

North Potomac Senior Center

13850 Travilah Road • Rockville, MD 20850 • (240) 773 - 4805



DECEMBER 2024 NEWSLETTER

Holiday Closures

The Senior Center will be closed on the following dates:

CHRISTMAS HOLIDAY

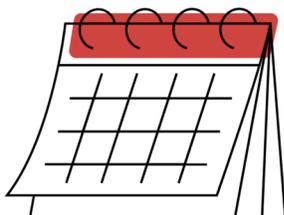
- Wednesday, December 24th closing at 3pm
- Thursday, December 25

NEW YEARS HOLIDAY

- Wednesday, December 31st closing at 3pm
- Thursday, January 1, 2025

DR. MARTIN LUTHER KING, JR. HOLIDAY

- Monday, January 20, 2025



TechConnect

TechConnect has returned to North Potomac Senior Center. TechConnect is available from 9am to 1pm on Saturdays. No registration is needed for TechConnect assistance. It is on a first come, first serve basis. Please bring your device i.e. laptop, iPad, or mobile phone with you if able.

There will not be TechConnect on Saturday, December 7th.

Please Cancel!

Do Not be a NO SHOW! To respect our customers, your friends, and the staff, if you are not able to attend a program or outing, please cancel your registration as soon as possible by emailing Rec.FinanceOffice@montgomerycountymd.gov. Many programs and outings have a wait list and for a customer to be enrolled from the waitlist, a customer not able to attend must cancel.

RecALERT Emergency Information

Stay informed with **Alert Montgomery**, your go-to for timely notifications on program closures within Montgomery County Recreation or emergencies affecting Montgomery County. Receive accurate updates instantly via text, email, or voice message.

To sign up for emergency information notifications, visit:

<https://www.montgomerycountymd.gov/OEMHS/AlertMontgomery/index.html>

New & Upcoming 55+ Programs

Day/Time	Program	Registration Number
Tuesdays & Thursdays Dec. 3, 2024 to Jan. 16, 2025 2:00 to 3:30 pm	 Beginner's Bridge	<i>R07074_210</i>
Thursdays Dec. 5, 2024 to Feb. 27, 2025 9:30 to 10:15am	Intro to Qigong	<i>R07059_203</i>
Fridays Dec. 6, 2024 to Feb. 28, 2025 2:30 to 3:30pm	Tai Chi with Shifu Larry	<i>R07027_202</i>
Friday December 6 1:30 to 4:30pm	Holiday Ballroom Dance Showcase	<i>R07107_203</i>
Monday December 9 10:30am to 1:30pm	Scale Model Display	<i>R07023_210</i>
Tuesday December 10 1 to 3:00pm	 Holiday Line Dance Party with DJ	<i>R07107_259</i>
Wednesday December 11 5:00 to 7:30pm	 JCA Outing to Winter Lights at Seneca Creek State Park—\$5	<i>R07101_239</i>
Saturdays Jan. 11 to Feb 22, 2025 10:00 to 11:30am	 Conversational Spanish for Beginners	<i>R07015_211</i>

North Potomac Senior Center Pics



Easy Dance Fitness Class with Kumud on Mondays at North Potomac.



Diwali event at NPSC. Participating in Dandiya Raas (Indian Stick Dance) a social folk dance originating in the state of Gujarat in India.



Registration, Transportation, & Senior Lunch

HOW DO I REGISTER FOR PROGRAMS?

In order to participate in programs, classes, or use equipment in Montgomery County Recreation facilities, all individuals must fill out an *Active Montgomery Registration Form*. All programs have an assigned activity number (e.g. #R07010_100) and are important to know during the registration process. The registration form is available at the front desk or you may register online at *ActiveMontgomery.org*. After completing this form and having your picture taken a Recreation Pass Card, or *RecPass* will be given to you by a staff member. This RecPass allows holder access to all Montgomery County Community Recreation Centers and Senior Centers by scanning your card's unique barcode at the front desk.

If your name does not appear on the attendance sheet of a class you have shown up for, you **MUST** register at the front desk by completing and signing an Active Montgomery Registration Form. Unsure if you are registered for a program or class? The front desk staff can check and print a receipt confirming your registration or waitlist status.

Finally, please be kind to your fellow participants, instructors, and staff by adhering to the rules and regulations set by Montgomery County. Thank you.

FREE CURB TO CURB TRANSPORTATION BY JCA

If you reside within five miles of the North Potomac Senior Center, the Jewish Council for the Aging (JCA) provides free, handicap accessible transportation Monday through Friday. Pickup from your home is between 8:00 - 9:00am and the bus leaves the center at approximately 1:45pm to take you home. Please call 240-773-4805 or stop by the North Potomac Senior Center during open hours for an application. Please note that it takes the JCA staff approximately 7 to 10 business days to process applications and to contact all applicants via telephone regarding their application status. Currently, there is a waitlist for JCA transportation, however please submit your application to get on the waitlist and hold your place.

SENIOR NUTRITION PROGRAM (SNP) — NEW EMAIL INFORMATION LUNCH BY DUTCH MILL CATERING

If you are age 60+, you can take part in the SNP at North Potomac Senior Center. The suggested donation is \$3.00 per meal to support the funding of the program. The cost of the meal for individuals sixty and under is \$8.26 per meal. If interested, come to the center between 9:00am and 1:00pm to complete an SNP application and for SNP staff to assist and answer any questions. If you have completed an application and would like to place an order, call 240-773-4805 before 10:00am *at least* four business days ahead of time. **If you are going to arrive after 11:45am for your meal or need to cancel your reservation, contact Andy or Jean at 240-773-4805 or email NPSC@montgomerycountymd.gov with your cancellation information.**

Searching for December

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.



BOXING DAY
CANDY CANES
CAPRICORN
CHARITY
CHRISTMAS
HANUKKAH

HOT COCOA
KWANZAA
LIGHTS
NARCISSUS
NEW YEAR'S EVE
PEACE

POINSETTIA
SAGITTARIUS
TRAVEL
TURQUOISE
WINTER
WREATHS

North Potomac Senior Center

International Ballroom

**DANCE
SHOWCASE**

**FRIDAY
DECEMBER 6
1:30 - 4:30PM**

Active # R07107_203

**For more info: Email Ying
at Afeiying@gmail.com**



North Potomac Senior Center

Holiday Line Dance Party



DJ and Dancing

SNACKS AND BEVERAGES

*Dress in holiday attire or fun accessories.
Prize for best holiday dressed!*

Tuesday, December 10

1 to 3pm

Active # R07107_259



MONTGOMERY COUNTY RECREATION

NORTH POTOMAC

SNOW & ICE Family Festival

*All Ages
Welcome!*

*Free for
Everyone!*



SUNDAY, DEC. 15 ❄️ **1-4 P.M.**

Enjoy winter crafts, skating, snow games,
hot cocoa, cookies and more!

ACTIVITY R03003-297



SCAN

North Potomac CRC • 13850 Travilah Road, Rockville



MONTGOMERYCOUNTYRECREATION



MOCOREC



MOCORECREATION

To register, visit [ActiveMontgomery.org](https://www.ActiveMontgomery.org)
240-777-6840 • *Hablamos Español* • www.mocorec.com



MONTGOMERY COUNTY
Recreation

Montgomery County Recreation is committed to compliance with the Americans with Disabilities Act (ADA).
Please contact 240-777-6840 or rec.inclusion@montgomerycountymd.gov to request accommodations.

MONTGOMERY COUNTY RECREATION

SENIORS ON STRIKE BOWLING TRIP

WEDNESDAY, JAN. 22 | 9:30 A.M. - 1:45 P.M. | \$5 FEE

AGES:

55+

NORTH POTOMAC
SENIOR CENTER

240-773-4805



ACTIVITY
R07101-202

Join your senior center and other participating centers in a friendly competition of bowling at Bowl America in Gaithersburg. Registration includes bowling, rental shoes, arcade card, pizza, water and soft drinks. **Registration is required and space is limited.** Bus transportation from centers is strongly encouraged!

Registration will take place at the front desk only.



MONTGOMERYCOUNTYRECREATION



MOCOREC



MOCORECREATION

For more information, visit mcorec.com
240-777-6840 • Hablamos Español • www.mcorec.com



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