		Activity Codes for 55+ Wheaton Senior Center Winter Session 2024/2025						
Activity Code	Section	55+ Class	Begin Date	End Date	Begin Time	End Time	Day(s)	
R07012	202	Ballet	12/3/2024	2/25/2025	1:30pm	2:30pm	Tue	
R07012	201	Ballet I	12/4/2024	2/26/2025	2:15pm	3:15pm	Wed	
R07032	204	Chair Yoga	12/3/2024	2/25/2025	3:00pm	4:00pm	Tue	
R07032	201	Yoga	12/2/2024	2/24/2025	10:00am	11:00am	Mon	
R07032	203	Yogalates	12/4/2024	2/26/2025	9:45am	10:45am	Wed	
R07032	205	Yoga	12/5/2024	2/27/2025	3:00pm	4:00pm	Thur	
R07012	239	Cardio Dance Fitness	1/2/2024	2/27/2025	10:30am	11:30am	Thur	
R07011	208	Dance with Me!	1/6/2025	2/24/2025	9:05am	9:55am	Mon	
R07011	202	Ballroom/Line Dance	12/4/2024	2/27/2025	1:00pm	2:00pm	Wed & Thur	
R07118	203	Intro to Spanish	1/6/2025	2/24/2025	11:00am	12:00pm	Mon	
R07118	202	Beginners Spanish	12/2/2024	2/24/2025	10:00am	11:00am	Mon	
R07118	204	Intermediate Spanish	12/3/2024	2/25/2025	10:00am	11:00am	Tue	
R07012	205	Chinese Folk Dance	12/2/2024	2/24/2025	1:00pm	2:00pm	Mon	
R07012	206	Chinese Dance & Fitness	12/4/2024	2/19/2025	9:00am	10:45am	Wed	
R07118	201	Conversational Spanish	12/6/2024	2/28/2025	10:00am	11:00am	Fri	
R07025	220	Wheaton Tai Chi	12/6/2024	2/28/2025	10:45am	11:45am	Fri	
R07041	201	Full Body Workout	1/7/2025	2/25/2025	9:05am	9:55am	Tue	

R07115	202	Let's Practice Ukulele! Club	12/5/2024	2/27/2025	1:00pm	2:00pm	Thur
R07059	201	Let's Practice Qigong	12/6/2024	2/28/2025	1:00pm	2:00pm	Friday
R07058	201	Memoir Writing	12/4/2024	2/26/2025	10:00am	11:30am	Wed
		Needles & Yarn					
R07003	203	(Non-Instructional)	12/2/2024	2/25/2025	1:00pm	3:00pm	Mon & Tues
R07011	201	Social Line Dance	12/2/2024	2/24/2025	10:00am	10:45am	Mon
R07012	217	Superpower Dance Circle	12/4/2024	2/26/2025	11:05am	11:55am	Wed
R07095	202	Intro to Drawing	12/5/2024	2/27/2025	11:00am	12:00pm	Thur
R07095	203	Painting with Acrylics	12/6/2024	2/28/2025	11:00am	12:00pm	Fri
		Wheaton Jewelry Club					
R07117	201	(Non-Instructional)	12/5/2024	2/27/2025	1:00pm	2:30pm	Thur
R07047	201	Wheaton Mahjongg	12/2/2024	2/26/2025	1:00pm	4:00pm	Mon & Wed
R07035	202	Wheaton Walks	12/4/2024	2/26/2025	9:30am	11:00am	Wed
R07012	240	Yuan Chi Dance	12/2/2024	2/24/2025	2:30pm	4:00pm	Mon
R07091	215	Wheaton 55+ Pickleball	12/23/2024	12/23/2024	9:00am	10:00am	Mon
R07101	203	2025 Seniors on Strike Bowling Trip-Wheaton Senior Center	1/22/2025	1/22/2025	9:30am	1:45pm	Wed
R07094	201	Candles & Wreaths Event w/ MCPD	12/10/2024	12/10/2024	10:30am	12:30pm	Tue
R07035	205	Wheaton Evening Walkers	12/13/2024	12/27/2024	5:00pm	7:00pm	Fri
R07035	205	Wheaton Evening Walkers	12/13/2024	12/27/2024	5:00pm	7:00pm	

R07101	245	Sandy Spring Slave Musuem	1/14/2025	1/14/2025	9:45am	12:30pm	Tue
R07101	211	Brookside Gardens	12/13/2024	12/13/2024	9:45am	12:00pm	Thur
R07089	201	Wheaton Winter Celebration	12/20/2024	12/20/2024	11:30am	1:30pm	Fri
R07030	201	Muscle UP!	12/6/2024	2/28/2025	1:30pm	2:30pm	Fri
R07070	201	Zumba	12/3/2024	2/25/2025	11:00am	12:00pm	Tue
R07070	202	Zumba	12/5/2024	2/27/2025	2:00pm	3:00pm	Thur
R07070	209	Zumba	12/6/2024	2/28/2025	9:45am	10:45am	Fri
R07070	208	Zumba Gold	12/2/2024	2/24/2025	1:30pm	2:30pm	Mon

Dates/Times/Locations of 55+ programs may be subject to change without prior notice.

Registration for the 55+ Winter programs will begin Wednesday, November 13, 2024 at 9:00am.

Last day to register for 55+ Winter classes is Friday, November 29, 2024 at 5:00pm.