

Goals across the top (What) & Processes by which goals can be achieved (How) in rows

Red font provides commentary on actions that are applicable across multiple topic areas (listed in only one column but are in relevant in others also)

GREEN = feasible in short term (next 1-2 yrs given limited additional resources)

BLACK = important but longer-term due to staffing, fiscal constraints or other barriers

	HEALTHY	HOUSING	ENGAGEMENT	TRANSPORTATION	SAFETY	EMPLOYMENT
VOLUNTEERISM		<ul style="list-style-type: none"> <li>• Tax credits for people providing services to others</li> <li>• Inter-generational education and programming (applicable across other outcomes)</li> <li>• Neighbors helping neighbors – volunteerism as means to help people remain in their home of choice (Service Credit model)</li> </ul>	<ul style="list-style-type: none"> <li>• Use/encourage volunteerism as a means to get people more engaged with other individuals in their community (applicable across other outcomes)</li> <li>• Ambassador program to help recruit older adults and facilitate use of senior centers and other resources</li> </ul>	<ul style="list-style-type: none"> <li>• Work with MCPS to increase use of service credits to assist seniors – for example helping seniors in identifying web based information (applicable across other outcomes)</li> <li>• Liability insurance for volunteers (applicable across other outcomes)</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>
COMMUNICATION	<ul style="list-style-type: none"> <li>• Educate about importance of exercise including walking</li> <li>• Educate about proper nutrition</li> <li>• Educate about the aging process and what is normal vs. what is disease</li> <li>• Educate about value of volunteerism in promoting health of volunteers (applicable across other outcomes)</li> </ul>	<ul style="list-style-type: none"> <li>• Educate seniors about various housing options available and pro's &amp; con's of each</li> <li>• Education about “right sizing”</li> <li>• Education about services already available in the community</li> <li>• Education about planning in advance to mitigate future problems (applicable across other outcomes)</li> </ul>	<ul style="list-style-type: none"> <li>• Educate about importance of social activity for quality of life – including value of volunteering in increasing social engagement</li> <li>• Educate people about the various activities available in the community (enrichment, learning, etc)</li> <li>• Provide single source of information (applicable across other outcomes)</li> </ul>	<ul style="list-style-type: none"> <li>• Education about transportation options, including encouraging people to use fixed route services</li> <li>• Inform drivers of programs that help that remain driving safely (adaptations and training)</li> <li>• Explore potential of internet to provide information about options (applicable across other outcomes)</li> </ul>	<ul style="list-style-type: none"> <li>• Education to seniors and their caregivers on a range of safety topics (variety of methods can be employed)</li> </ul>	<ul style="list-style-type: none"> <li>• Provide transition training (work to retirement) for seniors contemplating leaving the workforce</li> </ul>

	HEALTHY	HOUSING	ENGAGED	TRANSPORTATION	SAFETY	EMPLOYMENT
HOME AND COMMUNITY BASED SERVICES	<ul style="list-style-type: none"> <li>• Provide computer accessing &amp; training in senior centers</li> </ul>	<ul style="list-style-type: none"> <li>• Enhance supportive services (chore, personal care, OT, etc)</li> <li>• Increase funding for group homes, assisted living</li> <li>• Increase funding for Adult Day Care &amp; Respite Care</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Develop and implement program to assess fall risk and fall prevention (applies also to Health &amp; Housing outcomes)</li> <li>• Consumer protection safety initiative to address exploitation</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>
PLANNING / RESEARCH	<ul style="list-style-type: none"> <li>• Investigate best practices and whether they can be applied in County (applicable across other outcomes)</li> <li>• Develop Senior Agenda to favor budget prioritization (applicable across other outcomes)</li> <li>• CHIP assessment (Community health assessment)</li> </ul>	<ul style="list-style-type: none"> <li>• Identify NORC's and neighborhoods in need of assistance</li> <li>• Identify special needs of ethnic groups (applicable across other outcomes)</li> <li>• Change zoning regulations to favor walkable neighborhoods (benefits apply to other outcomes such as health and transportation)</li> </ul>		<ul style="list-style-type: none"> <li>• Investigate ITN model</li> <li>• Study unmet &amp; under met need (applicable across other outcomes)</li> <li>• Change taxi regulations to allow door to door service</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>
COLLABORATION & PARTNERSHIPS	<ul style="list-style-type: none"> <li>• Collaborate with partners to provide &amp; expand multi-component exercise programs</li> </ul>	<ul style="list-style-type: none"> <li>• County to provide technical assistance to help communities develop "village" models (applicable across other outcomes)</li> <li>• Work with USPS to have mail carriers check on people</li> <li>• Work with partners to expand affordable assisted living for low and moderate income seniors</li> </ul>			<ul style="list-style-type: none"> <li>• Implement recommendations of Senior Fire Safety Task Force</li> <li>• Implement recommendations of Pedestrian Safety Task Force (applicable across other outcomes)</li> </ul>	<ul style="list-style-type: none"> <li>• County is working with the State of Maryland and the National Governor's Association in a policy academy to address recruiting &amp; retaining older workers by public &amp; private employers.</li> <li>• Encourage Montgomery College to offer training programs for CNAs and other skills needed to serve aging population</li> </ul>