










SSRAC GYM SCHEDULE OCT. 1 - 31

	MONDAY PICKLEBALL	TUESDAY BASKETBALL	WEDNESDAY VOLLEYBALL	THURSDAY BADMINTON/ PICKLEBALL	FRIDAY FUTSAL	SATURDAY BASKETBALL	SUNDAY VOLLEYBALL		
				 					
6 a.m.	OPEN PICKLEBALL ALL AGES	OPEN BASKETBALL ALL AGES	OPEN BASKETBALL ALL AGES	OPEN PICKLEBALL ALL AGES	ADULT 18+ ULTIMATE FRISBEE				
7 a.m.									
8 a.m.									
9 a.m.									
10 a.m.	OPEN PICKLE- BALL ALL AGES	OPEN BASKET BALL	OPEN BASKET BALL	OPEN PICKLE- BALL ALL AGES	OPEN BASKET BALL	TINY TOTS	OPEN BASKET BALL	OPEN BASKETBALL ALL AGES	VOLLEYBALL LEAGUE
11 a.m.									
Noon									
1 p.m.	Closed for Pickleball Class Until 2:15 p.m.								
2 p.m.	(Starts 2:15 p.m.)								
3 p.m.	OPEN PICKLEBALL ALL AGES								
4 p.m.	YOUTH BASKETBALL 11-17	YOUTH VOLLEYBALL 11 – 17	OPEN PICKLEBALL ALL AGES	OPEN FUTSAL ALL AGES					
5 p.m.	Closed For Pickleball Class until 7:15 p.m.	OPEN BASKETBALL ALL AGES	OPEN VOLLEYBALL ALL AGES	OPEN BADMITON ALL AGES	WRESTLING (4:30 – 6:30 p.m.)	FUTSAL All AGES	GYM CLOSES AT 5 p.m.		
6 p.m.									
7 p.m.									
8 – 8:30 p.m.	ADULT 18+ PICKLEBALL (7:15 P.M.)	ADULT 18+ BASKETBALL	ADULT 18+ VOLLEYBALL	ADULT 18+ BADMITTON	ADULT 18+ FUTSAL				

THE GYM AND FITNESS CENTER WILL CLOSE 30 MINUTES PRIOR TO THE CLOSURE OF THE FACILITY