

# Wheaton Fifty Fit 55+

Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830 | mocorec.com



## **How to reach SNP Meals Manager regarding Senior Nutrition Program?**

**240-773-4833**

**Please call if you will need to cancel any meal reservation.**

**A friendly reminder that Summer Camps begin June 24! Dates/Times/Locations of 55+ programs may be subject to change without prior notice.**

## **Attention: Wheaton Senior Center Participants**

Stand By programs will not be offered for the 2024 Summer session. Instead, each program will have a set number of spaces for waitlist. Once the max number is reached for both, you will not be able to register for that class.

We'll be enforcing a no-show policy for those registered for the program. After the 3rd missed class, your name will be removed from our attendance roster. That space will become open and will be first come, first serve for someone registered for the waitlist.

## **Welcome to Wheaton Fifty Fit 55+ Summer Session!**

**Our Summer session is from Monday, June 3, 2024- Friday, August 30, 2024. If you have previously participated or are new, you will need to register for each individual class. You will not be allowed into any classes without registering. You can register online at [activemontgomery.org](http://activemontgomery.org) or in person at the front desk at Wheaton Community Recreation Center.**

## **Important Announcement!**

**Please check the 55+ Wheaton calendar before heading to the center. We have a higher number of classes cancelled for the month of July.**

## **Attention Senior Nutrition Meal Program Participants:**

**Our meal check in process has changed! From 11:30am-12:10pm, participants can check in at the 2nd floor desk at Wheaton CRC. During this time, participants can receive a meal ticket, donate money, swipe meal card and add your name to the Standby list. Please remember to exit the Social Hall 10 minutes prior to noon to allow for staff and volunteers to set up for our meals program.**