



Silver Spring Recreation and Aquatic Center
 1319 Apple Ave Silver Spring 20910 • (240) 777-6900 • www.montgomerycountymd.gov/rec
 2025-2026 Lane Schedule • November 17, 2025 - February 27th, 2026

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:00
7:00	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	Open at 9AM		7:00
8:00		8 Deep 3 Shallow		8 Deep 3 Shallow				8:00
9:00		8 Deep 0 Shallow		8 Deep 0 Shallow	8 Deep 0 Shallow			5 Deep 1 Shallow
10:00	8 Deep 1 Shallow	5 Deep 0 Shallow	5 Deep 0 Shallow		8 Deep 0 Shallow	1 Deep 0 Shallow	5 Deep 0 Shallow	10:00
11:00	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow					5 Deep 0 Shallow
12:00		5 Deep 0 Shallow	8 Deep 3 Shallow	5 Deep 0 Shallow	5 Deep 0 Shallow	5 Deep 1 Shallow	5 Deep 1 Shallow	12:00
1:00		5 Deep 0 Shallow		8 Deep 3 Shallow	5 Deep 0 Shallow			5 Deep 0 Shallow
2:00	8 Deep 3 Shallow	5 Deep 3 Shallow		8 Deep 3 Shallow	8 Deep 3 Shallow			5 Deep 3 Shallow
3:00	MCPS High Shool Practice (3 Deep lanes available til 4PM)					8 Deep 3 Shallow	4 Deep 3 Shallow	3:00
4:00	1 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 3 Shallow			Closed at 5PM
5:00						2 Deep 0 Shallow	1 Deep 1 Shallow	
6:00	5 Deep 0 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	5 Deep 3 Shallow	6:00			
7:00	Pool Closed at 8:30PM					7:00		
8:00						8:00		
8:30						9:00		

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

Very limited lanes available at these times