

| <input checked="" type="checkbox"/> | Activity |     | Description                                             | Begin Date | End Date   | Begin Time | End Time | Mon | Tue | Wed | Thu | Fri |
|-------------------------------------|----------|-----|---------------------------------------------------------|------------|------------|------------|----------|-----|-----|-----|-----|-----|
|                                     | R07003   | 102 | Needles & Yarn                                          | 9/2/2025   | 11/25/2025 | 1:00 PM    | 3:00 PM  | x   | x   |     |     |     |
|                                     | R07011   | 104 | Ballroom/Line Dance                                     | 9/3/2025   | 11/20/2025 | 1:00 PM    | 2:00 PM  |     |     | x   | x   |     |
|                                     | R07011   | 111 | Dance with Me!                                          | 9/8/2025   | 11/24/2025 | 9:05 AM    | 9:55 AM  | x   |     |     |     |     |
|                                     | R07012   | 102 | Ballet                                                  | 9/3/2025   | 11/26/2025 | 2:15 PM    | 3:15 PM  |     |     | x   |     |     |
|                                     | R07012   | 103 | Ballet                                                  | 9/2/2025   | 11/25/2025 | 1:30 PM    | 2:30 PM  |     | x   |     |     |     |
|                                     | R07012   | 106 | Chinese Folk Dance                                      | 9/8/2025   | 11/24/2025 | 1:00 PM    | 2:00PM   | x   |     |     |     |     |
|                                     | R07012   | 107 | Chinese Dance & Fitness                                 | 9/3/2025   | 11/26/2025 | 9:00 AM    | 10:45 AM |     |     | x   |     |     |
|                                     | R07012   | 108 | Yuan Chi Dance                                          | 9/8/2025   | 11/24/2025 | 2:30 PM    | 4:00 PM  | x   |     |     |     |     |
|                                     | R07012   | 122 | Superpower Dance Circle                                 | 9/3/2025   | 11/26/2025 | 11:00 AM   | 11:45 AM |     |     | x   |     |     |
|                                     | R07012   | 139 | Cardio Dance Fitness                                    | 9/3/2025   | 11/26/2025 | 9:05 AM    | 9:40 AM  |     |     | x   |     |     |
|                                     | R07015   | 101 | Conversational Spanish                                  | 9/5/2025   | 11/21/2025 | 10:00 AM   | 11:00 AM |     |     |     |     | x   |
|                                     | R07025   | 101 | Tai Chi                                                 | 9/5/2025   | 11/21/2025 | 10:45 AM   | 11:45 AM |     |     |     |     | x   |
|                                     | R07028   | 103 | Self Defense                                            | 9/18/2025  | 10/30/2025 | 2:00 PM    | 3:00 PM  |     |     |     | x   |     |
|                                     | R07028   | 110 | Low Impact Aikido                                       | 9/19/2025  | 11/21/2025 | 10:55 AM   | 11:55 AM |     |     |     |     | x   |
|                                     | R07030   | 105 | Muscle UP!                                              | 9/5/2025   | 11/21/2025 | 1:30 PM    | 2:30 PM  |     |     |     |     | x   |
|                                     | R07032   | 103 | Laughter Yoga                                           | 9/4/2025   | 11/20/2025 | 10:00 AM   | 11:00 AM |     |     |     | x   |     |
|                                     | R07032   | 104 | Yogalates                                               | 9/3/2025   | 11/26/2025 | 9:45 AM    | 10:45 AM |     |     | x   |     |     |
|                                     | R07032   | 105 | Chair Yoga                                              | 9/2/2025   | 11/25/2025 | 3:00 PM    | 4:00 PM  |     | x   |     |     |     |
|                                     | R07035   | 102 | Wheaton Walks                                           | 9/3/2025   | 11/26/2025 | 9:30 AM    | 11:00 AM |     |     | x   |     |     |
|                                     | R07041   | 104 | Full Body Workout                                       | 9/2/2025   | 11/25/2025 | 9:05 AM    | 9:55 AM  |     | x   |     |     |     |
|                                     | R07047   | 101 | American Mah Jongg                                      | 9/3/2025   | 11/26/2025 | 1:00 PM    | 4:00 PM  | x   |     | x   |     |     |
|                                     | R07058   | 105 | Memoir Writing                                          | 9/3/2025   | 11/26/2025 | 10:00 AM   | 11:30 AM |     |     | x   |     |     |
|                                     | R07059   | 101 | Qigong                                                  | 9/5/2025   | 11/21/2025 | 1:00 PM    | 2:00 PM  |     |     |     |     | x   |
|                                     | R07061   | 101 | Beginners English                                       | 9/5/2025   | 11/21/2025 | 11:00 AM   | 12:00 PM |     |     |     |     | x   |
|                                     | R07070   | 102 | Zumba                                                   | 9/2/2025   | 11/25/2025 | 11:00 AM   | 12:00 PM |     | x   |     |     |     |
|                                     | R07070   | 103 | Zumba                                                   | 9/4/2025   | 11/20/2025 | 11:00 AM   | 11:45 AM |     |     |     | x   |     |
|                                     | R07070   | 114 | Zumba                                                   | 9/5/2025   | 11/21/2025 | 9:45 AM    | 10:45 AM |     |     |     |     | x   |
|                                     | R07070   | 115 | Zumba Gold                                              | 9/8/2025   | 11/24/2025 | 1:30 PM    | 2:30 PM  | x   |     |     |     |     |
|                                     | R07089   | 105 | Friendsgiving                                           | 11/21/2025 | 11/21/2025 | 11:30 AM   | 1:00 PM  |     |     |     |     | x   |
|                                     | R07095   | 102 | Intro to Drawing                                        | 9/4/2025   | 11/20/2025 | 11:00 AM   | 12:00 PM |     |     |     | x   |     |
|                                     | R07095   | 103 | Painting with Acrylics                                  | 9/5/2025   | 11/21/2025 | 11:00 AM   | 1:00 PM  |     |     |     |     | x   |
|                                     | R07101   | 101 | Mini-Trip: Active Aging Week at N Potomac Senior Center | 10/6/2025  | 10/6/2025  | 9:00 AM    | 12:00 PM | x   |     |     |     |     |
|                                     | R07101   | 175 | Mini Trip: Kensington Antique Row                       | 9/17/2025  | 9/17/2025  | 9:30 AM    | 1:30 PM  |     |     | x   |     |     |
|                                     | R07101   | 183 | Mini-Trip: Wheaton Mall                                 | 10/16/2025 | 10/16/2025 | 9:30 AM    | 12:00 PM |     |     |     | x   |     |
|                                     | R07115   | 102 | Let's Practice Ukulele! Club                            | 9/4/2025   | 11/20/2025 | 1:00 PM    | 2:00 PM  |     |     |     | x   |     |
|                                     | R07117   | 102 | Jewelry Club (Non-Instructional)                        | 9/4/2025   | 11/20/2025 | 1:00 PM    | 2:30 PM  |     |     |     | x   |     |
|                                     | R07117   | 108 | Play for Fun                                            | 9/8/2025   | 11/24/2025 | 11:00 AM   | 12:00 PM | x   |     |     |     |     |
|                                     | R07118   | 101 | Beginners Spanish                                       | 9/8/2025   | 11/24/2025 | 10:00 AM   | 11:00 AM | x   |     |     |     |     |
|                                     | R07118   | 103 | Intermediate Spanish                                    | 9/2/2025   | 11/25/2025 | 10:00 AM   | 11:00 AM |     | x   |     |     |     |
|                                     | R07314   | 101 | Chat with Senior Center Director                        | 9/18/2025  | 11/20/2025 | 1:00 PM    | 2:00 PM  |     |     |     | x   |     |