Wheaton Fifty Fit 55+



Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830 | mocorec.com

How to reach SNP Meals Manager regarding Senior Nutrition Program?

240-773-4833

Please call if you will need to cancel any meal reservation. <u>Wheaton Senior Center</u> <u>Closed on the following</u> <u>days:</u>

Monday, February 17, 2025-Presidents Day

Interested in volunteering for Wheaton Senior <u>Center?</u>

We are looking for individuals 55+ that are looking to teach, take attendance, share resources to the public or support our meals program. If you're interested, please email Alex alejandro.alcon@ montgomerycountymd.gov <u>Spring Registration Q & A</u> If you have questions regarding Spring registration,

regarding Spring registration, stop by Thursday, February 13 from 1pm-2pm in the Computer Lab Spring Registration for 55+ Programs Date-Wednesday, February 19, 2025 Time-9am Location-Online or any Montgomery County Recreation/Senior/Aquatic Center 10 days prior to registration day, the online Recreation Guide will be available at mocorec.com

Senior Nutrition Meal Program Participants:

From 11:30am-12:00pm, participants can check in at the 2nd floor desk at Wheaton CRC. During this time, participants can receive a meal ticket, donate money, swipe meal card and add your name to the Standby list. Please remember to exit the Social Hall 10 minutes prior to noon to allow for staff and volunteers to set up for our meals

> program. <u>Classes available to register</u> <u>for Winter session:</u> Wheaton Walks R07035-202

> > Chat w/ Alex R07314-201

Wheaton Jewelry Club R07117-201