









SSRAC GYM SCHEDULE FEB. 1 - 28

	MONDAY PICKLEBALL	TUESDAY BASKETBALL	WEDNESDAY VOLLEYBALL	THURSDAY BADMINTON/ PICKLEBALL	FRIDAY FUTSAL	SATURDAY BASKETBALL	SUNDAY VOLLEYBALL		
				 					
6 a.m.	OPEN PICKLEBALL ALL AGES	OPEN BASKETBALL ALL AGES	OPEN BASKETBALL ALL AGES		OPEN PICKLEBALL ALL AGES	ADULT 18+ ULTIMATE FRISBEE			
7 a.m.									
8 a.m.									
9 a.m.									
10 a.m.	OPEN PICKLEBALL ALL AGES ***PICKLEBALL CLASS INFO BELOW	OPEN BASKET BALL	TINY TOTS	OPEN BASKETB ALL	OPEN PICKLEBALL ALL AGES	TINY TOTS	OPEN BASKET BALL	OPEN BASKETBALL ALL AGES	VOLLEYBALL ALL AGES
11 a.m.									
Noon									
1 p.m.									
2 p.m.		YOUTH BASKETBALL 11-17	YOUTH VOLLEYBALL 11 – 17			OPEN BASKETBALL ALL AGES	OPEN FUTSAL ALL AGES	*SPLIT GYM DUE TO PROGRAM NEED ENDS FEB. 10	VOLLEYBALL ADULT 18+
3 p.m.									
4 p.m.									
5 p.m.		OPEN BASKETBALL ALL AGES	OPEN VOLLEYBALL ALL AGES	OPEN BADMITON ALL AGES		ADULT 18+ FUTSAL	GYM CLOSES AT 5 p.m.		
6 p.m.	ADULT 18+ PICKLEBALL ***PICKLEBALL CLASS INFO BELOW	ADULT 18+ BASKETBALL	ADULT 18+ VOLLEYBALL	ADULT 18+ BADMITTON					
7 p.m.									
8 – 8:30 p.m.									

THE GYM AND FITNESS CENTER WILL CLOSE 30 MINUTES PRIOR TO THE CLOSURE OF THE FACILITY

*****PICKLEBALL CLASS EVERY MONDAY JAN. 27 – FEB. 10**

THREE WEEK SESSION- 1:15 - 3:15 P.M., 6 – 8 P.M.

***FEB. 28 GYM WILL BE CLOSED AFTER 3 P.M., FITNESS ROOM WILL BE OPEN**