

Activity Codes for 55+ Wheaton Senior Center Fall Session 2024

Activity Code	Section	55+ Class	Begin Date	End Date	Begin Time	End Time	Day(s)	Notes
R07012	103	55+ Ballet	9/3/2024	11/26/2024	1:30pm	2:30pm	Tue	
R07012	102	Ballet I for 55+	9/4/2024	11/27/2024	2:15pm	3:15pm	Wed	
R07032	105	55+ Yoga	9/3/2024	11/26/2024	3:00pm	4:00pm	Tue	
R07032	102	55+ Yoga	9/9/2024	11/25/2024	10:00am	11:00am	Mon	
R07032	104	Yogalates	9/4/2024	11/27/2024	9:45am	10:45am	Wed	
R07012	139	Cardio Dance Fitness	9/5/2024	11/28/2024	10:30am	11:30am	Thur	
R07011	111	Baile Conmigo!	9/9/2024	11/25/2024	9:05am	9:55am	Mon	
R07011	104	Ballroom/Line Dance	9/4/2024	11/28/2024	1:00pm	2:00pm	Wed & Thur	
R07118	102	Intro to Spanish	9/9/2024	11/25/2024	11:00am	12:00pm	Mon	
R07118	101	Beginners Spanish	9/9/2024	11/25/2024	10:00am	11:00am	Mon	
R07118	103	Intermediate Spanish	9/3/2024	11/26/2024	10:00am	11:00am	Tue	
R07012	106	Chinese Folk Dance	9/9/2024	11/2/2024	1:00pm	2:00pm	Mon	
R07012	107	Chinese Dance & Fitness	9/4/2024	11/27/2024	9:00am	10:45am	Wed	
R07015	101	Conversational Spanish	9/6/2024	11/29/2024	10:00am	11:00am	Fri	
R07025	115	Wheaton Tai Chi	9/6/2024	11/29/2024	10:45am	11:45am	Fri	
R07041	104	Full Body Workout	9/3/2024	11/26/2024	9:05am	9:55am	Tue	
R07115	102	Let's Practice Ukulele! Club	9/5/2024	11/28/2024	1:00pm	2:00pm	Thur	

R07059	101	Let's Practice Qigong	9/6/2024	11/29/2024	1:00pm	2:00pm	Friday
R07058	105	Memoir Writing	9/4/2024	11/27/2024	10:00am	11:30am	Wed
R07003	102	Needles & Yarn (Non-Instructional)	9/3/2024	11/26/2024	1:00pm	3:00pm	Mon & Tues
R07011	103	Social Line Dance	9/9/2024	11/25/2024	10:00am	11:00am	Mon
R07012	122	Superpower Dance Circle	9/4/2024	11/27/2024	11:05am	11:55am	Wed
R07095	102	Intro to Drawing	9/5/2024	11/28/2024	11:00am	12:00pm	Thur
R07095	103	Painting with Acrylics	9/6/2024	11/29/2024	11:00am	1:00pm	Fri
R07117	102	Wheaton Jewelry Club (Non-Instructional)	9/5/2024	11/28/2024	1:00pm	2:30pm	Thur
R07047	101	Wheaton Mahjongg	9/4/2024	11/28/2024	1:00pm	4:00pm	Wed & Thurs
R07035	102	Wheaton Walks	9/4/2024	11/27/2024	9:30am	11:00am	Wed
R07032	106	Yoga Para Todos	9/6/2024	11/29/2024	3:00pm	4:00pm	Fri
R07012	108	Yuan Chi Dance	9/9/2024	11/25/2024	2:30pm	4:00pm	Mon
R07012	138	Active Aging Week: Indian Stick Dance	10/4/2024	10/4/2024	11:00am	12:00pm	Friday
R07101	183	Mini Trip: Wheaton Mall	10/17/2024	10/17/2024	9:30am	12:00pm	Thur
R07089	114	Wheaton Senior Center 55+ BBQ	9/6/2024	9/6/2024	11:00am	1:00pm	Fri
R07030	105	Muscle UP!	9/6/2024	11/29/2024	1:30pm	2:30pm	Fri
R07070	102	Zumba	9/3/2024	11/26/2024	11:00am	12:00pm	Tue

R07070	103	Zumba	9/5/2024	11/28/2024	2:00pm	3:00pm	Thur
R07070	114	Zumba	9/6/2024	11/29/2024	9:45am	10:45am	Fri
R07070	115	Zumba Gold	9/9/2024	11/29/2024	1:30pm	2:30pm	Mon

Dates/Times/Locations of 55+ programs may be subject to change without prior notice.

Registration for the fall will begin Monday, August 12, 2024 at 6:30 am.

Last day to register for fall classes is Friday, August 30, 2024 at 5:00pm.