



Silver Spring Recreation and Aquatic Center Schedule

1319 Apple Ave Silver Spring MD 20910 (240) 777-6900 • www.mocorec.com
 Montgomery County Recreation - Aquatics Section
 Pool Use Schedule - June 16, 2024 - Aug 30, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 a.m. - 9 a.m. (Facility Doors Open at 6 a.m. Pool Opens at 6:30) EARLY BIRD LAP SWIM (Ages 12+) Lap Lanes, Deep Water Running					9 a.m. - 12:30 p.m. MID-MORNING SWIM (Ages 12+) Lap Swim Only Swim Lesson, Deep Water Running, Water Fitness Classes	
9 a.m. - 1 p.m. MID-MORNING SWIM (Ages 12+) Lanes, Swim Lesson, Deep Water Running, Water Fitness Classes						
10 a.m. - 1 p.m. REC SWIM ALL POOLS OPEN DIVING BOARDS OPEN	X	10 a.m. - 1 p.m. REC SWIM ALL POOLS OPEN DIVING BOARDS OPEN	X	X	1 p.m.- 4 p.m. SPLASH TIME Leisure Pool Open (Diving Boards and Climbing Wall Closed)	1 p.m.- 4 p.m. SPLASH TIME Leisure Pool Open (Diving Boards and Climbing Wall Closed)
1 p.m. - 5 p.m. AFTERNOON SWIM (Ages 12+) Lap Swim Only, Deep Water Running	1 p.m.. - 3:30 p.m. REC SWIM ALL POOLS OPEN DIVING BOARDS OPEN 3:30 p.m. - 5 p.m. AFTERNOON SWIM (Ages 12+) Lap Swim Only	1 p.m. - 5 p.m. AFTERNOON SWIM (Ages 12+) Lap Swim Only, Deep Water Running	1 p.m.. - 3:30 p.m. REC SWIM ALL POOLS OPEN DIVING BOARDS OPEN 3:30 p.m. - 5 p.m. AFTERNOON SWIM (Ages 12+) Lap Swim Only	1 p.m. - 5 p.m. AFTERNOON SWIM (Ages 12+) Lap Swim Only, Deep Water Running		
5 p.m. - 8:30 p.m. EVENING SWIM (Ages 12+) Lap Swim Only, Swim Lesson, Masters, Deep Water Running, Water Fitness Classes					Pool Closes at 5 PM	
Lap lanes will vary based on programs						

*** Locker Rooms will be closed 30 minutes after the last whistle ***

**** THIS SCHEDULE SUBJECT TO CHANGE ****

This pool use schedule may be changed to accommodate special events or holiday activities. Check posted notices in the center lobby.

FACILITY CLOSED ON: Thanksgiving Day, Christmas Day, New Year's Day, and Easter Sunday, June 19th, Memorial Day, Independence Day, and Labor Day