membership, rental or facility reservation:

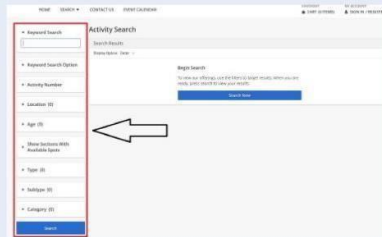
1. Select **SEARCH** or appropriate **picture box**.

►The search button will take you to a drop-down search selection for the item you wish to explore.

►Selecting the picture box will take you to a search area with filters which will assist in narrowing your search results.



2. Using **Keyword Search** input Activity name. Select **Search**.



3. The Activity Search results will appear.
4. To see all Activity dates, times and locations, select the “**Sections**” area.
5. Once the sections have been selected you will see if the Activity is available for registration.
6. To see more detailed information on the Activity, select the **Activity #** or **Description**.
7. To see more details regarding registering for this activity, select the three black dots on the right-hand side of availability.
8. Select **Add to Selection List** and **Add To Cart**.
9. Answer all questions.
10. Check mark the ☒ **I agree with the above waivers**, Select **Continue**.
11. Select **Proceed To Checkout**.
12. Select **Payment Method**. Input billing information, email address, and **Continue**.

## How to Reset Your Password

### START HERE

Go to [bit.ly/activemontgomery](https://bit.ly/activemontgomery)

1. Select **SIGN IN /REGISTER**.
2. Select **Forgot Password**.
3. Input your email address
4. Check mark the “I’m not a robot” box.  
☒ **I’m not a robot**
5. Select **Submit**.
6. You will receive an email with a link to reset your password.
6. Select **Click Here to Reset Password**.
4. Create **New Password**, then retype to confirm.
5. Select **Submit**.

Your password reset is successful.






## How to Create an Online Customer Account

**START HERE**

Go to [bit.ly/activemontgomery](https://bit.ly/activemontgomery)

1. Select  **SIGN IN /REGISTER**
2. Select **Don't have an account? Sign Up Now**
3. Input your email address as your **Username**.  
This will be your login.
4. Create **Password**, then retype to confirm.
5. **Household Primary Person Information:** Input your information in all the required red fields:  
**Name, Address, City, State, Zip, Email address, and Birthdate.**
7. Add any **Additional Family Members** and **Emergency Contacts**, then check mark the "I'm not a robot" box.  
☒ **I'm not a robot**
8. Select **Save**

Spring Registration begins February 14.  
Summer Camp Registration begins February 22.  
Ice/Tennis Program Registration begins February 23.

Questions? Email [info@ActiveMONTGOMERY.org](mailto:info@ActiveMONTGOMERY.org)

### Contact Information

Montgomery County  
Recreation: 240-777-6840

Montgomery Parks:  
301-495-2580

CUPF: 240-777-2725

[bit.ly/ActiveMontgomery](https://bit.ly/ActiveMontgomery)

