Wheaton Fifty Fit 55+

Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830| mocorec.com

How to reach SNP Meals Manager regarding Senior Nutrition Program?

240-773-4833

Please call and leave a message if you need to cancel any meal reservation.

We are not accepting new applications for the SNP meals program

https://www.montgomerycountymd.gov/rec/activitiesandprograms/seniors/congregatemeal.html

Volunteer to teach/ facilitate a program at Wheaton Senior Center

If you're interested in volunteering by leading or facilitating a program, please reach out to Alex Alcon Alejandro.alcon@ montgomerycountymd .gov

Attention 55+ Participants

If you're enrolled in the following Wheaton Senior Center class, we will ask you to scan your REC pass with staff when arriving to class:
R07117-204 Play for Fun
R07012-201 Ballet
R07012-202 Ballet
R07011-202 Ballroom/ Line Dance
R07059-201 Qigong

Watercolor and Element of Design Fundamentals Club
R07117-205
(Registration begins Friday, December 5th at 9am)
December 15, 2025-February 23, 2026
10am-11:30am

Ignite your inner artist and discover the beauty of watercolor painting. Learn essential techniques, color mixing, and brushstrokes while exploring landscape, still life, and abstraction. Perfect for beginners and aspiring fine artists.

Instructor available:
Dec 15th 10:00-11:30
Jan 12th 10:00-11:30
Feb 9th 10:00-11:30

Chat w/ Alex from Wheaton Senior Center

R07314-201: Winter Session
December 30, 2025
1:00pm

Ask questions, share comments or suggestions regarding Wheaton Senior Center.

<u>Attention 55+Participants</u>

Please check in with staff members doing attendance before entering class.

Enrolled participants have <u>5 minutes</u> after class starts before a spot is given to someone on the waitlist.

Participants on the waitlist will be admitted by staff members doing attendance. Participants on the waitlist are not guaranteed entrance to class.

No other participants from enrolled or waitlist will be able to enter 10 minutes after class begins.

Once capacity is reached for the class, doors will be closed.

<u>Policy is subject to change and will be updated as needed.</u>