



# Martin Luther King, Jr. Indoor Swim Center

1201 Jackson Road, Silver Spring, MD 20904 • (240) 777-8060 • www.montgomerycountymd.gov/rec  
Montgomery County Recreation Department - Aquatics Section



## Holiday Schedule - December 23, 2024 - January 1, 2025

MONDAY 12/23/2024	TUESDAY 12/24/2024	WEDNESDAY 12/25/2024	THURSDAY 12/26/2024	FRIDAY 12/27/2024	SATURDAY 12/28/2024	SUNDAY 12/29/2024	MONDAY 12/30/2024	TUESDAY 12/31/2024	WEDNESDAY 1/1/2025
6:15 - 8:00 AM <b>Early Bird Lap Swim</b> 4 Shallow, 1 DWR lane Available		<b>CLOSED</b>	6:15 - 8:00 AM <b>Early Bird Lap Swim</b> 4 Shallow, 1 DWR lane Available		6:00 AM -10:00AM <b>Swim Team Lap Lanes</b> No Spa and Weightroom open at 9:00AM		6:15 - 8:00 AM <b>Early Bird Lap Swim</b> 4 Shallow, 1 DWR lane Available		
8:00 AM-12:00PM <b>Mid Morning Swim</b> 4 Shallow Lap Lanes 1DWR Lane			8:00 AM-12:00PM <b>Mid Morning Swim</b> 4 Shallow Lap Lanes 1DWR Lane		10:00AM -12:00PM <b>Kayak Rolling Event</b> Varied lanes available Spa and Weightroom open	10:00AM -12:00PM <b>Lap Swimming</b> Varied lanes available Spa and Weightroom open	8:00 AM-12:00PM <b>Mid Morning Swim</b> 4 Shallow Lap Lanes 1DWR Lane		
12:00 - 3:00PM <b>Family Rec Swim</b> Varied Lap Lanes Available Teach Pool Open	12:30 - 2:30PM <b>Family Rec Swim</b> All Facilities open Lap Lanes Available 1DWR		12:00 - 3:00PM <b>Family Rec Swim</b> Varied Lap Lanes Available Teach Pool Open		12:30-4:30 PM <b>Family Rec Swim</b> All Facilities Open Lap Lanes Available 1 DWR Lane Available		12:00 - 3:00PM <b>Family Rec Swim</b> Varied Lap Lanes Available Teach Pool Open	12:30 - 2:30PM <b>Family Rec Swim</b> All Facilities open Lap Lanes Available 1DWR	
3:00 - 4:00PM <b>Afternoon Lap Swim</b> Varied Lap Lanes	Facility closes at 3:00 PM		3:00- 4:00 PM <b>Afternoon Lap Swimming</b> Varied Lap Lanes Available				3:00 - 4:00PM <b>Afternoon Lap Swim</b> Varied Lap Lanes	Facility closes at 3:00 PM	
4:00 - 7:30PM <b>Swim Team Practice</b>			4:00 - 7:30PM <b>Swim Team Practice</b>		Facility closes at 5:00 PM		4:00 - 7:30PM <b>Swim Team Practice</b>		
7:30-8:30PM <b>Family Rec Swim</b>			7:30-8:30PM <b>Family Rec Swim</b>	7:30 -8:30PM <b>Lap Swimming</b> Varied Lanes available			7:30-8:30PM <b>Family Rec Swim</b>		

### Notes

1. LAP SWIM: Pool is set up for lap lanes only. Diving Boards and Leisure Pool are CLOSED. Locker/Shower Rooms, Weight Room, and Hydrotherapy Pools are OPEN.

2. FAMILY REC SWIM: All facilities are OPEN - Diving Boards, Hydrotherapy Pools, Locker/Shower Rooms, Weight Room are OPEN. Main Pool is set up with lap lanes and open recreational areas.

**THIS SCHEDULE IS ONLY GOOD FOR THE DATES INDICATED ABOVE. WE WILL RESUME OUR REGULAR SCHEDULE ON Thursday, JANUARY 2, 2025.**

Lap lanes may be limited for short periods of time when swim and dive teams are practicing.