

# Older Adults

## Explore Your Transportation Options

For all  
older  
adults

### **Connect-A-Ride:** Receive free information about all transportation options.

- Call 301-738-3252 to discuss your specific needs and concerns or e-mail [ConnectARide@AccessJCA.org](mailto:ConnectARide@AccessJCA.org).
- Ask how you can learn to use public buses and Metrorail (subway).
- Learn how to access free or low-cost rides provided by volunteers.
- To speak your preferred language, say the language when calling or leaving a message.

### **Ride On and Some Metrobuses:** Enjoy free, accessible rides in the County.

- Free for older adults and residents with disabilities.
- Must be 65 or older and have a Senior SmarTrip Card, or Medicare card along with a photo ID.
- Show your card to bus drivers. Do not tap it on the fare box.
- SmarTrip cards are available at public libraries for \$2. Bring proof of age to buy.
- To learn more, call 311.

### **Senior Center Transportation:** Ride to your local senior center for free.

- Buses also run to some Montgomery County community centers.
- Service is available to residents living within service areas of the centers.
- Call Montgomery County Recreation for details, 240-777-4925.

For  
eligible  
older  
adults

### **Metro Access and Same Day Access:** Get where you need to go.

- People who have difficulty using fixed-route buses can apply for curbside service.
- Call Connect-A-Ride for help applying for Metro Access, the County's Same Day Access program, and other options, 301-738-3252.

### **Escorted Transportation:** Available for adults based on disability and income.

- Call Connect-A-Ride at 301-738-3252 if you need someone to travel with you.

### **Call-n-Ride:** Discounted taxi for adults over 63 with low income.

- Travel can be for any purpose within Montgomery County and select areas outside of the County for medical reasons.
- Residents with disabilities with low-income are also eligible.
- Call Call-n-Ride at 301-948-5409 for details.

For online information, check out the Transportation  
Network Directory [www.montgomerycountymd.gov/tnd](http://www.montgomerycountymd.gov/tnd)



Alternative formats of this document are available upon request. Call Aging and Disability Services at 240-777-3000. People who cannot use standard phones are encouraged to use Maryland Relay 711 when contacting organizations listed.