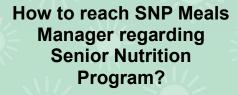
Wheaton Fifty Fit 55-

Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830 | mocorec.com



240-773-4833

Please call and leave a message if you need to cancel any meal reservation.

We are not accepting new applications for the SNP meals program

https://www.montgomery countymd.gov/rec/activiti esandprograms/seniors/ congregatemeal.html

Volunteer to teach/ facilitate a program at Wheaton Senior Center

If you're interested in volunteering by leading or facilitating a program, please reach out to Alex Alcon Alejandro.alcon@montgomerycountymd.gov

Registration for Fall 2025 session

Tuesday, August 12, 2025

Registration starts at 9am for all 55+ programs

Registration is held in person at any of our Montgomery County Recreation Facilities

Or

Online at activementgomery.org

Walk Together Fun Mile

R07035-515

Wednesday, August 20, 2025
9:30am-10:30am
Join your peers at your local senior center for a walking club. At the end of the summer, join your peers in a joint center fun 1-mile walk at the Wheaton Senior Center on August 20th!

Chat w/ Alex from Wheaton Senior Center

R07314-101: Fall Session

September 18, 2025 October 23, 2025 November 20, 2025 1:00pm

Ask questions, share comments or suggestions regarding Wheaton Senior Center.

Attention 55+Participants

Doors open 15 minutes prior to the start of class.

Please check in with staff member doing attendance before entering.

Enrolled participants have <u>5</u>
<u>minutes</u> after class starts to
participate before spot is given to
someone on the waitlist.

Participants on the waitlist will be admitted by staff member doing attendance. Participants on the waitlist are not guaranteed entrance to program.

No other participants from enrolled or waitlist will be able to enter 10 minutes after class begins.

Once capacity is reached for the class, doors will be closed.

Policy is subject to change and will be updated as needed.